

WEEK 3	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	14-Dec	15-Dec	16-Dec	17-Dec	18-Dec	19-Dec	20-Dec
	BRUNCH	LUNCH					
SOUP W/ROLL	Wild Mushroom and Rice	Ginger Carrot	Minestrone	Apple Sweet Potato	Red Pepper Bisque	Split Pea & Ham	Cream of Tomato
ENTRÉE 1	Tomato & Spinach Frittata	Black Bean Burger	Shrimp Po Boy (sub)	Pork & Vegetable Stir Fry	Smoked Gouda Mac & Cheese	Cod Floretine	Chicken Quesadilla
ENTRÉE 2	Roasted Turkey w/ Gravy	Philly Cheesesteak	Waldorf Chicken Salad Plate	Avocado Tomato Grilled Cheese Sandwich	Reuben Sandwich	Bratwurst w/ Sauerkraut	Beef & Broccoli Stir Fry
STARCH	Hash Brown	Sweet Potato Fries	Curly Fries	Quinoa	Steak Fries	Garlic Mashed Potatoes	Cilantro Rice
VEGGIE	Acorn Squash	Grilled Peppers, Onions & Mushrooms	Green Beans	Roasted Vegetables	Broccoli	Roasted Brussel Sprouts	Seasoned Peas
DESSERT	Scones, Dessert Cart	Chocolate Pie	Apple Crisp	Half Moon Cookies	Cherry Pie	Chocolate Flourless Torte	Assorted Pudding
DINNER							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ROLL	Wild Mushroom and Rice	Ginger Carrot	Minestrone	Apple Sweet Potato	Red Pepper Bisque	Split Pea & Ham	Cream of Tomato
ENTRÉE 1	Stuffed Pepper	Pork Tenderloin w/ Apple Compote	Meatloaf	Mahi Mahi w/ Mango Salsa	BBQ Ribs	Fried Catfish	Linguini w/ Clam Sauce
ENTRÉE 2	Chicken Francaise	Baked Haddock	Eggplant Lasagna	Seasoned Chicken	Veggie Burger	Turkey Tagine	Sausage Parmesan
STARCH	Thin Spaghetti	Risotto	Mashed Potatoes	Rice	Mashed Sweet Potatoes	Couscous	Bruschetta
VEGGIE	Peas	Rainbow Carrots	Roasted Root Vegetables	Plantain	Street Corn	Mixed Veggies	Asparagus
DESSERT	Scones, Dessert Cart	Chocolate Pie	Apple Crisp	Half Moon Cookies	Cherry Pie	Chocolate Flourless Torte	Assorted Pudding

December 15 – December 21:
Jelly Donuts & Latkes available with sour cream or applesauce for Hanukkah



LONGVIEW RECREATION SCHEDULE

December 14 – December 20, 2025



All **Longview Assisted Living Residents** are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

Sunday – December 14th Hanukkah Begins at Sundown

10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
2:30 **WORSHIP SERVICE** with Pastor Sean Muldowney, Hillside Alliance Church – Auditorium, 3rd Floor
3:30 **CHRISTMAS CAROLS with the Hall Family** – Auditorium, 3rd Floor

Monday – December 15th

9:00 **OPEN FITNESS** with Bree – Exercise Room, 2nd Floor
9:00 **MONDAY MORNING MOVEMENT** with Vera – Front Lobby, Garden Level
9:00 **HANUKKAH TRIVIA with Whitney** – Fireplace Lounge, 4th Floor
9:30 **THE GAME OF THINGS** with Kelly & Sue – Craft Room, 3rd Floor
10:00 **SMART SCREEN GAMES** with Whitney – West Wing, Garden Level
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **TRIVIA** with Whitney – East Wing, Garden Level
10:45 **CROSSWORDS** with Vera – Fireplace Lounge, 4th Floor
10:45 **GIFT WRAPPING, Recreation Staff Available to Help Wrap Gifts** – Craft Room, 3rd Floor
12:45 **CRAFTS** with Kelly & Sue – Craft Room, 3rd Floor
**** **NO BINGO Today in Fireplace Lounge**
1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level
2:00 **YOGA** with Kathy – IC Classroom, 2nd Floor
3:00 **CRAFT IN AMERICA Documentary Video Series: “Memory”** – Auditorium, 3rd Floor
3:15 **BINGO** with Whitney & Kelly – East Wing, Garden Level
**** **NO ART CLUB TODAY**
6:00 **HANUKKAH CELEBRATION with Tikkun v’Or** – Front Lobby, 3rd Floor
7:30 **IC HANDBELL CHOIR PERFORMANCE** – Auditorium, 3rd Floor



Tuesday – December 16th

9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
9:00 **MORNING MOVEMENT** with Emma – Front Lobby, Garden Level
9:00 **NAILS** with Vera – Fireplace Lounge, 4th Floor
9:30 **COFFEE & CONVERSATION** with Kelly & Sue – Craft Room, 3rd Floor
**** **NO EXERCISE TODAY**
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
**** **PODCAST & DISCUSSION GROUP MOVED TO THURSDAY THIS WEEK!**
10:30 **IC OT STUDENT SOCIAL & SMOOTHIE BOWLS, all are welcome** – Auditorium, 3rd Floor
**** **NO BOWLING OR SCRABBLE TODAY. COME TO THE IC OT STUDENT SOCIAL!**
10:45 **CRAFTS** with Vera – West Wing, Garden Level
1:00 **GROWING UP ANIMAL DOCUMENTARY SERIES: “A Baby Lion’s Story”** – Auditorium, 3rd Floor
1:15 **SCATTERGORIES** with Kelly, Sue & Soni – Fireplace Lounge, 4th Floor
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Tuesday – December 16th Continued

