

WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	25-Jan	26-Jan	27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
	BRUNCH	LUNCH					
SOUP W/ROLL	Wild Mushroom & Rice	Ginger Carrot	Minestrone	Italian Wedding Soup	Red Pepper Bisque	Split Pea & Ham	Cream of Tomato
ENTRÉE 1	French Toast Bake	Taco Bowl	Grilled Portobello	Grilled Ham & Brie Sandwich	Teriyaki Pineapple Chicken Leg	Crab Cake	Pot Roast
ENTRÉE 2	Beef Tenderloin	Creamy Tuscan Chicken Thighs	Seafood Salad on a Croissant	Beef Chili w/ Corn Bread	Vegetable Frittata	Mediterranean Flat Bread Pizza	Chicken Marsala
STARCH	Mashed Potatoes	Linguini w/ Garlic	Quinoa	Sweet Potato Fries	Rice	Herb Couscous	Redskin Mashed Potatoes
VEGGIE	Green Beans	Peppers & Onions	Zucchini	Steamed Corn	Grilled Asparagus	Steamed Broccoli	Spinach
DESSERT	Scones & Dessert Cart	Chocolate Pie	Dutch Apple Pie	Ice Cream Novelties	Fruit of the Forest Pie	Chocolate Flourless Torte	Assorted Pudding
DINNER							
WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ROLL	Wild Mushroom & Rice	Ginger Carrot	Minestrone	Italian Wedding Soup	Red Pepper Bisque	Split Pea & Ham	Cream of Tomato
ENTRÉE 1	Chicken Cordon Bleu	Baked Haddock	California Burger	Apple Cider Glazed Chicken Thigh	BBQ Ribs	Sweet & Sour Chicken	Turkey Meatloaf
ENTRÉE 2	Beef Stroganoff w/ Egg Noodles	Baked Ziti	Cranberry Turkey Burger	Salmon w/ Ginger Soy Sauce	Mac & Cheese	Shrimp Gumbo	Pork Tenderloin
STARCH	Baked Potato	Jasmine Rice	Boardwalk Fries	Risotto	Roasted Potatoes	Basmati White Rice	Mashed Sweet Potato
VEGGIE	Peas & Carrots	Broccoli	Carrots	Roasted Butternut Squash	Collard Greens	Garlic Green Beans	Spaghetti Squash
DESSERT	Scones & Dessert Cart	Chocolate Pie	Dutch Apple Pie	Ice Cream Novelties	Fruit of the Forest Pie	Chocolate Flourless Torte	Assorted Pudding



LONGVIEW RECREATION SCHEDULE

January 25th – January 31st, 2026

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4th Floor and at each nurse’s station in the Garden.

Sunday – January 25th All programming on Sunday is weather permitting due to the winter storm warning in effect for our region. All updates will be posted on the Smart Screens Sunday morning.

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor
2:30 WORSHIP SERVICE with the Rev. Pam Carey, Jacksonville United Methodist Church – Auditorium, 3rd Flr
3:15 TRIP TO IC: MARTIN LUTHER KING JR. CONCERT – Sign up in Craft Room, Meet in Front Entrance

Monday – January 26th

9:00 OPEN FITNESS with Whitney – Exercise Room, 2nd Floor
9:00 MONDAY MORNING MOVEMENT with Vera – Front Lobby, Garden Level
9:00 TRIVIA with Lorraine – Fireplace Lounge, 4th Floor
9:30 COFFEE & CONVERSATION with Kelly & Sue – Craft Room, 3rd Floor
10:00 SMART SCREEN GAMES with Lorraine – West Wing, Garden Level
10:00 EXERCISE with Kelly – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 TRIVIA with Maria – East Wing, Garden Level
10:45 CROSSWORDS with Vera – Fireplace Lounge, 4th Floor
12:45 CRAFTS with Kelly & Sue – Craft Room, 3rd Floor
1:00 BINGO with Whitney – Fireplace Lounge, 4th Floor
1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level
2:00 YOGA with Kathy – IC Classroom, 2nd Floor
3:00 CRAFT IN AMERICA Video Series: “Messages” - Auditorium, 3rd Floor
3:00 DEATH CAFÉ: Gather to Eat Cake, Drink Tea & Discuss Death – Craft Room, 3rd Floor
3:15 BINGO with Lorraine & Kelly – East Wing, Garden Level
**** NO ART CLUB TODAY
6:30 SOCIAL CLUB with Elaine, All are welcome! – Auditorium, 3rd Floor



Tuesday – January 27th

9:00 OPEN FITNESS with Emma – Exercise Room, 2nd Floor
9:00 MORNING MOVEMENT with Lorraine – Front Lobby, Garden Level
9:00 NAILS with Vera – Fireplace Lounge, 4th Floor
9:30 COFFEE & CONVERSATION with Kelly & Sue – Craft Room, 3rd Floor
9:45 SCRABBLE with Lorraine – East Wing, Garden Level
10:00 EXERCISE with Whitney – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:30 PODCAST GROUP: “Waterworld” – Craft Room, 3rd Floor
10:45 BOWLING with Kelly & Sue – Auditorium, 3rd Floor
10:45 INTRODUCTION TO POETRY with Kevin Murphy, Retired IC Professor – IC Classroom, 2nd Floor
10:45 SCRABBLE with Whitney – Fireplace Lounge, 4th Floor
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Tuesday – January 27th Continued

