

WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	29-Mar	30-Mar	31-Mar	1-Apr	2-Apr	3-Apr	4-Apr
	<b>BRUNCH</b>	<b>LUNCH</b>					
<b>SOUP W/ROLL</b>	Chicken Noodle	Cream of Asparagus	Lentil	Wild Rice & Mushroom Soup	Borscht	New England Clam Chowder	Tomato Basil
<b>ENTRÉE 1</b>	Waffles	Spanakopita (spinach and ricotta)	Lemon Dill Haddock	Butternut Squash Ravioli w/ Cream Sauce	Roasted Chicken Thighs	Fish Sandwich w/ Coleslaw	Duck with Cherry Sauce
<b>ENTRÉE 2</b>	Roasted Turkey w/ Gravy	Lamb Pops w/ Mint Jelly	Chicken Berry Salad	Tuna Steak w/ Avocado Cream	Pizza Stuffed Portobello Mushrooms	California Burger (w/ avocado & bacon)	Shrimp & Grits w/ Sausage
<b>STARCH</b>	Hash Brown	Jasmine Rice	Fingerling Potatoes	Couscous	Roasted Red Potatoes	Potato Salad	Quinoa
<b>VEGGIE</b>	Glazed Baby Carrots	Roasted Root Vegetable	Asparagus	Seasoned Peas	Broccoli	Baked Beans	Zucchini & Bell Pepper
<b>DESSERT</b>	Danishes & Dessert Cart	Tiramisu	Rice Pudding	Lemon Meringue Pie	Cannoli	Apple Cake	Assorted Cheesecake

**DINNER**

WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	29-Mar	30-Mar	31-Mar	1-Apr	2-Apr	3-Apr	4-Apr
<b>SOUP W/ROLL</b>	Chicken Noodle	Cream of Asparagus	Lentil	Wild Rice & Mushroom Soup	Borscht	New England Clam Chowder	Tomato Basil
<b>ENTRÉE 1</b>	Pesto Gnocchi	Turkey Piccata	Pork Chop w/ Pineapple Chutney	Shrimp Lo Mein	Broccoli Cheddar Quiche	Apricot Glazed Salmon	Pork Loin w/ Mushroom Sauce
<b>ENTRÉE 2</b>	Cabbage Roll	Penne w/ Blush Sauce	Chicken Cacciatore	Tofu Stir Fry	Texas Chili w/ Corn Bread	Chicken Marsala	Veal Parmesan
<b>STARCH</b>	Potato Wedges	Creamy Orzo	Herb Brown Rice	Fried Rice / Egg Roll	Baked Potato	Yukon Gold Mashed Potatoes	Egg Noodles
<b>VEGGIE</b>	Wax Beans	Broccoli & Cauliflower	Mixed Vegetables	Sauteed Bok Choy	Corn	Beets	Brussel Sprouts
<b>DESSERT</b>	Danishes & Dessert Cart	Tiramisu	Rice Pudding	Lemon Meringue Pie	Cannoli	Apple Cake	Assorted Cheesecake

**LONGVIEW RECREATION SCHEDULE**

**March 29<sup>th</sup> – April 4<sup>th</sup>, 2026**

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4<sup>th</sup> Floor and at each nurse's station in the Garden.

**Sunday – March 29<sup>th</sup> Palm Sunday**

- 10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3<sup>rd</sup> Floor
- 2:30 **WORSHIP SERVICE** with Ms. Carol Hockett, Forest Chapel U.M. Church – Auditorium, 3<sup>rd</sup> Floor

**LONGVIEW SHOPPER SIX** or less items from Wegmans, drop list & money off in Business Office Mailbox  
 \*Orders need to be in by **SUNDAY evening** and will be delivered on **MONDAY afternoon!**

