

WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	22-Mar	23-Mar	24-Mar	25-Mar	26-Mar	27-Mar	28-Mar
	<b>BRUNCH</b>	<b>LUNCH</b>					
<b>SOUP W/ROLL</b>	Wild Mushroom & Rice	Cold Berry Soup	Minestrone	Italian Wedding Soup	Red Pepper Bisque	Split Pea	Cream of Tomato
<b>ENTRÉE 1</b>	Blueberry Pancake	Soft Tacos	Eggplant Parmesan	Grilled Ham & Brie Sandwich	Lemon Pepper Chicken Breast	Crab Cake	Pot Roast
<b>ENTRÉE 2</b>	Beef Tenderloin	Creamy Tuscan Chicken Thighs	Seafood Salad on a Croissant	Greek Salad	Gyro	Mediterranean Flat Bread Pizza	Pesto Chicken
<b>STARCH</b>	Mashed Potatoes	Spanish Rice	Thin Spaghetti w/ Fresh Tomatoes	Sweet Potato Fries	Quinoa	Lemon Herb Couscous	Orzo
<b>VEGGIE</b>	Green Beans	Peppers & Onions	Zucchini	Mixed Vegetables	Grilled Asparagus	Steamed Broccoli	Spinach
<b>DESSERT</b>	Scones & Dessert Cart	Lemon Bar	Dutch Apple Pie	Ice Cream Novelties	Fruit of the Forest Pie	Chocolate Flourless Torte	Assorted Pudding

**DINNER**

WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>SOUP W/ROLL</b>	Wild Mushroom & Rice	Cold Berry Soup	Minestrone	Italian Wedding Soup	Red Pepper Bisque	Split Pea	Cream of Tomato
<b>ENTRÉE 1</b>	Chicken Cordon Bleu	Baked Haddock	Lamb Burger w/ Feta & Cucumber Sauce	Duck a la Orange	BBQ Ribs	Sweet & Sour Chicken	Turkey Meatloaf
<b>ENTRÉE 2</b>	Swedish Meatballs w/ Egg Noodles	Stuffed Shells	Cranberry Turkey Burger	Salmon w/ Ginger Soy Sauce	Mac & Cheese	Shrimp Gumbo	Pork Tenderloin
<b>STARCH</b>	Baked Potato	Risotto	Potato Salad / Baked Beans	Jasmine Rice	Roasted Potatoes	Basmati White Rice	Mashed Sweet Potato
<b>VEGGIE</b>	Peas & Carrots	Broccoli	Carrots	Snap Peas	Collard Greens	Garlic Green Beans	Harvard Beets
<b>DESSERT</b>	Scones & Dessert Cart	Lemon Bar	Dutch Apple Pie	Ice Cream Novelties	Fruit of the Forest Pie	Chocolate Flourless Torte	Assorted Pudding

## LONGVIEW RECREATION SCHEDULE

### March 22<sup>nd</sup> – March 28<sup>th</sup>, 2026

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4<sup>th</sup> Floor and at each nurse's station in the Garden.

#### Sunday – March 22<sup>nd</sup>

- 10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3<sup>rd</sup> Floor
- 2:30 **WORSHIP SERVICE** with Mr. Chris Blyler, The Salvation Army – Auditorium, 3<sup>rd</sup> Floor

**LONGVIEW SHOPPER SIX** or less items from Wegmans, drop list & money off in Business Office Mailbox  
 \*Orders need to be in by **SUNDAY evening** and will be delivered on **MONDAY afternoon!**

#### Monday – March 23<sup>rd</sup>

- 9:00 **OPEN FITNESS** with Bree – Exercise Room, 2<sup>nd</sup> Floor
- 9:00 **MONDAY MORNING MOVEMENT** with Lorraine – Front Lobby, Garden Level
- 9:15 **TRIVIA** with Maria – **Fireplace Lounge, 4<sup>th</sup> Floor** \*Note Time
- 9:30 **COFFEE & CONVERSATION** with Erin & Sue – Craft Room, 3<sup>rd</sup> Floor
- 10:00 **SMART SCREEN GAMES** with Lorraine – West Wing, Garden Level
- 10:00 **EXERCISE** with Erin & Sue - Auditorium, 3<sup>rd</sup> Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- 10:45 **PRICE IS RIGHT** with Erin & Sue – **East Wing, Garden Level**
- 10:45 **CROSSWORDS** with Maria – Fireplace Lounge, 4<sup>th</sup> Floor
- 12:45 **CRAFTS** with Erin & Sue – Craft Room, 3<sup>rd</sup> Floor
- 1:30 **MOVEMENT & MUSIC** with Lorraine – East Wing, Garden Level \*Note Location
- 2:00 **YOGA** with Kathy – IC Classroom, 2<sup>nd</sup> Floor
- 3:00 **DEATH CAFÉ: Gather to Eat Cake, Drink Tea & Discuss Death** – Craft Room, 3<sup>rd</sup> Floor
- 3:15 **THE PERSON BEHIND PRINCESS DIANA**, Video Series: “A Royal Rogue” – Auditorium, 3<sup>rd</sup> Floor
- \*\*\*\* **NO ART CLUB TODAY**
- 3:15 **BINGO** with Lorraine & Elise – East Wing, Garden Level
- 3:30 **FAMOUS FACES** with Erin – Fireplace Lounge, 4<sup>th</sup> Floor
- 6:30 **LONGVIEW SOCIAL CLUB** with Elaine – Auditorium, 3<sup>rd</sup> Floor

