

WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	21-Jun	22-Jun	23-Jun	24-Jun	25-Jun	26-Jun	27-Jun
	BRUNCH	LUNCH					
SOUP W/ROLL	Chicken Noodle	Cream of Asparagus Soup	Lentil	Cheddar Broccoli Soup	French Onion Soup	New England Clam Chowder	Tomato Basil
ENTRÉE 1	Broccoli Cheddar Quiche	Spanakopita	Lemon Dill Haddock	Wild Mushroom Ravioli w/ Cream Sauce	Peach BBQ Chicken Thighs	Fish Sandwich w/ Coleslaw	Duck with Cherry Sauce
ENTRÉE 2	Beef Tenderloin	Lamb Pops with Mint Jelly	Chicken Berry Salad	Tarragon Tuna Salad on a Bed of Lettuce	Pizza Stuffed Portobello Mushrooms	California Burger (w/ avocado & bacon)	Shrimp & Grits w/ Sausage
STARCH	Mashed Potatoes	Jasmine Rice	Fingerling Potatoes	Roasted Sweet Potatoes	Couscous	Potato Salad	Quinoa
VEGGIE	Glazed Baby Carrots	Roasted Root Vegetables	Asparagus	Seasoned Peas	Broccoli	Green Beans	Zucchini & Bell Pepper
DESSERT	Red Velvet Bistro	Tiramisu	Boston Cream Pie	Lemon Meringue Pie	Slice Watermelon	Key Lime Bistro	Assorted Cheesecake

DINNER

WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ROLL	Chicken Noodle	Cream of Asparagus Soup	Lentil	Cheddar Broccoli Soup	French Onion Soup	New England Clam Chowder	Tomato Basil
ENTRÉE 1	Pesto Gnocchi	Turkey Piccata	Pork Chop w/ Pineapple Chutney	Shrimp Lo Mein	Bean & Cheese Quesadilla	Apricot Glazed Salmon	Pork Loin w/ Mushroom Sauce
ENTRÉE 2	Cabbage Roll	Penne w/ Blush Sauce	Chicken Cacciatore	Tofu Stir Fry	Beef Fajitas	Chicken Marsala	Veal Parmesan
STARCH	Potato Wedges	Creamy Orzo	Herb Brown Rice	Fried Rice / Egg Roll	Rice & Beans	Yukon Gold Mashed Potatoes	Egg Noodles
VEGGIE	Wax Beans	Broccoli & Cauliflower	Mixed Vegetables	Sauteed Bok Choy	Corn	Beets	Brussel Sprouts
DESSERT	Red Velvet Bistro	Tiramisu	Boston Cream Pie	Lemon Meringue Pie	Slice Watermelon	Key Lime Bistro	Assorted Cheesecake

LONGVIEW RECREATION SCHEDULE

June 21st – June 27th, 2026

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.



Sunday – June 21st Father's Day & First Day of Summer

- 10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
- 2:30 **WORSHIP SERVICE** with Pastor Dennis Christiansen, retired, Baptist – Auditorium, 3rd Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **SUNDAY evening** and will be delivered on **MONDAY afternoon**

Monday – June 22nd

- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2nd Floor
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 9:30 **BRAIN BUILDERS & BAKING** with IC Students – East Wing, Garden Level
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:00 **TRIP TO GREENSPRINGS NATURAL CEMETERY PRESERVE** – Sign up in Craft Room, Meet in Front Entrance
- 10:45 **CROSSWORDS** with Vera – Fireplace Lounge, 4th Floor
- 12:45 **FATHERS AROUND THE WORLD** with Lorraine & Kat – Craft Room, 3rd Floor
- 1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level
- 2:00 **YOGA** with Kathy – IC Classroom, 2nd Floor
- 3:15 **BINGO** with Lorraine & Kat – East Wing, Garden Level
- 3:15 **NEW YORK'S CONTEMPORARY CANALS (Video)** – Auditorium, 3rd Floor
- 3:30 **PASS THE PIGS** with Whitney – Fireplace Lounge, 4th Floor

Tuesday – June 23rd Election Day (Primary)

6 AM – 9 PM General Elections Polling Site – Front Lobby, 3rd Floor

- 9:00 **MORNING MOVEMENT** with Whitney – Front Lobby, Garden Level
- 9:00 **OPEN FITNESS** with Emma & Kat – Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera – Fireplace Lounge, 4th Floor
- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sophie – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor
- 10:30 **PODCAST GROUP: "Mission: Improbable"** with Emma – Craft Room, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **BOWLING** with Lorraine & Sophie – Auditorium, 3rd Floor
- 10:45 **CRAFTS** with Vera & Kat – West Wing, Garden Level
- 10:45 **SCRABBLE** with Whitney – Fireplace Lounge, 4th Floor
- 1:15 **SCATTERGORIES** with Lorraine, Soni, & Sophie – Fireplace Lounge, 4th Floor
- 1:30 **WELLNESS SERIES: Managing Healthcare Expenses in Retirement** – Auditorium, 3rd Floor
- 1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level
- 2:15 **AQUA AEROBICS** with Whitney – Pool, 2nd Floor



