

WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	25-Jan	26-Jan	27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
	<b>BRUNCH</b>	<b>LUNCH</b>					
SOUP W/ROLL	Wild Mushroom & Rice	Ginger Carrot	Minestrone	Italian Wedding Soup	Red Pepper Bisque	Split Pea & Ham	Cream of Tomato
ENTRÉE 1	French Toast Bake	Taco Bowl	Grilled Portobello	Grilled Ham & Brie Sandwich	Teriyaki Pineapple Chicken Leg	Crab Cake	Pot Roast
ENTRÉE 2	Beef Tenderloin	Creamy Tuscan Chicken Thighs	Seafood Salad on a Croissant	Beef Chili w/ Corn Bread	Vegetable Frittata	Mediterranean Flat Bread Pizza	Chicken Marsala
STARCH	Mashed Potatoes	Linguini w/ Garlic	Quinoa	Sweet Potato Fries	Rice	Herb Couscous	Redskin Mashed Potatoes
VEGGIE	Green Beans	Peppers & Onions	Zucchini	Steamed Corn	Grilled Asparagus	Steamed Broccoli	Spinach
DESSERT	Scones & Dessert Cart	Chocolate Pie	Dutch Apple Pie	Ice Cream Novelties	Fruit of the Forest Pie	Chocolate Flourless Torte	Assorted Pudding
<b>DINNER</b>							
WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ROLL	Wild Mushroom & Rice	Ginger Carrot	Minestrone	Italian Wedding Soup	Red Pepper Bisque	Split Pea & Ham	Cream of Tomato
ENTRÉE 1	Chicken Cordon Bleu	Baked Haddock	California Burger	Apple Cider Glazed Chicken Thigh	BBQ Ribs	Sweet & Sour Chicken	Turkey Meatloaf
ENTRÉE 2	Beef Stroganoff w/ Egg Noodles	Baked Ziti	Cranberry Turkey Burger	Salmon w/ Ginger Soy Sauce	Mac & Cheese	Shrimp Gumbo	Pork Tenderloin
STARCH	Baked Potato	Jasmine Rice	Boardwalk Fries	Risotto	Roasted Potatoes	Basmati White Rice	Mashed Sweet Potato
VEGGIE	Peas & Carrots	Broccoli	Carrots	Roasted Butternut Squash	Collard Greens	Garlic Green Beans	Spaghetti Squash
DESSERT	Scones & Dessert Cart	Chocolate Pie	Dutch Apple Pie	Ice Cream Novelties	Fruit of the Forest Pie	Chocolate Flourless Torte	Assorted Pudding

## LONGVIEW RECREATION SCHEDULE

**January 25<sup>th</sup> – January 31<sup>st</sup>, 2026**



All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4<sup>th</sup> Floor and at each nurse's station in the Garden.

**Sunday – January 25<sup>th</sup>** All programming on Sunday is weather permitting due to the winter storm warning in effect for our region. All updates will be posted on the Smart Screens Sunday morning.

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3<sup>rd</sup> Floor  
 2:30 WORSHIP SERVICE with the Rev. Pam Carey, Jacksonville United Methodist Church – Auditorium, 3<sup>rd</sup> Flr  
 3:15 TRIP TO IC: MARTIN LUTHER KING JR. CONCERT – Sign up in Craft Room, Meet in Front Entrance

**Monday – January 26<sup>th</sup>**

9:00 OPEN FITNESS with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
 9:00 MONDAY MORNING MOVEMENT with Vera – Front Lobby, Garden Level  
 9:00 TRIVIA with Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor  
 9:30 COFFEE & CONVERSATION with Kelly & Sue – Craft Room, 3<sup>rd</sup> Floor  
 10:00 SMART SCREEN GAMES with Lorraine – West Wing, Garden Level  
 10:00 EXERCISE with Kelly – Auditorium, 3<sup>rd</sup> Floor  
 10:30 LONGVIEW STORE open until 11:30 a.m. – 3<sup>rd</sup> Floor  
 10:45 TRIVIA with Maria – East Wing, Garden Level  
 10:45 CROSSWORDS with Vera – Fireplace Lounge, 4<sup>th</sup> Floor  
 12:45 CRAFTS with Kelly & Sue – Craft Room, 3<sup>rd</sup> Floor  
 1:00 BINGO with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor  
 1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level  
 2:00 YOGA with Kathy – IC Classroom, 2<sup>nd</sup> Floor  
 3:00 CRAFT IN AMERICA Video Series: “Messages” - Auditorium, 3<sup>rd</sup> Floor  
 3:00 DEATH CAFÉ: Gather to Eat Cake, Drink Tea & Discuss Death – Craft Room, 3<sup>rd</sup> Floor  
 3:15 BINGO with Lorraine & Kelly – East Wing, Garden Level  
 \*\*\*\* NO ART CLUB TODAY  
 6:30 SOCIAL CLUB with Elaine, All are welcome! – Auditorium, 3<sup>rd</sup> Floor



