

WEEK 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	21-Dec	22-Dec	23-Dec	24-Dec	25-Dec	26-Dec	27-Dec
	BRUNCH	LUNCH					
SOUP W/ ROLL	Chicken Noodle	Vegetable	Lentil Soup	Cheddar Broccoli	Butternut Squash Soup	NE Clam Chowder	Tomato Basil
ENTRÉE 1	Eggs Benedict	Salisbury Steak w/ Gravy	Grilled Chicken Sandwich w/ Pesto & Arugula	Margarita Pizzetta	Turkey with Gravy	Flank Steak w/ Chimichurri (Herb Sauce)	Creamy Flounder Florentine
ENTRÉE 2	Salmon w/ Shrimp Topping	Basil Pesto Tortellini w/ Sundried Tomato	Tofu Stir Fry	Pulled Pork Sandwich w/ Pickled Red Onion	Beef Tenderloin Spanikopita	Salmon Burger	Golden BBQ Chicken Drumstick
STARCH	Corned Beef Hash	Mashed Potatoes	Quinoa	Boardwalk Fries	Twice Baked Potato	Couscous	Oven Roasted Potatoes
VEGGIE	Broccoli	Seasoned Peas	Roasted Cauliflower	Baby Carrots	Green Bean Casserole Hawaiian Roll	Mediterranean Blend	Roasted Brussel Sprouts
DESSERT	Danishes & Dessert Cart	Tiramisu	Rice Pudding	Lemon Meringue Pie	Chocolate Flourless Torte	Key Lime Bistro	Assorted Cheesecake
DINNER							
WEEK 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ ROLL	Chicken Noodle	Vegetable	Lentil Soup	Cheddar Broccoli	Merry Christmas! No meal for Independent Residents. Bagged meal for Enhanced and Assisted Living Residents.	NE Clam Chowder	Tomato Basil
ENTRÉE 1	Stuffed Sole	Tandoori Chicken Thighs	Cranberry Statler Chicken	Beef Brisket		Seafood Scampi	Baked Ravioli w/ Tomato Sauce
ENTRÉE 2	Chipped Beef on Toast	Pork Tenderloin w/ Honey Mustard Sauce	Grilled Lamb Pops w/ Mint Jelly	Lemon Garlic Swordfish		Caribbean Jerk Chicken	Pepperoni Pizza
STARCH	Ziti with Fresh Tomato Marinara	Roasted Sweet Potatoes	Jasmine Rice	Herb Orzo Pilaf		Rice Pilaf	Garlic Bread Stick
VEGGIE	Mixed Vegetables	Spinach	Roasted Root Vegetables	Grilled Asparagus		Broccoli	Italian Vegetables
DESSERT	Danishes & Dessert Cart	Tiramisu	Rice Pudding	Red Velvet Bistro		Key Lime Bistro	Assorted Cheesecake

LONGVIEW RECREATION SCHEDULE

December 21 – December 27, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4<sup>th</sup> Floor and at each nurse’s station in the Garden.

Sunday – December 21<sup>st</sup> Winter Begins/Winter Solstice

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3<sup>rd</sup> Floor  
2:30 WORSHIP SERVICE with Mr. Chris Blyler, The Salvation Army – Auditorium, 3<sup>rd</sup> Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox  
\*Orders need to be in by SUNDAY evening and will be delivered on MONDAY afternoon!

Monday – December 22<sup>nd</sup>

9:00 OPEN FITNESS with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
9:00 MONDAY MORNING MOVEMENT with Vera – Front Lobby, Garden Level  
9:00 TRIVIA with Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor  
9:30 HOLIDAY GAMES with Kelly & Sue – Craft Room, 3<sup>rd</sup> Floor  
10:00 SMART SCREEN GAMES with Lorraine – West Wing, Garden Level  
10:00 EXERCISE with Kelly & Sue – Auditorium, 3<sup>rd</sup> Floor  
10:30 LONGVIEW STORE open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 SPEECH THERAPY PRESENTATION: “More Than Words” with Douglass Bayer – Auditorium, 3<sup>rd</sup> Floor  
10:45 TRIVIA with Lorraine – East Wing, Garden Level  
10:45 CROSSWORDS with Vera – Fireplace Lounge, 4<sup>th</sup> Floor  
12:45 HOLIDAY CRAFTS with Kelly & Sue – 4<sup>th</sup> Floor, Fireplace Lounge  
1:00 HOLIDAY BAZAAR MEETING, All Bazaar Volunteers Welcomed! – Auditorium, 3<sup>rd</sup> Floor  
\*\*\*\* NO BINGO  
1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level  
2:00 YOGA with Kathy – IC Classroom, 2<sup>nd</sup> Floor  
2:15 TRIP TO GOODWILL – Sign up in Craft Room, Meet in Front Entrance  
3:00 CRAFT IN AMERICA Documentary Video Series: “Landscape” – Auditorium, 3<sup>rd</sup> Floor  
\*\*\*\* NO ART CLUB TODAY  
3:00 DEATH CAFÉ: Gather to Eat Cake, Drink Tea & Discuss Death – Craft Room, 3<sup>rd</sup> Floor  
3:15 BINGO with Lorraine & Kelly – East Wing, Garden Level  
6:30 HOLIDAY CONCERT: Harmony Falls Women’s Barbershop Chorus – Auditorium, 3<sup>rd</sup> Floor

