

WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	16-Aug	17-Aug	18-Aug	19-Aug	20-Aug	21-Aug	22-Aug
	BRUNCH	LUNCH					
SOUP W/ROLL	Chicken Noodle	Hearty Sausage Soup	Cheddar Broccoli Soup	Lentil Soup	French Onion Soup	New England Clam Chowder	Tomato Basil
ENTRÉE 1	Broccoli Cheddar Quiche	Spanakopita	Lemon Dill Haddock	Wild Mushroom Ravioli w/ Cream Sauce	Peach BBQ Chicken Thighs	Fish Sandwich w/ Coleslaw	Tuna Noodle Casserole
ENTRÉE 2	Pork Chops w/ Onion & Mushroom Gravy	Lamb Pops with Mint Jelly	Chicken Berry Salad	Tarragon Tuna Salad on a Bed of Lettuce	Pizza Stuffed Portobello Mushroom	California Burger (w/ avocado & bacon)	Shrimp & Grits w/ Sausage
STARCH	Mashed Potatoes	Jasmine Rice	Fingerling Potatoes	Roasted Sweet Potatoes	Couscous	Potato Salad	Quinoa
VEGGIE	Glazed Baby Carrots	Roasted Root Vegetables	Asparagus	Seasoned Peas	Broccoli	Green Beans	Zucchini & Bell Pepper
DESSERT	Danishes & Dessert Cart	Tiramisu	Boston Cream Pie	Lemon Meringue Pie	Slice Watermelon	Key Lime Bistro	Assorted Cheesecake
DINNER							
WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ROLL	Chicken Noodle	Hearty Sausage Soup	Cheddar Broccoli Soup	Lentil Soup	French Onion Soup	New England Clam Chowder	Tomato Basil
ENTRÉE 1	Pesto Gnocchi	Turkey w/ Cranberry Glaze	Salisbury Steak w/ Gravy	Shrimp Fried Rice	Bean & Cheese Quesadilla	Apricot Glazed Salmon	Pork Loin w/ Mushroom Sauce
ENTRÉE 2	Black Bean Burger	Penne w/ Meat Sauce	Chicken Cacciatore	Chicken Mandarin Salad	Beef Fajitas	Chicken Marsala	Veal Parmesan
STARCH	Potato Wedges	Creamy Orzo	Herb Brown Rice	Egg Roll	Rice & Beans	Yukon Gold Mashed Potatoes	Egg Noodles
VEGGIE	Wax Beans	Broccoli & Cauliflower	Mixed Vegetables	Sauteed Bok Choy	Corn	Beets	Brussel Sprouts
DESSERT	Danishes & Dessert Cart	Tiramisu	Boston Cream Pie	Lemon Meringue Pie	Slice Watermelon	Key Lime Bistro	Assorted Cheesecake

LONGVIEW RECREATION SCHEDULE

August 16th – August 22nd, 2026

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4th Floor and at each nurse’s station in the Garden.

Sunday – August 16th

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor

2:30 WORSHIP SERVICE with Brooke Newell – Auditorium, 3rd Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by SUNDAY evening and will be delivered on MONDAY afternoon

Monday – August 17th

9:00 OPEN FITNESS with Kat – Exercise Room, 2nd Floor

9:00 MORNING MOVEMENT with Lorraine – Front Lobby, Garden Level

9:00 ORCHESTRAL MUSIC VIDEOS & DISCUSSION with Sophie – Fireplace Lounge, 4th Floor

10:00 EXERCISE with Lorraine – Auditorium, 3rd Floor

10:15 FRIENDLY VISITING with Sophie – 4th Floor

10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor

10:45 CROSSWORDS with Kat – Fireplace Lounge, 4th Floor

10:45 SPORTS HIGHLIGHTS: Videos & Discussion with Lorraine – West Wing, Garden Level

1:00 BINGO with Sophie – Fireplace Lounge, 4th Floor

1:00 TECH SUPPORT with Kat – Craft Room, 3rd Floor

1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level

2:00 ENHANCED/ASSISTED LIVING RESIDENT EQUAL GRANT MEETING, E/ALR Only – Auditorium 3rd Floor