**Tuesday – January 27<sup>th</sup>**

9:00 OPEN FITNESS with Emma – Exercise Room, 2<sup>nd</sup> Floor  
 9:00 MORNING MOVEMENT with Lorraine – Front Lobby, Garden Level  
 9:00 NAILS with Vera – Fireplace Lounge, 4<sup>th</sup> Floor  
 9:30 COFFEE & CONVERSATION with Kelly & Sue – Craft Room, 3<sup>rd</sup> Floor  
 9:45 SCRABBLE with Lorraine – East Wing, Garden Level  
 10:00 EXERCISE with Whitney – Auditorium, 3<sup>rd</sup> Floor  
 10:30 LONGVIEW STORE open until 11:30 a.m. – 3<sup>rd</sup> Floor  
 10:30 PODCAST GROUP: “Waterworld” – Craft Room, 3<sup>rd</sup> Floor  
 10:45 BOWLING with Kelly & Sue – Auditorium, 3<sup>rd</sup> Floor  
 10:45 INTRODUCTION TO POETRY with Kevin Murphy, Retired IC Professor – IC Classroom, 2<sup>nd</sup> Floor  
 10:45 SCRABBLE with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor



Continued on the next page...

## Tuesday – January 27<sup>th</sup> Continued

10:45 CRAFTS with Vera – West Wing, Garden Level  
**1:00 NATURE DOCUMENTARY SERIES: “The Wild Stallion Returns” – Auditorium, 3<sup>rd</sup> Floor**  
1:15 SCATTERGORIES with Kelly & Sue – Fireplace Lounge, 4<sup>th</sup> Floor  
1:30 TECH SUPPORT with Joe Zerby – Interview Room, 3<sup>rd</sup> Floor  
1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level  
**2:00 INTERESTING FACTS with Whitney – East Wing, Garden Level**  
2:30 SPORTS HIGHLIGHTS: Videos & Discussion with Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor  
2:30 COMMUNITY CAFÉ, all are welcome! – Dining Room, 3<sup>rd</sup> Floor  
**3:30 BACKYARD BIRD CLUB with Kelly – Craft Room, 3<sup>rd</sup> Floor**  
3:30 WHEEL OF FORTUNE with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor  
3:45 “WHAT’S THE CONNECTION” WORD GAME with Lorraine – East Wing, Garden Level  
6:30 MOVIE NIGHT: Ever After (1998) – Fireplace Lounge, 4<sup>th</sup> Floor

**LONGVIEW SHOPPER SIX** or less items from Wegmans, drop list & money off in Business Office Mailbox

\*Orders need to be in by **TUESDAY** evening and will be delivered **WEDNESDAY** afternoon!

## Wednesday – January 28<sup>th</sup>

9:00 OPEN FITNESS with Vera – Exercise Room, 2<sup>nd</sup> Floor  
9:00 MORNING MOVEMENT with Kelly – Front Lobby, Garden Level  
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor  
10:00 EXERCISE with Vera – Auditorium, 3<sup>rd</sup> Floor  
10:30 BIBLE STUDY: “Epiphanies” with Brooke – Interfaith Chapel, 3<sup>rd</sup> Floor  
10:30 LONGVIEW STORE open until 11:30 a.m. – 3<sup>rd</sup> Floor  
**10:45 CHARADES with Vera – Fireplace Lounge, 4<sup>th</sup> Floor**  
10:45 PRICE IS RIGHT with Kelly – East Wing, Garden Level  
1:15 GAMES with Sue & Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor  
\*\*\*\* NO SPIRITUAL LIFE LECTURE THIS WEEK  
**1:30 STRETCH YOUR SPIRIT: Meditation & Harp – Auditorium, 3<sup>rd</sup> Floor**  
1:30 MUSIC & MOVEMENT with Whitney – Rehab Room, Garden Level  
1:30 NAILS with Kelly & Maria – Craft Room, 3<sup>rd</sup> Floor  
2:15 TRIP TO WEGMANS – Sign up in Craft Room, Meet in Front Entrance  
**3:15 GETTING TO KNOW YOU with Maria – Fireplace Lounge, 4<sup>th</sup> Floor** \*Note Location  
**3:30 BOOK CLUB: “Mansfield Park” by Jane Austen – Rehab Room, Garden Level**  
3:45 WATERCOLOR with Lorraine – West Wing, Garden Level  
3:45 HYMN SING with Brooke – Auditorium, 3<sup>rd</sup> Floor  
7:30 OPEN AA MEETING, All are welcome including AL-ANON members – Interfaith Chapel, 3<sup>rd</sup> Floor