Tuesday – December 23<sup>rd</sup>

9:00 OPEN FITNESS with Emma – Exercise Room, 2<sup>nd</sup> Floor  
9:00 MORNING MOVEMENT with Lorraine – Front Lobby, Garden Level  
9:00 NAILS with Vera – Fireplace Lounge, 4<sup>th</sup> Floor  
9:30 COFFEE & CONVERSATION with Kelly & Sue – Craft Room, 3<sup>rd</sup> Floor  
9:45 SCRABBLE with Lorraine – East Wing, Garden Level  
10:00 EXERCISE with Whitney – Auditorium, 3<sup>rd</sup> Floor  
10:30 LONGVIEW STORE open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:30 PODCAST & DISCUSSION GROUP: “Christmas Edition” with Emma – Craft Room, 3<sup>rd</sup> Floor  
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December 15 – December 21:  
Jelly Donuts & Latkes available with sour cream or applesauce for Hanukkah

**Tuesday – December 23<sup>rd</sup> Continued**

10:45 **BOWLING** with Kelly & Sue – Auditorium, 3<sup>rd</sup> Floor  
10:45 **SCRABBLE** with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor  
10:45 **CRAFTS** with Vera – West Wing, Garden Level  
1:00 **NATURE DOCUMENTARY SERIES: “Horse and Rider”** – Auditorium, 3<sup>rd</sup> Floor  
1:30 **TECH SUPPORT** with Joe Zerby – Interview Room, 3<sup>rd</sup> Floor  
1:30 **MUSIC THERAPY with Amanda – Garden Level, West Wing**  
2:30 **EUPHONIUM PERFORMANCE by Niko, 6<sup>th</sup> Grade Band Student – Garden Level, West Wing**  
2:30 **COMMUNITY CAFÉ**, all are welcome! – Dining Room, 3<sup>rd</sup> Floor  
3:45 **HOLIDAY GATHERING For Residents in Assisted Living with Recreation – Fireplace Lounge, 4<sup>th</sup> Floor**  
\*\*\*\* **NO BACKYARD BIRD CLUB**  
6:30 **MOVIE NIGHT:** National Lampoon’s Christmas Vacation (1989) - Fireplace Lounge, 4<sup>th</sup> Floor

**Wednesday – December 24<sup>th</sup>**

9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **MORNING MOVEMENT** with Lorraine – Front Lobby, Garden Level  
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor  
10:00 **EXERCISE** with Lorraine – Auditorium, 3<sup>rd</sup> Floor  
10:30 **BIBLE STUDY: “Incarnation”** with Brooke – Interfaith Chapel, 3<sup>rd</sup> Floor  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor **\*Now Open Wednesdays!**  
10:45 **DISCUSSION & TRIVIA: The Colors of Christmas with Whitney – Fireplace Lounge, 4th Floor**  
10:45 **PRICE IS RIGHT** with Kelly – East Wing, Garden Level  
1:15 **SERVICE OF LESSONS & CAROLS with Brooke – Auditorium, 3<sup>rd</sup> Floor**  
1:15 **GAMES** with Lorraine – Fireplace Lounge, 4th Floor  
1:15 **NAILS** with Kelly – Craft Room, 3rd Floor  
1:30 **MUSIC & MOVEMENT** with Whitney – Rehab Room, Garden Level  
\*\*\*\* **THE LONGVIEW SHOPPING TRIP & LONGVIEW SHOPPER HAVE MOVED TO MONDAY THIS WEEK**  
3:30 **PRICE IS RIGHT** with Kelly – Fireplace Lounge, 4th Floor  
3:45 **CHRISTMAS COLORING** with Lorraine – West Wing, Garden Level  
3:45 **CAROL SING with Joe Haines & Friends** – Auditorium, 3<sup>rd</sup> Floor  
7:30 **OPEN AA MEETING**, all are welcome including AL-ANON members – Interfaith Chapel, 3<sup>rd</sup> Floor

**Thursday – December 25<sup>th</sup> Merry Christmas!**

**All Administrative Offices Closed for the Holiday**



**Friday – December 26<sup>th</sup> Kwanzaa Begins**

9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2<sup>nd</sup> Floor  
\*\*\*\* **NO OPEN SWIM TODAY**  
10:00 **EXERCISE with Kelly – Auditorium, 3<sup>rd</sup> Floor**  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **POETRY** with Kelly – East Wing, Garden Level  
11:00 **GUESS THAT SONG with Emma – Fireplace Lounge, 4<sup>th</sup> Floor** **\*Note Time**  
\*\*\*\* **NO WRITING, READING & DISCUSSIONS**  
1:15 **YAHTZEE** with Emma – Fireplace Lounge, 4<sup>th</sup> Floor  
1:30 **MOVEMENT & MUSIC** with Kelly – Rehab Room, Garden Level  
\*\*\*\* **NO QUILTING GROUP**  
2:15 **ANIMAL TALK with John – Auditorium, 3rd Floor** **\*Note Location**  
3:45 **GARDEN & ANIMAL TALK** with John – Rehab Room, Garden Level



**Saturday – December 27<sup>th</sup>**

10:00 **SCATTERGORIES** with John – Fireplace Lounge, 4<sup>th</sup> Floor  
11:00 **MOVEMENT & MUSIC with John – Rehab Room, Garden Level**  
1:00 **PICTIONARY & MORE** with John – West Wing, Garden Level  
1:45 **MOVIE MATINEE:** Home Alone (1990) – East Wing, Garden Level  
2:15 **TRIVIA** with John – Fireplace Lounge, 4<sup>th</sup> Floor



**BEAUTY SALON**

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.