

WEEK 3	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	31-May	1-Jun	2-Jun	3-Jun	4-Jun	5-Jun	6-Jun
	<b>BRUNCH</b>	<b>LUNCH</b>					
<b>SOUP W/ROLL</b>	Red Pepper Bisque	Cold Berry Soup	Minestrone	Vegetable Soup	Wild Mushroom & Rice	Split Pea	Cream of Tomato
<b>ENTRÉE 1</b>	Tomato & Spinach Frittata	Black Bean Burger	Shrimp Taco w/ Cilantro Slaw	Pork Chops	Smoked Gouda Mac & Cheese	Tilapia Florentine	Chicken Quesadilla
<b>ENTRÉE 2</b>	Honey Baked Ham	Turkey Club Sandwich	Cobb Salad	Avocado Tomato Grilled Cheese Sandwich	Philly Cheesesteak	Kielbasa w/ Sauerkraut	Beef & Broccoli Stir Fry
<b>STARCH</b>	Scalloped Potatoes	Sweet Potato Fries	Quinoa	Pasta Salad	Steak Fries	Garlic Mashed Potatoes	Cilantro Rice
<b>VEGGIE</b>	Carrots	Broccoli	Green Beans	Roasted Root Vegetables	Stewed Tomatoes	Roasted Brussel Sprouts	Grilled Peppers, Onions & Mushrooms
<b>DESSERT</b>	Scones & Dessert Cart	Lemon Bar	Dutch Apple Pie	Blondie Brownie Bars	Strawberry Short Cake	Chocolate Flourless Torte	Ice Cream Novelty
<b>DINNER</b>							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>SOUP W/ROLL</b>	Red Pepper Bisque	Cold Berry Soup	Minestrone	Vegetable Soup	Wild Mushroom & Rice	Split Pea	Cream of Tomato
<b>ENTRÉE 1</b>	Stuffed Pepper	Spaghetti with Meatballs	Marinated Strip Steak	Lemon Garlic Mahi Mahi	BBQ Ribs	Beer Battered Cod	Linguini with Clam Sauce
<b>ENTRÉE 2</b>	Chicken Francaise	Baked Haddock	Eggplant Lasagna	Roasted Herb Chicken	Impossible Burger	Bacon Wrapped Turkey	Sausage Parmesan
<b>STARCH</b>	Thin Spaghetti	Rice	Mashed Potatoes	Risotto	Potato Salad	Couscous	Bruschetta
<b>VEGGIE</b>	Peas	Rainbow Carrots	Roasted Root Vegetables	Spinach	Street Corn	Mixed Veggies / Coleslaw	Asparagus
<b>DESSERT</b>	Scones & Dessert Cart	Lemon Bar	Dutch Apple Pie	Blondie Brownie Bars	Strawberry Short Cake	Chocolate Flourless Torte	Ice Cream Novelty

## LONGVIEW RECREATION SCHEDULE

**May 31<sup>st</sup> – June 6<sup>th</sup>, 2026**

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4<sup>th</sup> Floor and at each nurse's station in the Garden.

### Sunday – May 31<sup>st</sup>

- 10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3<sup>rd</sup> Floor
- 2:30 **WORSHIP SERVICE** with The Rev. Brooke Newell – Auditorium, 3<sup>rd</sup> Floor

**LONGVIEW SHOPPER SIX** or less items from Wegmans, drop list & money off in Business Office Mailbox  
 \*Orders need to be in by **SUNDAY evening** and will be delivered on **MONDAY afternoon**

### Monday – June 1<sup>st</sup>

- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2<sup>nd</sup> Floor
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor
- 9:30 **BRAIN BUILDERS & BAKING with IC Students** – East Wing, Garden Level
- 10:00 **EXERCISE** with Vera – Auditorium, 3<sup>rd</sup> Floor
- 10:45 **CROSSWORDS** with Vera – Fireplace Lounge, 4<sup>th</sup> Floor
- 12:45 **CRAFTS** with Lorraine & Sue – Craft Room, 3<sup>rd</sup> Floor
- 1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level **\*Note Location**
- 2:00 **YOGA** with Kathy – IC Classroom, 2<sup>nd</sup> Floor
- 2:00 **CORNELL COMPANIONS PET THERAPY VISITS** – East Wing, Garden Level
- 3:15 **HISTORY OF RAIL: Roding in Central New York (Video)** – Auditorium, 3<sup>rd</sup> Floor
- 3:30 **POKENO** with Whitney – 4<sup>th</sup> Floor, Fireplace Lounge
- 3:30 **BINGO** with Lorraine – East Wing, Garden Level

### Tuesday – June 2<sup>nd</sup>

- 9:00 **MORNING MOVEMENT with Whitney** – Front Lobby, Garden Level
- 9:00 **OPEN FITNESS** with Emma – Exercise Room, 2<sup>nd</sup> Floor
- 9:00 **NAILS** with Bree – Fireplace Lounge, 4<sup>th</sup> Floor
- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3<sup>rd</sup> Floor
- 10:00 **EXERCISE** with Whitney – Auditorium, 3<sup>rd</sup> Floor
- 10:30 **PODCAST & DISCUSSION GROUP: “Bonnie and Clyde’s Final Ride”** with Emma – Craft Room, 3<sup>rd</sup> Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- 10:45 **BOWLING** with Sue & Lorraine – Auditorium, 3<sup>rd</sup> Floor
- 10:45 **GARDEN WALKS** with Bree – West Wing, Garden Level
- 10:45 **SCRABBLE** with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor
- 1:15 **SCATTERGORIES** with Sue & Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor
- 1:30 **WELLNESS SERIES: New Advances in Alzheimer’s Treatment with Stephanie** – Auditorium, 3<sup>rd</sup> Floor
- 1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level
- 2:15 **AQUA AEROBICS** with Whitney – Pool, 2<sup>nd</sup> Floor **\*Note Time**
- 2:30 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor
- 2:30 **COFFEE WITH CHERYL** – Dining Room, 3<sup>rd</sup> Floor
- 3:30 **NATURE DOCUMENTARY SERIES: What Females Want** – Auditorium, 3<sup>rd</sup> Floor **\*Note Time**

