

WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9-Nov	10-Nov	11-Nov	12-Nov	13-Nov	14-Nov	15-Nov
	BRUNCH	LUNCH					
SOUP W/ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Butternut Squash Soup	New England Clam Chowder	Tomato Basil
ENTRÉE 1	Waffles	Spanakopita (spinach and ricotta)	Lemon Dill Haddock	Vegetarian Chili w/ Cornbread	Peach BBQ Chicken Thighs	Fish Sandwich w/ Coleslaw	Sesame Chicken Salad
ENTRÉE 2	Honey Baked Ham	Lamb Curry	Autumn Chicken Salad	Tuna Steak w/ Avocado Crema	Pizza Stuffed Portobello Mushrooms	Mushroom Swiss Burger	Shrimp Lo Mein
STARCH	Scallop Potatoes	Jasmine Rice	Fingerling Potatoes	Baked Potato	Yukon Gold Mashed Potatoes	Boardwalk Fries	Fried Rice / Eggroll
VEGGIE	Glazed Baby Carrots	Vegetable Medley	Asparagus	Seasoned Peas	Broccoli	Green Beans	Sauteed Bok Choy
DESSERT	Danishes & Dessert Cart	Tiramisu	Pumpkin Pie	Lemon Meringue Pie	Cannoli	Key Lime Bistro	Assorted Cheesecake
DINNER							
WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Butternut Squash Soup	New England Clam Chowder	Tomato Basil
ENTRÉE 1	Veg Lasagana	Turkey Pot Pie over Biscuit	Pork Chop w/ Pineapple Chutney	Shrimp & Grits w/ Sausage	Broccoli Cheddar Quiche	Lemon Butter Shrimp	Honey Mustard Pork Loin
ENTRÉE 2	Italian Sausage	Penne w/ Blush Sauce	Chicken Cacciatore	Butternut Squash Ravioli w/ Cream Sauce	Spaghetti & Meatballs	Chicken Cutlet w/ Sundried Tomato & Dijon Cream Sauce	Veal Parmesan
STARCH	Potato Wedges	Creamy Orzo	Herb Rice	Quinoa	Garlic Breadstick	Couscous	Egg Noodles
VEGGIE	Peppers & Onions	Broccoli & Cauliflower	Roasted Hubbard Squash	Zucchini & Bell Peppers	Mixed Vegetables	Fried Okra	Beets
DESSERT	Danishes & Dessert Cart	Tiramisu	Pumpkin Pie	Lemon Meringue Pie	Cannoli	Key Lime Bistro	Assorted Cheesecake

# LONGVIEW RECREATION SCHEDULE

## November 9 – November 15, 2025

All **Longview Assisted Living Residents** are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4<sup>th</sup> Floor and at each nurse’s station in the Garden.

### Sunday – November 9<sup>th</sup>

10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3<sup>rd</sup> Floor  
2:30 **WORSHIP SERVICE** with Ms. Jamie Breedlove, St. Paul’s UM Church – Auditorium, 3<sup>rd</sup> Floor

### Monday – November 10<sup>th</sup>

9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **MONDAY MORNING MOVEMENT** with Vera – Front Lobby, Garden Level  
**9:00 TRIVIA with Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor**  
9:30 **THE GAME OF THINGS** with Kelly & Sue – Craft Room, 3<sup>rd</sup> Floor  
10:00 **SMART SCREEN GAMES** with Lorraine – West Wing, Garden Level  
10:00 **EXERCISE** with Kelly & Sue – Auditorium, 3<sup>rd</sup> Floor  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **TRIVIA** with Lorraine – East Wing, Garden Level  
**10:45 VETERANS DAY CONVERSATIONS with Veteran, Dan Weed – Auditorium, 3rd Floor**  
**10:45 MEET & GREET with Zack Griswold, AL Administrator – Fireplace Lounge, 4<sup>th</sup> Floor**  
12:45 **CRAFTS** with Kelly & Sue – Craft Room, 3<sup>rd</sup> Floor  
1:15 **BINGO** with Whitney - Fireplace Lounge, 4<sup>th</sup> Floor  
1:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level  
2:00 **YOGA** with Kathy – IC Classroom, 2<sup>nd</sup> Floor  
2:15 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor  
3:00 **NATIVE AMERICA Video Series: “Language is Life”**– Auditorium, 3<sup>rd</sup> Floor  
3:15 **BINGO** with Whitney & Kelly – East Wing, Garden Level  
**3:15 ART CLUB: Mystery Project with Lorraine – Craft Room, 3<sup>rd</sup> Floor**