- 10:45 **CRAFTS** with Vera – West Wing, Garden Level
1:00 NATURE DOCUMENTARY SERIES: “The Wild Stallion Returns” – Auditorium, 3rd Floor
1:15 **SCATTERGORIES** with Kelly & Sue – Fireplace Lounge, 4th Floor
1:30 **TECH SUPPORT** with Joe Zerby – Interview Room, 3rd Floor
1:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level
2:00 INTERESTING FACTS with Whitney – East Wing, Garden Level
2:30 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – Fireplace Lounge, 4th Floor
2:30 **COMMUNITY CAFÉ**, all are welcome! – Dining Room, 3rd Floor
3:30 BACKYARD BIRD CLUB with Kelly – Craft Room, 3rd Floor
3:30 **WHEEL OF FORTUNE** with Whitney – Fireplace Lounge, 4th Floor
3:45 **“WHAT’S THE CONNECTION” WORD GAME** with Lorraine – East Wing, Garden Level
6:30 **MOVIE NIGHT: Ever After (1998)** – Fireplace Lounge, 4th Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – January 28th

- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2nd Floor
9:00 **MORNING MOVEMENT** with Kelly – Front Lobby, Garden Level
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:30 **BIBLE STUDY: “Epiphanies”** with Brooke – Interfaith Chapel, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 CHARADES with Vera – Fireplace Lounge, 4th Floor
10:45 **PRICE IS RIGHT** with Kelly – East Wing, Garden Level
1:15 **GAMES** with Sue & Lorraine – Fireplace Lounge, 4th Floor
**** **NO SPIRITUAL LIFE LECTURE THIS WEEK**
1:30 STRETCH YOUR SPIRIT: Meditation & Harp – Auditorium, 3rd Floor
1:30 **MUSIC & MOVEMENT** with Whitney – Rehab Room, Garden Level
1:30 **NAILS** with Kelly & Maria – Craft Room, 3rd Floor
2:15 **TRIP TO WEGMANS** – Sign up in Craft Room, Meet in Front Entrance
3:15 GETTING TO KNOW YOU with Maria – Fireplace Lounge, 4th Floor *Note Location
3:30 BOOK CLUB: “Mansfield Park” by Jane Austen – Rehab Room, Garden Level
3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor



Thursday – January 29th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
9:00 NAILS with Vera & Kelly – East Wing, Garden Level
9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3rd Floor
10:00 EXERCISE with Emma – Auditorium, 3rd Floor
10:15 **OPEN CLAY STUDIO** with Ed – Craft Room, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
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Thursday – January 29th Continued

- 10:45 **WHO AM I?** with Vera – East Wing, Garden Level
10:45 **BEAN BAG TOSS & Other Games** with Lorraine & Sue – Fireplace Lounge, 4th Floor
1:15 **BALLOON TOSS** with Vera – East Wing, Garden Level
1:15 **PICTIONARY** with Kelly – Fireplace Lounge, 4th Floor
1:30 MUSIC with Ben Hogben – Auditorium, 3rd Floor
2:00 **MOVIE MATINEE: Queen of Coal (2025)** – East Wing, Garden Level
2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
2:30 **FAMOUS FACES** with Kelly – Fireplace Lounge, 4th Floor
3:30 **JEOPARDY** with Kelly & Whitney – Fireplace Lounge, 4th Floor
3:45 **SHORT STORIES** with Lorraine – West Wing, Garden Level

Friday – January 30th

- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
9:00 **OPEN SWIM** with Bree – Pool, 2nd Floor
10:00 EXERCISE with Kelly – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **POETRY** with Kelly – East Wing, Garden Level
10:45 INTERESTING FACTS with Bree – Fireplace Lounge, 4th Floor
11:00 **WRITING, READING & DISCUSSIONS** with Jerry Mirskin - Garden Level, Rehab Room
1:15 **YAHTZEE** with Bree – Fireplace Lounge, 4th Floor
1:30 **MOVEMENT & MUSIC** with Kelly – Rehab Room, Garden Level
2:00 **QUILTING GROUP**, All are Welcome! – IC Classroom, 2nd Floor
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:00 JEOPARDY with Kelly – Auditorium, 3rd Floor
3:45 **GARDEN & ANIMAL TALK** with John – Rehab Room, Garden Level

JEOPARDY!

Saturday – January 31st

- 10:00 **TRIVIA** with Maria – Fireplace Lounge, 4th Floor
11:00 MOVEMENT & MUSIC with Maria – Rehab Room, Garden Level
1:00 **FAMOUS FACES** with Maria – West Wing, Garden Level
1:45 **MOVIE MATINEE: Rooster Cogburn (1975)** – East Wing, Garden Level
2:15 MOVIE MATINEE: Rooster Cogburn (1975) – Auditorium, 3rd Floor
2:45 **GAMES** with Maria – Fireplace Lounge, 4th Floor

BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.