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## Tuesday – June 2<sup>nd</sup> Continued

- 3:30 **SCRABBLE** with Lorraine – East Wing, Garden Level  
3:45 **WHEEL OF FORTUNE** with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor **\*Note Time**  
6:30 **MUSIC WITH THE FORTNIGHT SINGERS – Auditorium, 3<sup>rd</sup> Floor**  
\*\*\*\* **NO MOVIE NIGHT, come see the Fortnite Singers in the Auditorium!**

## Wednesday – June 3<sup>rd</sup>

- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **MORNING MOVEMENT** with Whitney – Front Lobby, Garden Level  
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor  
10:00 **EXERCISE** with Vera – Auditorium, 3<sup>rd</sup> Floor  
10:30 **BIBLE STUDY: “The Gift of Years”** with Brooke – Interfaith Chapel, 3<sup>rd</sup> Floor  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **GAMES with Whitney – West Wing, Garden Level**  
10:45 **PICTIONARY** with Vera – Fireplace Lounge, 4<sup>th</sup> Floor  
1:15 **GAMES** with Sue & Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor  
1:15 **SPIRITUAL LIFE LECTURE: Great Courses, “Walking The Bible, Episode 1”** – Auditorium, 3<sup>rd</sup> Floor  
1:30 **MUSIC & MOVEMENT** with Whitney – Rehab Room, Garden Level  
2:15 **TRIP TO WEGMANS – Sign up in Craft Room, Meet in Front Entrance**  
3:00 **NAILS** with Bree – Craft Room, 3<sup>rd</sup> Floor  
3:45 **HYMN SING** with Brooke – Auditorium, 3<sup>rd</sup> Floor  
3:45 **SHORT STORIES** with Lorraine – West Wing, Garden Level  
7:30 **OPEN AA MEETING**, all are welcome, including AL-ANON members – Interfaith Chapel, 3<sup>rd</sup> Floor

## Thursday – June 4<sup>th</sup>

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **NAILS with Vera – East Wing, Garden Level**  
9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3<sup>rd</sup> Floor  
10:00 **EXERCISE** with Whitney – Auditorium, 3<sup>rd</sup> Floor  
10:00 **OPEN CLAY STUDIO** with Ed – Craft Room, 3<sup>rd</sup> Floor  
10:10 **FIELD TRIP TO RECYCLING & SOLID WASTE CENTER – Sign up in Craft Room, Meet in Front Entrance**  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **TROLLEY RIDES** with Whitney (Weather Permitting) – Front Lobby, Garden Level  
10:45 **WHO AM I?** with Vera – East Wing, Garden Level  
10:45 **BEAN BAG TOSS & Other Games** with Lorraine & Sue – Fireplace Lounge, 4<sup>th</sup> Floor  
12:30 **TROLLEY RIDES with Emma (Weather Permitting) – Meet in Front Lobby, 3<sup>rd</sup> Floor**  
1:15 **BALLOON TOSS** with Vera – East Wing, Garden Level  
1:15 **OPEN FITNESS** with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
1:30 **MUSIC with Ben Hogben – Auditorium, 3<sup>rd</sup> Floor**  
2:00 **MOVIE MATINEE: Secretariat (2010)** – East Wing, Garden Level  
2:30 **ANIMAL TALK: GOATS** with John – Auditorium, 3<sup>rd</sup> Floor **\*Note Day**  
3:30 **JEOPARDY** with Whitney & Bree – Fireplace Lounge, 4<sup>th</sup> Floor  
3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level



## Friday – June 5<sup>th</sup>

- 9:00 **OPEN FITNESS** with Bree – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **OPEN SWIM** with Whitney – Pool, 2<sup>nd</sup> Floor  
10:00 **EXERCISE with Whitney – Auditorium, 3<sup>rd</sup> Floor**  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **BINGO with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor**  
11:00 **SHORT STORIES** with Bree – East Wing, Garden Level  
11:00 **WRITING, READING & DISCUSSIONS** with Jerry Mirskin – Rehab Room, Garden Level  
1:15 **YAHTZEE** with Bree – Fireplace Lounge, 4<sup>th</sup> Floor  
1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level  
2:00 **QUILTING GROUP**, all are Welcome! – IC Classroom, 2<sup>nd</sup> Floor  
2:15 **PLANT TALK** with John – Craft Room, 3<sup>rd</sup> Floor **\*Note Day**  
3:00 **TIC TAC GOLF with Recreation – Auditorium, 3<sup>rd</sup> Floor**  
3:45 **GARDEN & ANIMAL TALK** with John – Rehab Room, Garden Level  
6:30 **THE LADYBUG CLAN WOMEN’S GROUP** – Craft Room, 3<sup>rd</sup> Floor

## Saturday – June 6<sup>th</sup>

- 10:00 **TRIVIA with John – Fireplace Lounge, 4<sup>th</sup> Floor**  
11:00 **MOVEMENT & MUSIC** with John – Rehab Room, Garden Level  
1:00 **SCATTERGORIES** with John – East Wing, Garden Level  
1:45 **MOVIE MATINEE: Fried Green Tomatoes (1991)** – East Wing, Garden Level  
2:15 **MOVIE MATINEE: Fried Green Tomatoes (1991) – Auditorium, 3<sup>rd</sup> Floor**



### BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.