## Thursday – January 29<sup>th</sup>

9:00 OPEN FITNESS with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
**9:00 NAILS with Vera & Kelly – East Wing, Garden Level**  
9:30 COFFEE & CONVERSATION with Lorraine & Sue – Craft Room, 3<sup>rd</sup> Floor  
**10:00 EXERCISE with Emma – Auditorium, 3<sup>rd</sup> Floor**  
10:15 OPEN CLAY STUDIO with Ed – Craft Room, 3<sup>rd</sup> Floor  
10:30 LONGVIEW STORE open until 11:30 a.m. – 3<sup>rd</sup> Floor

Continued on the next page...



## Thursday – January 29<sup>th</sup> Continued

10:45 WHO AM I? with Vera – East Wing, Garden Level  
10:45 BEAN BAG TOSS & Other Games with Lorraine & Sue – Fireplace Lounge, 4<sup>th</sup> Floor  
1:15 BALLOON TOSS with Vera – East Wing, Garden Level  
1:15 PICTONARY with Kelly – Fireplace Lounge, 4<sup>th</sup> Floor  
**1:30 MUSIC with Ben Hogben – Auditorium, 3<sup>rd</sup> Floor**  
2:00 MOVIE MATINEE: Queen of Coal (2025) – East Wing, Garden Level  
2:15 PLANT TALK with John – Craft Room, 3<sup>rd</sup> Floor  
2:30 FAMOUS FACES with Kelly – Fireplace Lounge, 4<sup>th</sup> Floor  
3:30 JEOPARDY with Kelly & Whitney – Fireplace Lounge, 4<sup>th</sup> Floor  
3:45 SHORT STORIES with Lorraine – West Wing, Garden Level



## Friday – January 30<sup>th</sup>

9:00 OPEN FITNESS with Kelly – Exercise Room, 2<sup>nd</sup> Floor  
9:00 OPEN SWIM with Bree – Pool, 2<sup>nd</sup> Floor  
**10:00 EXERCISE with Kelly – Auditorium, 3<sup>rd</sup> Floor**  
10:30 LONGVIEW STORE open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 POETRY with Kelly – East Wing, Garden Level  
**10:45 INTERESTING FACTS with Bree – Fireplace Lounge, 4<sup>th</sup> Floor**  
11:00 WRITING, READING & DISCUSSIONS with Jerry Mirskin - Garden Level, Rehab Room  
1:15 YAHTZEE with Bree – Fireplace Lounge, 4<sup>th</sup> Floor  
1:30 MOVEMENT & MUSIC with Kelly – Rehab Room, Garden Level  
2:00 QUILTING GROUP, All are Welcome! – IC Classroom, 2<sup>nd</sup> Floor  
2:15 ANIMAL TALK with John – Craft Room, 3<sup>rd</sup> Floor  
**3:00 JEOPARDY with Kelly – Auditorium, 3<sup>rd</sup> Floor**  
3:45 GARDEN & ANIMAL TALK with John – Rehab Room, Garden Level



# JEOPARDY!

## Saturday – January 31<sup>st</sup>

10:00 TRIVIA with Maria – Fireplace Lounge, 4<sup>th</sup> Floor  
**11:00 MOVEMENT & MUSIC with Maria – Rehab Room, Garden Level**  
1:00 FAMOUS FACES with Maria – West Wing, Garden Level  
1:45 MOVIE MATINEE: Rooster Cogburn (1975) – East Wing, Garden Level  
**2:15 MOVIE MATINEE: Rooster Cogburn (1975) – Auditorium, 3<sup>rd</sup> Floor**  
2:45 GAMES with Maria – Fireplace Lounge, 4<sup>th</sup> Floor



## BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.