- 1:30 **TECH SUPPORT** with Joe Zerby – Interview Room, 3rd Floor ***Note Location**
- 1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level
- 2:30 **ALZHEIMER'S ASSOCIATION: Managing Money, A Caregiver's Guide to Finance – Auditorium, 3rd Floor**
- 2:30 **COMMUNITY CAFÉ**, all are welcome! – Dining Room, 3rd Floor
- 3:30 **WHEEL OF FORTUNE** with Whitney – Fireplace Lounge, 4th Floor
- 3:30 **BACKYARD BIRD CLUB** with Kelly – Craft Room, 3rd Floor
- 4:00 **TRIVIA** with Bree – West Wing, Garden Level ***Note Time**
- 6:30 **MOVIE NIGHT**: Dolly Parton's Christmas on the Square - Fireplace Lounge, 4th Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – December 17th

- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2nd Floor
- 9:00 **MORNING MOVEMENT** with Kelly – Front Lobby, Garden Level
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:30 **BIBLE STUDY: "Incarnation" with Brooke – Interfaith Chapel, 3rd Floor**
- 10:45 **CHARADES** with Vera – Fireplace Lounge, 4th Floor
- 10:45 **PRICE IS RIGHT** with Kelly – East Wing, Garden Level
- 1:15 **SPIRITUAL LIFE LECTURE**: Great Courses, "Christian Controversies" – Auditorium, 3rd Floor
- 1:15 **GAMES** with Sue & Lorraine – Fireplace Lounge, 4th Floor
- 1:15 **NAILS** with Kelly – Craft Room, 3rd Floor
- 1:30 **MUSIC & MOVEMENT** with Whitney – Rehab Room, Garden Level
- 2:15 **TRIP TO WALMART – Sign up in Craft Room, Meet in Front Entrance**
- 3:30 **PRICE IS RIGHT** with Kelly – Fireplace Lounge, 4th Floor
- 3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level
- 3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
- 6:00 **HOLIDAY LIGHTS COUNTRY RIDE, Sign up in Craft Room, Meet in Entrance**
- 7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – December 18th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera & Kelly – East Wing, Garden Level
- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
- 10:15 **OPEN CLAY STUDIO** with Ed – Craft Room, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **PODCAST & DISCUSSION GROUP: "Signed, Sealed, Delivered" – Auditorium, 3rd Floor** ***Note Location**
- 10:45 **WHO AM I?** with Vera – East Wing, Garden Level
- 10:45 **BEAN BAG TOSS & Other Games** with Lorraine & Sue – Fireplace Lounge, 4th Floor
- 1:15 **BALLOON TOSS** with Vera – East Wing, Garden Level
- 1:15 **WATERCOLORING** with Kelly – Fireplace Lounge, 4th Floor
- 1:30 **MUSIC** with Ben Hogben – Auditorium, 3rd Floor

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Thursday – December 18th Continued

- 2:00 **MOVIE MATINEE**: A Christmas Carol (1938) – East Wing, Garden Level
- 2:00 **CAREGIVER SUPPORT GROUP – Interfaith Chapel, 3rd Floor**
- 2:00 – 2:30 **CATHOLIC CONFESSION** with Father Dan – Interview Room, 3rd Floor
- 2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
- 2:30 **FAMOUS FACES** with Kelly – Fireplace Lounge, 4th Floor
- 3:00 **CATHOLIC MASS** with Father Dan – Interfaith Chapel, 3rd Floor
- 3:30 **CHANUKAH CELEBRATION with Rabbi Eli – Auditorium, 3rd Floor**
- 3:30 **JEOPARDY** with Kelly & Whitney – Fireplace Lounge, 4th Floor
- 3:45 **SHORT STORIES** with Lorraine – West Wing, Garden Level

Friday – December 19th

- 9:00 **OPEN FITNESS** with Bree – Exercise Room, 2nd Floor
- 9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
- 10:00 **EXERCISE with Whitney – Auditorium, 3rd Floor**
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **POETRY** with Bree – East Wing, Garden Level
- 10:45 **GUESS THAT SONG with Whitney – Fireplace Lounge, 4th Floor**
- 11:00 **WRITING, READING & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
- 1:15 **YAHTZEE** with Bree – Fireplace Lounge, 4th Floor
- 1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level
- 2:00 **QUILTING GROUP**, All are Welcome! – IC Classroom, 2nd Floor
- 2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
- 3:00 **DECEMBER BIRTHDAY PARTY with Music by Bob Lyna – Auditorium, 3rd Floor**
- 3:45 **GARDEN & ANIMAL TALK** with John – Rehab Room, Garden Level

Saturday – December 20th

- 10:00 **CORNELL COMPANIONS PET THERAPY VISITS – East Wing, Garden Level**
- 11:00 **TRIVIA** with Lorraine - Fireplace Lounge, 4th Floor
- 1:00 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level
- 1:45 **MOVIE MATINEE**: Miracle on 134th Street (1947) – East Wing, Garden Level
- 2:15 **HOLIDAY JAZZ PERFORMANCE with Vivek Matthew & Marissa Koeller – Auditorium, 3rd Floor**

BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

