

WEEK 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10-May	11-May	12-May	13-May	14-May	15-May	16-May
	BRUNCH	LUNCH					
SOUP W/ ROLL	Italian Wedding Soup	Cream of Asparagus	Lentil Soup	Cheddar Broccoli	Cold Borscht Soup w/ Sour Cream	NE Clam Chowder	Tomato Basil
ENTRÉE 1	Vegetable Frittata/ French Toast Bake	Mushroom & Swiss Cheese Burger	Grilled Chicken Served w/ Provolone & Pesto	Margarita Pizzetta	Chef Salad (w/ Turkey & Ham)	Flank Steak w/ Chimichuri	Creamy Flounder Florentine
ENTRÉE 2	Seafood Alfredo Casserole	Basil Pesto Tortellini w/ Sundried Tomato	Lamb Curry	Pulled Pork Sandwich	Rainbow Quiche	Salmon Burger	Golden BBQ Chicken Drumstick
STARCH	Hash Brown	Boardwalk Fries	Jasmine Rice	Sweet Potato Fries	Yams	Potato Salad	Oven Roasted Potatoes
VEGGIE	Broccoli	Seasoned Peas	Roasted Cauliflower	Beets	Roasted Brussel Sprouts	California Vegetable Blend	Green Beans
DESSERT	Red Velvet Cake	Tiramisu	Chocolate Mint Pie	Lemon Meringue Pie	Half Moon Cookies	Key Lime Bistro	Assorted Cheesecakes
DINNER							
WEEK 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10-May	11-May	12-May	13-May	14-May	15-May	16-May
SOUP W/ ROLL	Italian Wedding Soup	Cream of Asparagus	Lentil Soup	Cheddar Broccoli	Cold Borscht Soup w/ Sour Cream	NE Clam Chowder	Tomato Basil
ENTRÉE 1	Stuffed Sole	Tandori Chicken Thighs	Vegetarian Shepherd's Pie	Beef Brisket	Meatloaf	Hawaiian Chicken	Pasta Primavera
ENTRÉE 2	Cabbage Roll	Pork Tenderloin w/ Honey Mustard Sauce	Corned Beef	Lemon Garlic Cream Sauce Swordfish	Vegetable Lasanga	Coconut Shrimp	Pepperoni Pizza or Veggie Pizza
STARCH	Quinoa	Roasted Sweet Potatoes	Boiled Potatoes	Pasta Salad	Mashed Potatoes	Rice Pilaf	Garlic Bread Stick
VEGGIE	Mixed Vegetables	Spinach	Cabbage/Carrots	Grilled Asparagus	Baby Carrots	Broccoli	Italian Vegetables
DESSERT	Red Velvet Cake	Tiramisu	Chocolate Mint Pie	Lemon Meringue Pie	Half Moon Cookies	Key Lime Bistro	Assorted Cheesecakes

LONGVIEW RECREATION SCHEDULE

May 10th – May 16th, 2026

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

Sunday – May 10th Mother's Day

- 10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
- 2:30 **WORSHIP SERVICE** with The Rev. Caspar Green, retired American Baptist – Auditorium, 3rd Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **SUNDAY evening** and will be delivered on **MONDAY afternoon!**



Monday – May 11th

- 8:45 **IC SOCIOLOGY OF AGING PRESENTATION, all are welcome!** – IC Classroom, 2nd Floor
- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2nd Floor
- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Lorraine & Sue – Auditorium, 3rd Floor
- **** **LONGVIEW STORE NOW CLOSED ON MONDAYS**
- 10:45 **CROSSWORDS** with Vera – Fireplace Lounge, 4th Floor
- 10:45 **IC COURSE ADVISING, are you interested in taking a class at IC?** – Craft Room, 3rd Floor
- 10:45 **PRICE IS RIGHT** with Lorraine & Sue – East Wing, Garden Level
- 12:45 **CRAFTS** with Lorraine & Sue – Craft Room, 3rd Floor
- 1:30 **ASSISTED/ENHANCED ASSISTED LIVING RESIDENT COUNCIL MEETING** – Auditorium, 3rd Floor
- 2:00 **YOGA** with Kathy – IC Classroom, 2nd Floor
- 2:45 **MOVEMENT & MUSIC** with Whitney – East Wing, Garden Level ***Note Location & Time**
- 3:15 **BINGO** with Whitney – East Wing, Garden Level
- 3:15 **AN AMERICAN SAINT: Marianne Cope (Video)** - Auditorium, 3rd Floor
- 3:30 **MOTHER'S DAY DISCUSSION & TRIVIA** with Lorraine – Fireplace Lounge, 4th Floor