**Monday – March 30<sup>th</sup>**

- 9:00 **OPEN FITNESS** with Bree – Exercise Room, 2<sup>nd</sup> Floor
- 9:00 **MONDAY MORNING MOVEMENT** with Lorraine – Front Lobby, Garden Level
- 9:15 **TRIVIA with Maria – Fireplace Lounge, 4<sup>th</sup> Floor \*Note Time**
- 9:30 **COFFEE & CONVERSATION** with Erin & Sue – Craft Room, 3<sup>rd</sup> Floor
- 10:00 **SMART SCREEN GAMES** with Lorraine – West Wing, Garden Level
- 10:00 **EXERCISE** with Erin & Sue - Auditorium, 3<sup>rd</sup> Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- 10:30 **MUSIC THERAPY with Amanda – East Wing, Garden Level**
- 10:45 **CROSSWORDS** with Maria – Fireplace Lounge, 4<sup>th</sup> Floor
- 12:45 **CRAFTS** with Erin & Sue – Craft Room, 3<sup>rd</sup> Floor
- 1:00 **THE PERSON BEHIND PRINCESS DIANA**, Video Series: “The Price of Freedom” – Auditorium **\*Note Time**
- 1:30 **MOVEMENT & MUSIC** with Lorraine – East Wing, Garden Level **\*Note Location**
- 2:00 **YOGA** with Kathy – IC Classroom, 2<sup>nd</sup> Floor
- 3:00 **SPRING CRAFTS with the IC/Longview Partnership Club – West Wing, Garden Level**
- \*\*\*\* **NO BINGO TODAY, COME TO SPRING CRAFTS IN THE WEST WING!**
- 3:15 **ART CLUB** with Whitney – Craft Room, 3<sup>rd</sup> Floor
- 3:30 **FAMOUS FACES** with Erin – Fireplace Lounge, 4<sup>th</sup> Floor



**Tuesday – March 31<sup>st</sup>**

- 9:00 **OPEN FITNESS** with Emma – Exercise Room, 2<sup>nd</sup> Floor
- 9:00 **MORNING MOVEMENT** with Lorraine – Front Lobby, Garden Level
- 9:00 **NAILS** with Bree – Fireplace Lounge, 4<sup>th</sup> Floor
- 9:30 **COFFEE & CONVERSATION** with Erin & Sue – Craft Room, 3<sup>rd</sup> Floor
- 9:45 **SCRABBLE** with Lorraine – East Wing, Garden Level
- 10:00 **EXERCISE** with Whitney – Auditorium, 3<sup>rd</sup> Floor
- 10:30 **PODCAST GROUP & DISCUSSION GROUP: “Acceptance” with Emma – Craft Room, 3<sup>rd</sup> Floor**
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- 10:30 **INTRODUCTION TO POETRY** with Kevin Murphy, Retired IC Professor – IC Classroom, 2<sup>nd</sup> Floor
- 10:45 **BOWLING** with Sue & Erin – Auditorium, 3<sup>rd</sup> Floor
- 10:45 **SCRABBLE with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor**
- 10:45 **CRAFTS** with Lorraine – West Wing, Garden Level

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## Tuesday – March 31<sup>st</sup> Continue

- 1:00 **NATURE DOCUMENTARY SERIES: “Ultimate Spider Hunter”** – Auditorium, 3<sup>rd</sup> Floor
- 1:15 **SCATTERGORIES** with Sue & Erin – Fireplace Lounge, 4<sup>th</sup> Floor
- 1:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level
- 2:00 **AQUA AEROBICS** with Whitney – Pool, 2<sup>nd</sup> Floor
- 2:30 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor
- 2:30 **COMMUNITY CAFÉ, all are welcome!** – Dining Room, 3<sup>rd</sup> Floor
- 3:30 **WHEEL OF FORTUNE** with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor
- 3:45 **“WHAT’S THE CONNECTION” WORD GAME** with Lorraine – East Wing, Garden Level
- 6:30 **MOVIE NIGHT: Point Break (1991)** – Fireplace Lounge, 4<sup>th</sup> Floor

## Wednesday – April 1<sup>st</sup> Passover Begins at Sundown & April Fools’ Day

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2<sup>nd</sup> Floor
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor
- 9:30 **BRAIN BUILDERS & BAKING with IC Students** – East Wing, Garden Level
- 10:00 **EXERCISE** with Whitney – Auditorium, 3<sup>rd</sup> Floor
- 10:00 **TECH SUPPORT** with Oliver – Interview Room, 3<sup>rd</sup> Floor
- 10:30 **BIBLE STUDY: “Uncertain Times”** with Brooke – Interfaith Chapel, 3<sup>rd</sup> Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- 10:45 **FACT OR FOOLERY: A True or False Game with Whitney** - Fireplace Lounge, 4<sup>th</sup> Floor
- 1:00 **NAILS** with Bree – Craft Room, 3<sup>rd</sup> Floor
- 1:15 **GAMES** with Sue & Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor
- 1:15 **SPIRITUAL LIFE LECTURE: Great Courses, “Holy Pilgrimage to Southern Japan”** – Auditorium, 3<sup>rd</sup> Floor
- 1:30 **MUSIC & MOVEMENT** with Whitney – Rehab Room, Garden Level
- 2:15 **TRIP TO BARNES & NOBLE – Sign up in Craft Room, Meet in Front Entrance**
- 3:30 **PRICE IS RIGHT** with Maria – Fireplace Lounge, 4<sup>th</sup> Floor
- 3:45 **HYMN SING** with Brooke – Auditorium, 3<sup>rd</sup> Floor
- 3:45 **HILARIOUS HEADLINES OF THE 1960s with Lorraine** – West Wing, Garden Level
- 7:30 **OPEN AA MEETING**, all are welcome, including AL-ANON members – Interfaith Chapel, 3<sup>rd</sup> Floor