2:00 YOGA with Kathy – IC Classroom, 2nd Floor *Note Location

2:15 PASS THE PIGS with Whitney – Fireplace Lounge, 4th Floor

2:15 ORCHESTRAL MUSIC VIDEOS & DISCUSSION with Sophie – West Wing, Garden Level

3:15 BINGO with Lorraine & Kat – East Wing, Garden Level

3:15 ART CLUB with Whitney – Craft Room, 3rd Floor

3:30 HIDDEN BENEATH THE CITIES: Buried Battleship and Viking Victims – Auditorium, 3rd Floor

Tuesday – August 18th

9:00 OPEN FITNESS with Emma – Exercise Room, 2nd Floor

9:00 MORNING MOVEMENT with Whitney – Front Lobby, Garden Level

9:00 NAILS with Sophie & Kat – Fireplace Lounge, 4th Floor

9:30 COFFEE & CONVERSATION with Sue & Lorraine – Craft Room, 3rd Floor

10:00 EXERCISE with Whitney – Auditorium, 3rd Floor

10:30 PODCAST GROUP: “Disneyland on a Deadline” with Emma – Craft Room, 3rd Floor

10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor

10:45 BOWLING with Sue & Lorraine – Auditorium, 3rd Floor

10:45 CRAFTS with Kat – West Wing, Garden Level

10:45 FRIENDLY VISITING with Sophie – Garden Level

10:45 SCRABBLE with Whitney – Nature Relaxation Lounge, 4th Floor

1:00 – 2:00 INDEPENDENT & PATIO HOME INFO MEETING – Craft Room, 3rd Floor

1:00 NATURE DOCUMENTARY SERIES: “Fellowship of the Whales” – Auditorium, 3rd Floor

1:15 SCATTERGORIES with Sue & Soni – Fireplace Lounge, 4th Floor

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Tuesday – August 18th Continued

- 1:15 **GARDEN WALK** with Kat – Meet in Front Lobby, Garden Level
- 1:30 **MOVEMENT & MUSIC** with Sophie – Rehab Room, Garden Level
- 2:15 **AQUA AEROBICS** with Whitney – Pool, 2nd Floor
- 2:30 **COMMUNITY CAFÉ**, all are welcome! – Dining Room, 3rd Floor
- 2:30 **THIS DAY IN HISTORY with Kat – Fireplace Lounge, 4th Floor**
- 2:30 **SCATTERGORIES** with Sophie – West Wing, Garden Level
- 3:30 **SCRABBLE** with Lorraine – East Wing, Garden Level
- 3:45 **WHEEL OF FORTUNE** with Whitney – Fireplace Lounge, 4th Floor
- 3:45 **TRAVELOGUE: Montreal** with Sophie – Craft Room, 3rd Floor
- 6:30 **MOVIE NIGHT: Cheaper by the Dozen (2003)** – Fireplace Lounge, 4th Floor

Wednesday – August 19th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
- 9:00 **MORNING MOVEMENT** with Lorraine – Front Lobby, Garden Level
- 9:00 **TRIVIA** with Kat – Nature Relaxation Lounge, 4th Floor ***Note Location & Time**
- 9:30 **FRIENDLY VISITING** with Sophia – 4th Floor
- 10:00 **EXERCISE** with Kat – Auditorium, 3rd Floor
- 10:30 **BIBLE STUDY: “Savior”** (Chapter 4) with Brooke – Interfaith Chapel, 3rd Floor
- 10:45 **CONNECTIONS** with Lorraine – East Wing, Garden Level
- 10:45 **PICTIONARY** with Sophia – Fireplace Lounge, 4th Floor
- 1:00 **NAILS** with Sophia – Craft Room, 3rd Floor
- 1:15 **CELEBRATION OF LIFE SERVICE, All are welcome – Auditorium, 3rd Floor**
- 1:15 **NEW YORK TIMES WORD GAMES** with Kat – Fireplace Lounge, 4th Floor
- 1:15 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
- 1:30 **MUSIC & MOVEMENT** with Lorraine – Rehab Room, Garden Level
- 2:15 **TRIP TO WEGMANS – Sign up in Craft Room, Meet in Front Entrance**
- 2:15 **CHRONOLOGY GAME** with Lorraine – East Wing, Garden Level
- 2:30 **CARD GAMES** with Sophia – Fireplace Lounge, 4th Floor
- 3:30 **CHRONOLOGY GAME** with Lorraine – Fireplace Lounge, 4th Floor
- 3:45 **SHORT STORIES** with Kat – West Wing, Garden Level
- 3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
- 5:30 **EVENING TROLLEY RIDES w/ Emma (Weather Permitting) – Meet in Front Lobby, 3rd Floor**
- 7:30 **OPEN AA MEETING**, all are welcome, including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – August 20th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
- 9:00 **NAILS** with Sophia – East Wing, Garden Level
- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Emma – Auditorium, 3rd Floor
- 10:00 **OPEN CLAY STUDIO** with Ed – Craft Room, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **WHO AM I?** with Sophia – East Wing, Garden Level
- 10:45 **TROLLEY RIDES** with Emma (Weather Permitting) – Front Lobby, Garden Level
- 10:45 **BEAN BAG TOSS & Other Games with Lorraine & Sue – Fireplace Lounge, 4th Floor**
- 12:30 **CRAFTS** with Sue & Lorraine – Craft Room, 3rd Floor