Tuesday – May 12th

- 9:00 **MORNING MOVEMENT** with Whitney – Front Lobby, Garden Level
- **** **NO OPEN FITNESS TODAY**
- 9:00 **NAILS** with Vera – Fireplace Lounge, 4th Floor
- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor
- 10:30 **PODCAST & DISCUSSION GROUP: "Cleveland Balloonfest '86"** with Vera – Craft Room, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:30 **INTRODUCTION TO POETRY** with Kevin Murphy, *Last class for the Spring!* – IC Classroom, 2nd Floor
- **** **NO BOWLING Today**
- 10:45 **MUSIC THERAPY** with Amanda – East Wing, Garden Level
- 10:45 **SCRABBLE** with Whitney – 4th Floor, Fireplace Lounge
- 1:00 **NATURE DOCUMENTARY SERIES: "In the Valley of the Wolves"** – Auditorium, 3rd Floor
- 1:15 **SCATTERGORIES** with Sue & Soni – Fireplace Lounge, 4th Floor
- 1:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level

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Tuesday – May 12th Continue

- 2:00 **AQUA AEROBICS** with Whitney – Pool, 2nd Floor
- 2:30 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – Fireplace Lounge, 4th Floor
- 2:30 COFFEE WITH CHERYL – Dining Room, 3rd Floor**
- 3:30 **WHEEL OF FORTUNE** with Whitney – Fireplace Lounge, 4th Floor
- 3:30 **SCRABBLE** with Lorraine – East Wing, Garden Level
- 6:30 **MOVIE NIGHT: Marty Supreme (2025)** – Fireplace Lounge, 4th Floor

Wednesday – May 13th

- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2nd Floor
- 9:00 **MORNING MOVEMENT** with Whitney – Front Lobby, Garden Level
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:30 **BIBLE STUDY: “The Gift of Years”** with Brooke – Interfaith Chapel, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 RACING GAMES with Whitney – West Wing, Garden Level**
- 10:45 **CHARADES** with Vera – Fireplace Lounge, 4th Floor
- 1:15 **GAMES** with Sue & Lorraine – Fireplace Lounge, 4th Floor
- 1:15 **SPIRITUAL LIFE LECTURE: Great Courses, “Walking The Bible”** – Auditorium, 3rd Floor
- 1:30 **MUSIC & MOVEMENT** with Bree – East Wing, Garden Level
- 1:30 TRIP TO FRIENDS OF THE LIBRARY BOOK SALE – Sign up in Craft Room, Meet in Front Entrance**
- 3:15 **NAILS** with Bree – Craft Room, 3rd Floor
- 3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
- 3:45 **SHORT STORIES** with Lorraine – West Wing, Garden Level
- 7:30 **OPEN AA MEETING**, all are welcome, including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – May 14th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
- 9:00 NAILS with Vera – East Wing, Garden Level**
- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor
- 10:00 OPEN CLAY STUDIO with Ed – Craft Room, 3rd Floor**
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- **** NO TROLLEY RIDES THIS WEEK**
- 10:45 **WHO AM I?** with Vera – East Wing, Garden Level
- 10:45 **BEAN BAG TOSS & Other Games** with Lorraine & Sue – Fireplace Lounge, 4th Floor
- 12:45 TRIP TO REGAL CINEMAS: The Sheep Detectives – Sign up in Craft Room, Meet in Front Entrance**
- 1:15 **BALLOON TOSS** with Vera – East Wing, Garden Level
- **** NO AFTERNOON OPEN FITNESS THIS WEEK**
- 1:30 **MUSIC** with Ben Hogben – Auditorium, 3rd Floor
- 2:00 **MOVIE MATINEE: Practical Magic (1998)** – East Wing, Garden Level
- 2:15 PLANT TALK with John – Craft Room, 3rd Floor**
- 3:45 **JEOPARDY** with Bree – Fireplace Lounge, 4th Floor
- 3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level



Friday – May 15th

- 9:00 **OPEN FITNESS** with Bree – Exercise Room, 2nd Floor
- 9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
- 10:00 EXERCISE with Whitney – Auditorium, 3rd Floor**
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 BINGO with Whitney – Fireplace Lounge, 4th Floor**
- 11:00 **SHORT STORIES** with Bree – East Wing, Garden Level
- 11:00 **WRITING, READING & DISCUSSIONS** with Jerry Mirskin – Rehab Room, Garden Level
- 1:00 IC COURSE ADVISING, are you interested in taking a class at IC? – Craft Room, 3rd Floor**
- 1:15 **YAHTZEE** with Bree – Fireplace Lounge, 4th Floor
- 1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level
- 2:00 **QUILTING GROUP**, all are Welcome! – IC Classroom, 2nd Floor
- 2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
- 3:00 ARMED FORCES DAY CELEBRATION with Dan Weed – Auditorium, 3rd Floor**
- 3:45 **GARDEN & ANIMAL TALK** with John – Rehab Room, Garden Level
- 6:30 **THE LADYBUG CLAN WOMEN’S GROUP** – Craft Room, 3rd Floor

Saturday – May 16th Armed Forces Day

- 10:00 CORNELL COMPANIONS PET THERAPY VISITS – East Wing, Garden Level**
- 11:00 **ARMED FORCES DAY DISCUSSION & TRIVIA** with Lorraine – Fireplace Lounge, 4th Floor
- 1:00 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level
- 1:45 **MOVIE MATINEE: Where the Crawdads Sing (2022)** – East Wing, Garden Level
- 2:15 **MOVIE MATINEE: Where the Crawdads Sing (2022)** – Auditorium, 3rd Floor



BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.