

WEEK 3	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	28-Jun	29-Jun	30-Jun	1-Jul	2-Jul	3-Jul	4-Jul
	BRUNCH	LUNCH					
SOUP W/ROLL	Split Pea	Cold Berry Soup	Minestrone	Red Pepper Bisque	Wild Mushroom & Rice	Vegetable Soup	Cream of Tomato
ENTRÉE 1	Tomato & Spinach Frittata	Black Bean Burger	Shrimp Taco w/ Cilantro Slaw	Hamburger / Black Bean Burger	Smoked Gouda Mac & Cheese	Pork Chops	Chicken Quesadilla
ENTRÉE 2	Honey Baked Ham	Turkey Bacon Cold Sandwich	Cobb Salad	Hot Dog	Philly Cheesesteak	Avocado Tomato Grilled Cheese Sandwich	Beef & Broccoli Stir Fry
STARCH	Scalloped Potatoes	Sweet Potato Fries	Quinoa	Macaroni Salad	Steak Fries	Pasta Salad	Cilantro Rice
VEGGIE	Carrots	Broccoli	Green Beans	Corn on the Cob	Stewed Tomatoes	Roasted Root Vegetables	Grilled Peppers, Onions & Mushrooms
DESSERT	Scones & Dessert Cart	Lemon Bar	Dutch Apple Pie	Brownies / Watermelon Slice	Strawberry Short Cake	Blondie Brownie Bars	Ice Cream Novelty
DINNER							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ROLL	Split Pea	Cold Berry Soup	Minestrone	Red Pepper Bisque	Wild Mushroom & Rice	Vegetable Soup	Cream of Tomato
ENTRÉE 1	Stuffed Pepper	Spaghetti with Meatballs	Goulash	Hamburger / Black Bean Burger	BBQ Ribs	Lemon Garlic Mahi Mahi	Linguini with Clam Sauce
ENTRÉE 2	Chicken Francaise	Baked Haddock	Eggplant Lasagna	Hot Dog	Impossible Burger	Roasted Herb Chicken	Sausage Parmesan
STARCH	Thin Spaghetti	Rice	Garlic Bread	Macaroni Salad	Potato Salad	Risotto	Bruschetta
VEGGIE	Peas	Rainbow Carrots	Roasted Root Vegetables	Corn on the Cob	Street Corn	Spinach	Asparagus
DESSERT	Scones & Dessert Cart	Lemon Bar	Dutch Apple Pie	Brownies / Watermelon Slice	Strawberry Short Cake	Blondie Brownie Bars	Ice Cream Novelty

LONGVIEW RECREATION SCHEDULE

June 28th – July 4th, 2026

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

Sunday – June 28th

10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
 2:30 **WORSHIP SERVICE** with Rev. Brooke Newell – Auditorium, 3rd Floor

****** THERE WILL BE NO LONGVIEW SHOPPER THIS WEEK. Come on the Shopping Trip to Wegmans on Monday**

Monday – June 29th

9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
 9:15 **TRIVIA** with Kat – Fireplace Lounge, 4th Floor
 9:30 **COFFEE & CONVERSATION** with Lorraine – Craft Room, 3rd Floor
9:30 BRAIN BUILDERS & BAKING with IC Students – East Wing, Garden Level
 10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
 10:45 **NYT WORD GAMES** with Whitney – Fireplace Lounge, 4th Floor
 12:45 **CRAFTS** with Sue & Sophie – Craft Room, 3rd Floor
1:30 JEAN TABER'S FAREWELL PARTY, Snacks & Beverages Will be Served – Auditorium, 3rd Floor
 2:00 **YOGA** with Kathy – IC Classroom, 2nd Floor
 2:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level ***Note Time**
2:30 TRIP TO WEGMANS – Sign up in Craft Room, Meet in Front Entrance *Note Day & Time
 3:15 **BINGO** with Lorraine & Kat – East Wing, Garden Level
 3:15 **STARS, DIAMONDS & THE CHIEFS (Video)** – Auditorium, 3rd Floor
 3:30 **PASS THE PIGS** with Sophie – Fireplace Lounge, 4th Floor



Tuesday – June 30th

9:00 **OPEN FITNESS** with Whitney & Kat – Exercise Room, 2nd Floor
****** NO MORNING MOVEMENT TODAY**
 9:00 **NAILS** with Vera & Sophie – Fireplace Lounge, 4th Floor
9:30 COFFEE & CONVERSATION with Sue & Lorraine – Craft Room, 3rd Floor
 10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor
10:30 PODCAST GROUP: "A Mob Boss Starts a Movement" with Kat - Craft Room, 3rd Floor
 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
****** NO BOWLING TODAY, Come to Music Therapy instead!**
10:30 MUSIC THERAPY with Amanda – Fireplace Lounge, 4th Floor
 10:45 **CRAFTS** with Vera – West Wing, Garden Level
 10:45 **FRIENDLY VISITS** with Sophie – Garden Level
 10:45 **SCRABBLE** with Whitney – Nature Relaxation Lounge, 4th Floor
1:00 NATURE DOCUMENTARY SERIES: Is That Skunk? – Auditorium, 3rd Floor
 1:15 **SCATTERGORIES** with Lorraine, Soni, & Sue – Fireplace Lounge, 4th Floor
 1:15 **GARDEN WALK** with Kat – Meet in Front Lobby, Garden Level

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Tuesday – June 30th Continued