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Thursday – August 20th Continued

- 1:00 **“CHASING LIFE” with Dr. Sanjay Gupta** (Documentary Series) – Fireplace Lounge, 4th Floor
- 1:15 **BEAN BAG TOSS** with Sophia & Whitney – East Wing, Garden Level
- 1:30 **MUSIC with Ben Hogben – Auditorium, 3rd Floor**
- 2:00 **MOVIE MATINEE: Creed (2015)** – East Wing, Garden Level
- 2:00-2:30 **CATHOLIC CONFESSIONS with Father Dan – Interview Room, 3rd Floor**
- 2:15 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – Fireplace Lounge, 4th Floor
- 2:15 **WONDERFUL WHEELCHAIRS, Free Pop-Up Repair with Ron – Auditorium, 3rd Floor**
- 2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
- 3:00 **CATHOLIC MASS with Father Dan – Interfaith Chapel, 3rd Floor**
- 3:30 **JEOPARDY** with Whitney & Sophia – Fireplace Lounge, 4th Floor
- 3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level

Friday – August 21st

- 9:00 **OPEN FITNESS** with Sophia – Exercise Room, 2nd Floor
- 9:00 **OPEN SWIM with Whitney – Pool, 2nd Floor**
- 9:00 **MORNING GARDEN WALK** with Kat – Meet in Front Lobby, Garden Level
- 10:00 **EXERCISE** with Sophia – Auditorium, 3rd Floor
- 10:15 **BILLIARDS & SHUFFLEBOARD with Kat – Craft Room, 3rd Floor**
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **BOGGLE** with Whitney – Fireplace Lounge, 4th Floor
- 10:45 **CREATIVE COLORING & SHORT STORIES** with Sophia – West Wing, Garden Level
- 11:00 **WRITING, READING & DISCUSSIONS** with Jerry – Rehab Room, Garden Level
- 1:15 **YAHTZEE with Whitney – Fireplace Lounge, 4th Floor**
- 1:30 **MOVEMENT & MUSIC** with Kat – Rehab Room, Garden Level
- 2:00 **QUILTING GROUP**, all are Welcome! – IC Classroom, 2nd Floor
- 2:15 **RUMMIKUB** with Sophia – Fireplace Lounge, 4th Floor
- 2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
- 3:00 **AUGUST BIRTHDAY PARTY with Music Performance – Auditorium, 3rd Floor**
- 3:45 **GARDEN & ANIMAL TALK** with John – Rehab Room, Garden Level



Saturday – August 22nd

- 10:00 **TRIVIA with Sophie – Fireplace Lounge, 4th Floor**
- 11:00 **MOVEMENT & MUSIC** with Sophie – Rehab Room, Garden Level
- 1:00 **NEW YORK TIMES WORD GAMES** with Sophie – Fireplace Lounge, 4th Floor
- 1:45 **MOVIE MATINEE: Into the Woods (2014)** – East Wing, Garden Level
- 2:15 **MOVIE MATINEE: Into the Woods (2014) – Auditorium, 3rd Floor**

BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.