### Tuesday – November 11<sup>th</sup> Veterans Day

9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **MORNING MOVEMENT** with Lorraine – Front Lobby, Garden Level  
9:00 **NAILS** with Vera & Martina – Fireplace Lounge, 4<sup>th</sup> Floor  
9:30 **COFFEE & CONVERSATION** with Kelly & Sue – Craft Room, 3<sup>rd</sup> Floor  
9:45 **SCRABBLE** with Lorraine – East Wing, Garden Level  
10:00 **EXERCISE** with Kelly & Sue – Auditorium, 3<sup>rd</sup> Floor  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
**10:30 PODCAST & DISCUSSION GROUP with Emma – Craft Room, 3<sup>rd</sup> Floor**  
10:45 **BOWLING** with Kelly & Sue – Auditorium, 3<sup>rd</sup> Floor  
10:45 **CRAFTS** with Vera & Martina – West Wing, Garden Level  
10:45 **SCRABBLE** with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor  
**1:00 GROWING UP ANIMAL DOCUMENTARY SERIES: “A Baby Grizzly’s Story” – Auditorium, 3<sup>rd</sup> Floor**  
1:15 **SCATTERGORIES** with Kelly, Sue & Soni – Fireplace Lounge, 4<sup>th</sup> Floor  
**1:30 MUSIC THERAPY with Amanda – East Wing, Garden Level**

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**Tuesday – November 11<sup>th</sup> Continued**

- 1:30 **TECH SUPPORT** with Joe Zerby – Craft Room, 3<sup>rd</sup> Floor  
1:30 **RUMMIKUB** with Ethan & Maria – Nature Relaxation Lounge, 4<sup>th</sup> Floor  
2:30 **COMMUNITY CAFÉ, MEET & GREET** with Zack Griswold, AL Administrator – Dining Room, 3<sup>rd</sup> Floor  
2:45 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level **\*Note Time**  
3:30 **WHEEL OF FORTUNE** with Whitney & Ethan – Fireplace Lounge, 4<sup>th</sup> Floor  
3:30 **BACKYARD BIRD CLUB** with Kelly – Craft Room, 3<sup>rd</sup> Floor  
3:45 **TRIVIA** with Lorraine – West Wing, Garden Level  
6:30 **MOVIE NIGHT:** Pride & Prejudice (2005) – Fireplace Lounge, 4<sup>th</sup> Floor

**LONGVIEW SHOPPER SIX** or less items from Wegmans, drop list & money off in Business Office Mailbox

\*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

**Wednesday – November 12<sup>th</sup>**

- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2<sup>nd</sup> Floor  
9:30 **BRAIN BUILDERS & BAKING** with IC Students – East Wing, Garden Level  
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor  
10:00 **EXERCISE** with Vera – Auditorium, 3<sup>rd</sup> Floor  
10:30 **BIBLE STUDY: “Hallelujah Anyway”** with Brooke – Interfaith Chapel, 3<sup>rd</sup> Floor  
10:45 **CHARADES** with Vera – Fireplace Lounge, 4th Floor  
1:15 **SPIRITUAL LIFE Lecture: Great Courses, “Christian Controversies”** – Auditorium, 3<sup>rd</sup> Floor  
1:15 **GAMES** with Sue & Lorraine – Fireplace Lounge, 4th Floor  
1:15 **NAILS** with Kelly – Craft Room, 3rd Floor  
1:15 **MUSIC & MOVEMENT** with Whitney – Rehab Room, Garden Level  
2:15 **TRIP TO DOLLAR TREE – Sign up in Craft Room, Meet in Front Entrance**  
2:45 **COLORING** with Kelly – West Wing, Garden Level  
3:30 **PRICE IS RIGHT** with Kelly – 4th Floor, Fireplace Lounge  
3:30 **MEET & GREET** with Zack Griswold, AL Administrator – Front Lobby, Garden Level  
3:45 **HYMN SING** with Brooke – Auditorium, 3<sup>rd</sup> Floor  
4:00 **WHITE ELEPHANT DONATIONS & VOLUNTEER MEETING** – Craft Room, 3<sup>rd</sup> Floor  
6:15 **“JUST US”, Musical Performance with Nora Starr & Friends** – Auditorium, 3<sup>rd</sup> Floor  
7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3<sup>rd</sup> Floor