#### Tuesday – March 24<sup>th</sup>

- 9:00 **OPEN FITNESS** with Emma – Exercise Room, 2<sup>nd</sup> Floor
- 9:00 **MORNING MOVEMENT** with Lorraine – Front Lobby, Garden Level
- 9:00 **NAILS** with Bree – Fireplace Lounge, 4<sup>th</sup> Floor
- 9:30 **COFFEE & CONVERSATION** with Erin & Sue – Craft Room, 3<sup>rd</sup> Floor
- 9:45 **SCRABBLE** with Lorraine – East Wing, Garden Level
- 10:00 **EXERCISE** with Whitney – Auditorium, 3<sup>rd</sup> Floor
- 10:30 **PODCAST GROUP & DISCUSSION GROUP: “This Should Be a Movie”** with Emma – Craft Room, 3<sup>rd</sup> Flr
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- 10:30 **INTRODUCTION TO POETRY** with Kevin Murphy, Retired IC Professor – IC Classroom, 2<sup>nd</sup> Floor
- 10:45 **BOWLING** with Sue & Erin – Auditorium, 3<sup>rd</sup> Floor
- 10:45 **SCRABBLE** with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor

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## Tuesday – March 24<sup>th</sup> Continued

- 10:45 **CRAFTS** with Lorraine – West Wing, Garden Level  
1:00 **NATURE DOCUMENTARY SERIES: “Underdogs, Extreme Doggie Makeover”** – Auditorium, 3<sup>rd</sup> Floor  
1:15 **SCATTERGORIES** with Sue, Soni, & Erin – Fireplace Lounge, 4<sup>th</sup> Floor  
1:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level  
2:00 **INTERESTING FACTS** with Whitney – East Wing, Garden Level  
2:30 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor  
2:30 **COMMUNITY CAFÉ, all are welcome!** – Dining Room, 3<sup>rd</sup> Floor  
3:30 **WHEEL OF FORTUNE** with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor  
3:45 **“WHAT’S THE CONNECTION” WORD GAME** with Lorraine – East Wing, Garden Level  
6:30 **MOVIE NIGHT: Bruce Springsteen: Deliver Me From Nowhere (2025)** – Fireplace Lounge, 4<sup>th</sup> Floor

## Wednesday – March 25<sup>th</sup>

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor  
9:30 **BRAIN BUILDERS & BAKING with IC Students** – East Wing, Garden Level  
10:00 **EXERCISE** with Whitney – Auditorium, 3<sup>rd</sup> Floor  
10:00 **TECH SUPPORT** with Oliver – Interview Room, 2<sup>nd</sup> Floor  
10:30 **BIBLE STUDY: “Uncertain Times”** with Brooke – Interfaith Chapel, 3<sup>rd</sup> Floor  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **CHARADES** with Whitney - Fireplace Lounge, 4<sup>th</sup> Floor  
1:00 **GARDEN CLUB MEETING, All are welcome** – Craft Room, 3<sup>rd</sup> Floor  
1:15 **GAMES** with Sue & Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor  
1:15 **SPIRITUAL LIFE LECTURE: Great Courses, “Holy Pilgrimages to Lourdes, France”** – Auditorium, 3<sup>rd</sup> Fl  
1:30 **MUSIC & MOVEMENT** with Whitney – Rehab Room, Garden Level  
2:15 **TRIP TO WEGMANS** – Sign up in Craft Room, Meet in Front Entrance  
3:00 **NAILS** with Bree – Craft Room, 3<sup>rd</sup> Floor \*Note Time  
3:30 **PRICE IS RIGHT** with Maria – Fireplace Lounge, 4<sup>th</sup> Floor  
3:45 **HYMN SING with Brooke** – Auditorium, 3<sup>rd</sup> Floor  
3:45 **SHORT STORIES** with Lorraine – West Wing, Garden Level  
6:15 **RESIDENT SPEAKER: Rebel Women of the Victorian Era with Andrea Rankin** - Auditorium, 3<sup>rd</sup> Floor  
7:30 **OPEN AA MEETING**, all are welcome, including AL-ANON members – Interfaith Chapel, 3<sup>rd</sup> Floor