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Tuesday – June 23rd Continued

- 2:30 **COMMUNITY CAFÉ**, all are welcome! – Dining Room, 3rd Floor
**** **NO SPORTS HIGHLIGHTS TODAY**
- 3:30 **NATURE DOCUMENTARY SERIES: The Dragon Chronicles** – Auditorium, 3rd Floor *Note Time
- 3:30 **SCRABBLE** with Lorraine – East Wing, Garden Level
- 3:45 **WHEEL OF FORTUNE** with Whitney & Sophie – Fireplace Lounge, 4th Floor
- **** **MOVIE NIGHT CANCELLED** for the Ithaca Concert Band Performance!
- 6:30 **ITHACA CONCERT BAND PERFORMANCE** – Pavilion, Trolley Transportation will start at 6:00 PM,
Meet in the Front Entrance, 3rd Floor

Wednesday – June 24th

- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2nd Floor
- 9:00 **MORNING MOVEMENT** with Whitney – Front Lobby, Garden Level
- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sophie - Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:30 **BIBLE STUDY: “The Scandalous Jesus” with Brooke** – Interfaith Chapel, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **FAMOUS FACES** with Whitney & Kat – East Wing, Garden Level
- 10:45 **PICTIONARY with Vera** – Fireplace Lounge, 4th Floor
- 1:00 **NAILS** with Bree & Sophie – Craft Room, 3rd Floor
- 1:15 **GAMES** with Lorraine & Kat – Fireplace Lounge, 4th Floor
- 1:15 **STRETCH YOU SPIRIT: Contemporary Religious Art with Carol Hockett** – Auditorium, 3rd Floor
- 1:30 **MUSIC & MOVEMENT** with Whitney – Rehab Room, Garden Level
- 2:15 **TRIP TO ALDI** – Sign up in Craft Room, Meet in Front Entrance
- 3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
- 3:45 **SHORT STORIES** with Sophie – West Wing, Garden Level
- 7:30 **OPEN AA MEETING**, all are welcome, including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – June 25th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera – East Wing, Garden Level
- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sophia – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Emma – Auditorium, 3rd Floor
- 10:00 **OPEN CLAY STUDIO** with Ed – Craft Room, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **TROLLEY RIDES** with Emma (Weather Permitting) – Front Lobby, Garden Level
- 10:45 **WHO AM I?** with Vera – East Wing, Garden Level
- 10:45 **BEAN BAG TOSS & Other Games** with Lorraine & Sophia – Fireplace Lounge, 4th Floor
- 12:45 **TROLLEY RIDES with Emma (Weather Permitting)** – Meet in Front Lobby, 3rd Floor
- 1:00 **CRAFTS** with Lorraine & Sophia – Craft Room, 3rd Floor
- 1:15 **BEAN BAG TOSS** with Vera – East Wing, Garden Level
- **** **NO MUSIC WITH BEN TODAY**
- 2:00 **MOVIE MATINEE: Billy Elliot (2000)** – East Wing, Garden Level
- 2:15 **PLANT TALK** with John – Craft Room, 3rd Floor

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Thursday – June 25th Continued

- 2:15 **WONDERFUL WHEELCHAIRS, Free Pop Up Repair with Ron** – Auditorium, 3rd Floor
- 3:30 **JEOPARDY** with Whitney & Sophia – Fireplace Lounge, 4th Floor
- 3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level

Friday – June 26th

- 9:00 **OPEN FITNESS** with Sophia – Exercise Room, 2nd Floor
- 9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
- 10:00 **EXERCISE with Whitney** – Auditorium, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **CREATIVE COLORING & SHORT STORIES** with Sophia – West Wing, Garden Level
- 10:45 **BINGO with Whitney & Kat** – Fireplace Lounge, 4th Floor
- 11:00 **WRITING, READING & DISCUSSIONS** with Jerry Mirskin – Rehab Room, Garden Level
- 1:15 **YAHTZEE** with Bree & Kat – Fireplace Lounge, 4th Floor
- 1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level
- 2:00 **QUILTING GROUP**, all are Welcome! – IC Classroom, 2nd Floor
- 2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
- 3:00 **JUNE BIRTHDAY with Music by Bob Lyna** – Auditorium, 3rd Floor
- 3:45 **GARDEN & ANIMAL TALK** with John – Rehab Room, Garden Level

Saturday – June 27th

- 10:00 **PICTIONARY** with Sophia – East Wing, Garden Level
- 11:00 **MOVEMENT & MUSIC with Sophia** – Rehab Room, Garden Level
- 1:00 **TRIVIA** with Sophia – Fireplace Lounge, 4th Floor
- 1:45 **MOVIE MATINEE: Blue Moon (2025)** – East Wing, Garden Level
- 2:15 **MOVIE MATINEE: Blue Moon (2025)** – Auditorium, 3rd Floor



BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.