- 1:30 **MOVEMENT & MUSIC** with Sophie – Rehab Room, Garden Level
2:15 **AQUA AEROBICS** with Whitney – Pool, 2nd Floor
2:30 **COMMUNITY CAFÉ**, all are welcome! – Dining Room, 3rd Floor
2:30 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – Fireplace Lounge, 4th Floor
3:00 **NAILS** with Bree & Sophie – Craft Room, 3rd Floor
3:30 **SCRABBLE** with Lorraine – East Wing, Garden Level
3:45 **WHEEL OF FORTUNE** with Whitney & Kat – Fireplace Lounge, 4th Floor
6:30 **MOVIE NIGHT: Are You There God? It's Me, Margaret (2023)** – Fireplace Lounge, 4th Floor

Wednesday – July 1st

- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2nd Floor
9:00 **MORNING MOVEMENT** with Whitney – Front Lobby, Garden Level
9:15 **FAMOUS FACES** with Sophie – Fireplace Lounge, 4th Floor
9:30 **COFFEE & CONVERSATION** with Sue & Kat - Craft Room, 3rd Floor
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:30 **BIBLE STUDY: “The Scandalous Jesus” (Chapter 3)** with Brooke – Interfaith Chapel, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **FAMOUS FACES** with Lorraine - East Wing, Garden Level
10:45 **PICTIONARY** with Vera – Fireplace Lounge, 4th Floor
11:00 **COMMUNITY GARDEN COMMITTEE – Community Garden**
**** **NAILS HAS MOVED TO TUESDAY**
1:15 **GAMES** with Sue & Kat – Fireplace Lounge, 4th Floor
1:15 **SPIRITUAL LIFE LECTURE: Great Courses, “Walking The Bible” (Episode 3)** – Auditorium, 3rd Floor
1:30 **MUSIC & MOVEMENT** with Lorraine – Rehab Room, Garden Level
2:30 **WORD MINING** with Sophie – Fireplace Lounge, 4th Floor
2:30 **SHORT STORIES** with Lorraine – West Wing, Garden Level
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor

4:30 - 6:30 – 4th of July Celebration: Fun, Food & Music by Radio London!

(Transportation to the Pavilion begins at 4:15 PM. Meet by the 3rd Floor Main Entrance for a ride down on the trolley!)

Independence Day Celebration...

- Musical entertainment by Radio London
- Temporary Tattoos
- Balloons with Amazing Pete



Cookout Dinner and More!

- 7:30 **OPEN AA MEETING**, all are welcome, including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – July 2nd

- 9:00 **OPEN FITNESS** with Sophie – Exercise Room, 2nd Floor
9:00 **NAILS** with Vera & Sophia – East Wing, Garden Level
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Thursday – July 2nd Continued

- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3rd Floor
10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor
10:00 **OPEN CLAY STUDIO** with Ed – Craft Room, 3rd Floor
10:15 **GARDEN WALKS** with Sophia – Meet in Front Lobby, Garden Level
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **TROLLEY RIDES** with Whitney (Weather Permitting) – Front Lobby, Garden Level
10:45 **WHO AM I?** with Vera – East Wing, Garden Level
10:45 **BEAN BAG TOSS & Other Games** with Lorraine – Fireplace Lounge, 4th Floor
1:00 **TROLLEY RIDES** with Whitney (Weather Permitting) – Meet in Front Lobby, 3rd Floor *Note Time
1:00 **CRAFTS** with Lorraine, Soni & Sue – Craft Room, 3rd Floor
1:15 **BEAN BAG TOSS** with Vera & Sophia – East Wing, Garden Level
1:30 **MUSIC** with Ben Hogben – Auditorium, 3rd Floor
2:00 **MOVIE MATINEE: The Best of Enemies (2019)** - East Wing, Garden Level
2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
3:30 **JEOPARDY** with Whitney & Sophia – Fireplace Lounge, 4th Floor
3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level

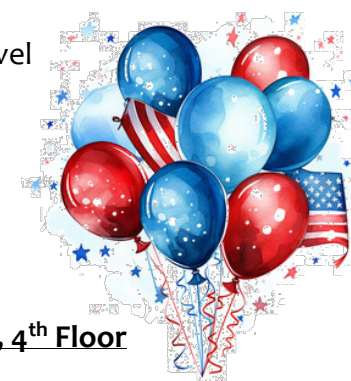
Friday – July 3rd

All Administrative Offices Closed for the Holiday

- 9:00 **OPEN FITNESS** with Emma – Exercise Room, 2nd Floor
10:00 **EXERCISE** with Emma – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **CREATIVE COLORING: Independence Day Edition** – West Wing, Garden Level
10:45 **TRIVIA** with Emma – Fireplace Lounge, 4th Floor
11:00 **WRITING, READING & DISCUSSIONS** with Friends – Rehab Room, Garden Level
1:15 **MOVEMENT & MUSIC** with Emma – Rehab Room, Garden Level
**** **NO QUILTING GROUP TODAY**
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:45 **GARDEN & ANIMAL TALK** with John – Rehab Room, Garden Level

Saturday – July 4th Happy Independence Day!

- 10:00 **INDEPENDENCE DAY DISCUSSION & TRIVIA** with Sophia – Fireplace Lounge, 4th Floor
11:00 **MOVEMENT & MUSIC** with Sophia – Rehab Room, Garden Level
1:00 **PICTIONARY** with Sophia – Fireplace Lounge, 4th Floor
1:45 **MOVIE MATINEE: Captain America: The First Avenger (2011)** – East Wing, Garden Level *Note Location
2:15 **MOVIE MATINEE: Captain America: The First Avenger (2011)** – Auditorium, 3rd Floor



BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.