**Thursday – November 13<sup>th</sup>**

- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **NAILS** with Vera – East Wing, Garden Level  
9:15 **BOARD GAMES** with Martina – Fireplace Lounge, 4<sup>th</sup> Floor  
9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3<sup>rd</sup> Floor  
10:00 **EXERCISE** with Lorraine & Sue – Auditorium, 3<sup>rd</sup> Floor  
10:15 **OPEN CLAY STUDIO** with Ed – Craft Room, 3<sup>rd</sup> Floor  
\*\*\*\* **TROLLEY RIDES HAVE ENDED FOR THE SEASON. WE’LL BE BACK IN THE SPRING!**  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **BEAN BAG TOSS & Other Games** with Lorraine & Sue – Fireplace Lounge, 4<sup>th</sup> Floor  
10:45 **WHO AM I?** with Vera – East Wing, Garden Level  
1:15 **BALLOON TOSS** with Vera & Maria – East Wing, Garden Level

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**Thursday – November 13<sup>th</sup> Continued**

- 1:30 **MUSIC** with Ben Hogben – Auditorium, 3<sup>rd</sup> Floor  
2:00 **MOVIE MATINEE:** Inside Man (2006) – East Wing, Garden Level  
2:15 **PLANT TALK** with John – Craft Room, 3<sup>rd</sup> Floor  
2:30 **FAMOUS FACES** with Maria – Fireplace Lounge, 4<sup>th</sup> Floor  
3:30 **JEOPARDY** with Kelly & Whitney – Fireplace Lounge, 4<sup>th</sup> Floor  
3:45 **SHORT STORIES** with Lorraine – West Wing, Garden Level  
6:30 **IC SPEAKER: Public VS Private Forums, are you in one?** with Ann-Marie Adams – Auditorium, 3<sup>rd</sup> Floor

**Friday – November 14<sup>th</sup>**

- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **OPEN SWIM** with Whitney – Pool, 2<sup>nd</sup> Floor  
10:00 **EXERCISE** with Kelly – Auditorium, 3<sup>rd</sup> Floor  
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 **POETRY** with Kelly – East Wing, Garden Level  
10:45 **GUESS THAT SONG** with Whitney – 4<sup>th</sup> Floor, Fireplace Lounge  
11:00 **WRITING, READING & DISCUSSIONS** with Jerry – Garden Level, Rehab Room  
1:15 **YAHTZEE** with Kelly – 4<sup>th</sup> Floor, Fireplace Lounge  
1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level  
\*\*\*\* **NO QUILTING GROUP THIS WEEK**  
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor  
3:00 **NOVEMBER BIRTHDAY PARTY** with Wayne Gottlieb and Harry Aceto – Auditorium, 3<sup>rd</sup> Floor  
3:30 **SHABBAT** with IC Hillel – Interfaith Chapel, 3<sup>rd</sup> Floor  
3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room



**Saturday – November 15<sup>th</sup>**

- 10:00 **CORNELL COMPANIONS Pet Therapy Visits** – Garden Level, East Wing  
11:00 **TRIVIA** with Maria – Fireplace Lounge, 4<sup>th</sup> Floor  
1:00 **MOVEMENT & MUSIC** with Maria & Martina – Rehab Room, Garden Level  
1:45 **MOVIE MATINEE: Monty Python and the Holy Grail (1975)** – East Wing, Garden Level  
2:15 **MOVIE MATINEE Monty Python and the Holy Grail (1975)** – Auditorium, 3<sup>rd</sup> Floor  
2:45 **PICTIONARY** with Martina – Fireplace Lounge, 4<sup>th</sup> Floor

**BEAUTY SALON**

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.