## Thursday – April 2<sup>nd</sup>

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2<sup>nd</sup> Floor
- 9:00 **NAILS with Erin** – East Wing, Garden Level
- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3<sup>rd</sup> Floor
- 10:00 **EXERCISE** with Emma – Auditorium, 3<sup>rd</sup> Floor
- 10:00 **LIFE STORY DISCUSSIONS with IC Students** – Craft Room, 3<sup>rd</sup> Floor
- 10:00 **Q&A BY HEALTH DIRECT PHARMACY for Enhanced/Assisted Living Residents** – Auditorium, 3<sup>rd</sup> Floor
- \*\*\*\* **NO CLAY STUDIO TODAY**
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- \*\*\*\* **NO WHAT AM I? TODAY**
- 10:45 **BEAN BAG TOSS & Other Games** with Lorraine & Sue – Fireplace Lounge, 4<sup>th</sup> Floor
- 11:00 **TROLLEY CELEBRATION! – Pavilion! Transportation starting at 10:45AM from the Front Lobby!**
- 1:15 **BALLOON TOSS** with Whitney – East Wing, Garden Level
- 1:15 **PICTIONARY** with Erin – Fireplace Lounge, 4<sup>th</sup> Floor
- 1:30 **MUSIC with Ben Hogben** – Auditorium, 3<sup>rd</sup> Floor

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## Thursday – April 2<sup>nd</sup> Continued

- 2:00 **MOVIE MATINEE: Homefront (2013)** - East Wing, Garden Level
- 2:15 **PLANT TALK** with John – Craft Room, 3<sup>rd</sup> Floor
- 2:15 **PASS THE PIGS** with Erin – Fireplace Lounge, 4<sup>th</sup> Floor
- 3:00 **ROMAN CATHOLIC “MAUNDY THURSDAY” SERVICE** – Interfaith Chapel, 3<sup>rd</sup> Floor
- 3:30 **JEOPARDY** with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor
- 3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level
- 5:30 **Q&A BY HEALTH DIRECT PHARMACY for Enhanced/Assisted Living Residents** – Auditorium, 3<sup>rd</sup> Floor

## Friday – April 3<sup>rd</sup> Good Friday

- 9:00 **OPEN FITNESS** with Bree – Exercise Room, 2<sup>nd</sup> Floor
- 9:00 **OPEN SWIM** with Whitney – Pool, 2<sup>nd</sup> Floor
- 10:00 **EXERCISE with Whitney** – Auditorium, 3<sup>rd</sup> Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- 10:45 **WORD MINING with Whitney & Elise** – Fireplace Lounge, 4<sup>th</sup> Floor
- 10:45 **CREATIVE COLORING** with Friends – East Wing, Garden Level
- 11:00 **WRITING, READING & DISCUSSIONS** with Jerry Mirskin - Rehab Room, Garden Level
- 1:15 **YAHTZEE** with Bree & Sophia – Fireplace Lounge, 4<sup>th</sup> Floor
- 1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, 3<sup>rd</sup> Floor
- 2:00 **QUILTING GROUP**, All are Welcome! – IC Classroom, 2<sup>nd</sup> Floor
- 2:15 **ANIMAL TALK with John** – Craft Room, 3<sup>rd</sup> Floor
- 3:00 **PAINT & SIP: Spring Flowers with Recreation** – Auditorium, 3<sup>rd</sup> Floor
- 3:30 **SHABBAT with IC Hillel, All are welcome!** – Interfaith Chapel, 3<sup>rd</sup> Floor
- 3:45 **GARDEN & ANIMAL TALK** with John – Rehab Room, Garden Level
- 6:30 **THE LADYBUG CLAN WOMEN’S GROUP** – Craft Room, 3<sup>rd</sup> Floor

## Saturday – April 4<sup>th</sup>

- 10:00 **NEW YORK TIMES GAMES** with Maria – Fireplace Lounge, 4<sup>th</sup> Floor
- 11:00 **MOVEMENT & MUSIC** with Maria – Rehab Room, Garden Level
- 1:00 **BOGGLE with Maria** – East Wing, Garden Level
- 1:45 **MOVIE MATINEE: The Great Dictator (1940)** – East Wing, Garden Level
- 2:15 **MOVIE MATINEE: The Great Dictator (1940)** – Auditorium, 3<sup>rd</sup> Floor
- 2:45 **UNO** with Maria – Fireplace Lounge, 4<sup>th</sup> Floor



### BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