## Thursday – March 26<sup>th</sup>

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **NAILS** with Erin – East Wing, Garden Level  
9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3<sup>rd</sup> Floor  
10:00 **EXERCISE** with Emma – Auditorium, 3<sup>rd</sup> Floor  
10:15 **OPEN CLAY STUDIO** – Craft Room, 3<sup>rd</sup> Floor  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **WHAT AM I? with Emma** – East Wing, Garden Level  
10:45 **BEAN BAG TOSS & Other Games** with Lorraine & Sue – Fireplace Lounge, 4<sup>th</sup> Floor  
1:15 **BALLOON TOSS** with Whitney – East Wing, Garden Level  
1:15 **PICTIONARY** with Erin – Fireplace Lounge, 4<sup>th</sup> Floor  
1:30 **MUSIC with Ben Hogben** – Auditorium, 3<sup>rd</sup> Floor

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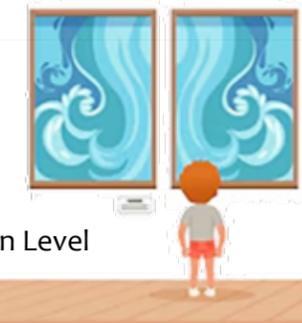
## Thursday – March 26<sup>th</sup> Continued

- 2:00 **MOVIE MATINEE: The Iron Claw (2023)** - East Wing, Garden Level  
2:15 **WONDERFUL WHEELCHAIRS, Pop Up Repair with Ron** – Auditorium, 3<sup>rd</sup> Floor  
2:15 **PLANT TALK** with John – Craft Room, 3<sup>rd</sup> Floor  
2:15 **PASS THE PIGS with Erin** – 4<sup>th</sup> Floor, Fireplace Lounge  
3:30 **JEOPARDY** with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor  
3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level

## Friday – March 27<sup>th</sup>

- 9:00 **OPEN FITNESS** with Bree – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **OPEN SWIM** with Whitney – Pool, 2<sup>nd</sup> Floor  
10:00 **EXERCISE with Whitney** – Auditorium, 3<sup>rd</sup> Floor  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **WORD MINING with Whitney & Elise** – Fireplace Lounge, 4<sup>th</sup> Floor  
10:45 **CREATIVE COLORING** with Friends – East Wing, Garden Level  
11:00 **WRITING, READING & DISCUSSIONS** with Jerry Mirskin - Rehab Room, Garden Level  
1:15 **YAHTZEE** with Bree & Sophia – Fireplace Lounge, 4<sup>th</sup> Floor  
\*\*\*\* **NO MOVEMENT & MUSIC TODAY**  
1:30 **TRIP TO THE JOHNSON MUSEUM OF ART with Tour by Carol Hockett**  
**Sign up in Craft Room, Meet in Front Entrance**  
2:00 **QUILTING GROUP**, all are Welcome! – IC Classroom, 2<sup>nd</sup> Floor  
2:15 **ANIMAL TALK with John** – Auditorium, 3<sup>rd</sup> Floor \*Note Location  
3:30 **SHABBAT with IC Hillel** – Interfaith Chapel, 3<sup>rd</sup> Floor  
3:45 **GARDEN & ANIMAL TALK** with John – Rehab Room, Garden Level  
6:30 **THE LADYBUG CLAN WOMEN’S GROUP** – Craft Room, 3<sup>rd</sup> Floor

JOHNSON  
MUSEUM OF ART



## Saturday – March 28<sup>th</sup>

- 10:00 **UNO & OTHER CARD GAMES** with Maria – Fireplace Lounge, 4<sup>th</sup> Floor  
11:00 **MOVEMENT & MUSIC** with Maria – Rehab Room, Garden Level  
1:00 **TRIVIA with Maria** – East Wing, Garden Level  
1:45 **MOVIE MATINEE: City Lights, A Silent Film with Charlie Chaplin (1931)** – East Wing, Garden Level  
2:15 **MOVIE MATINEE: City Lights, A Silent Film with Charlie Chaplin (1931)** – Auditorium, 3<sup>rd</sup> Floor  
2:45 **BINGO** with Maria – Fireplace Lounge, 4<sup>th</sup> Floor

### BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.