

WEEK 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	30-Nov	1-Dec	2-Dec	3-Dec	4-Dec	5-Dec	6-Dec
	BRUNCH	LUNCH					
SOUP W/ ROLL	Wild Mushroom and Rice	Ginger Carrot	Minestrone	Apple Sweet Potato	Red Pepper Bisque	Split Pea and Ham	Cream of Tomato
ENTRÉE 1	French Toast Bake	Taco Bowl	Grilled Portobello	Grilled Ham and Brie Sandwich	Teriyaki Pineapple Chicken Leg	Crab Cake	Pot Roast
ENTRÉE 2	Beef Tenderloin	Creamy Tuscan Chicken Thighs	Seafood Salad on a Croissant	Chicken Ceasar Salad	Beef Chili w/ Corn Bread	Mediterranean Flat Bread Pizza	Chicken Marsala
STARCH	Mashed Potatoes	Linguini w/ Garlic	Oven Roasted Potatoes	Sweet Potato Fries	Rice	Herb Couscous	Redskin Mashed Potatoes
VEGGIE	Green Beans	Peppers & Onions	Grilled Asparagus	Grilled Zucchini	Steamed Corn	Steamed Broccoli	Spinach
DESSERT	Scones, Dessert Cart	Chocolate Pie	Dutch Apple Pie	Half Moon Cookies	Pecan Pie	Chocolate Flourless Torte	Assorted Pudding
DINNER							
SOUP W/ ROLL	Wild Mushroom and Rice	Ginger Carrot	Minestrone	Apple Sweet Potato	Red Pepper Bisque	Split Pea and Ham	Cream of Tomato
ENTRÉE 1	Chicken Cordon Bleu	Baked Haddock	California Burger	Apple Cider Glazed Chicken Thigh	BBQ Ribs	Sweet & Sour Chicken	Turkey Meatloaf
ENTRÉE 2	Beef Stroganoff	Baked Ziti	Cranberry Turkey Burger	Salmon w/ Ginger Soy Sauce	Mac & Cheese	Shrimp Gumbo	Pork Tenderloin
STARCH	Baked Potato	Jasmine Rice	Boardwalk Fries	Risotto	Garlic Bread	Basmati White Rice	Mashed Sweet Potatoes
VEGGIE	Peas & Carrots	Broccoli	Carrots	Roasted Butternut Squash	Collard Greens	Garlic Green Beans	Spaghetti Squash
DESSERT	Scones, Dessert Cart	Chocolate Pie	Dutch Apple Pie	Half Moon Cookies	Pecan Pie	Chocolate Flourless Torte	Assorted Pudding



## LONGVIEW RECREATION SCHEDULE

November 30 – December 6, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4<sup>th</sup> Floor and at each nurse's station in the Garden.

### Sunday – November 30<sup>th</sup>

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3<sup>rd</sup> Floor

2:30 WORSHIP SERVICE with Major Sunshine, The Salvation Army – Auditorium, 3<sup>rd</sup> Floor



### Monday – December 1<sup>st</sup>

9:00 OPEN FITNESS with Bree – Exercise Room, 2<sup>nd</sup> Floor

9:00 MONDAY MORNING MOVEMENT with Lorraine – Front Lobby, Garden Level

9:30 THE GAME OF THINGS with Kelly & Sue – Craft Room, 3<sup>rd</sup> Floor

10:00 SMART SCREEN GAMES with Lorraine – West Wing, Garden Level

10:00 EXERCISE with Bree – Auditorium, 3<sup>rd</sup> Floor

10:30 LONGVIEW STORE open until 11:30 a.m. – 3<sup>rd</sup> Floor

10:45 TRIVIA with Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor

10:45 SPEECH THERAPY PRESENTATION: “More Than Words” with Douglass Bayer – Auditorium, 3<sup>rd</sup> Floor

12:45 CRAFTS with Kelly & Sue – Craft Room, 3<sup>rd</sup> Floor

1:00 CAROLING with Finger Lakes Homeschool Group – Auditorium, 3<sup>rd</sup> Floor

\*\*\*\* NO BINGO Today in Fireplace Lounge

1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level

2:00 CORNELL COMPANIONS PET THERAPY VISITS – East Wing, Garden Level

2:00 YOGA with Kathy – IC Classroom, 2<sup>nd</sup> Floor

2:30 IC COURSE ADVISING: Are you interested in taking a class at IC? – Craft Room, 3<sup>rd</sup> Floor

3:00 NATIVE AMERICA Video Series: New Worlds – Auditorium, 3<sup>rd</sup> Floor

3:15 BINGO with Lorraine & Kelly – East Wing, Garden Level

\*\*\*\* NO ART CLUB TODAY



### Tuesday – December 2<sup>nd</sup>

9:00 OPEN FITNESS with Emma – Exercise Room, 2<sup>nd</sup> Floor

9:00 MORNING MOVEMENT with Lorraine – Front Lobby, Garden Level

9:00 NAILS with Martina – Fireplace Lounge, 4<sup>th</sup> Floor

9:30 COFFEE & CONVERSATION with Kelly & Sue – Craft Room, 3<sup>rd</sup> Floor

9:45 SCRABBLE with Lorraine – East Wing, Garden Level

10:00 EXERCISE with Whitney – Auditorium, 3<sup>rd</sup> Floor

10:30 LONGVIEW STORE open until 11:30 a.m. – 3<sup>rd</sup> Floor

10:30 PODCAST & DISCUSSION GROUP: “The Titanic’s First & Last Voyage” with Emma – Craft Room, 3<sup>rd</sup> Flr

10:45 BOWLING with Kelly & Sue – Auditorium, 3<sup>rd</sup> Floor

10:45 CRAFTS with Martina – West Wing, Garden Level

10:45 SCRABBLE with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor

1:15 SCATTERGORIES with Kelly, Sue & Soni – Fireplace Lounge, 4<sup>th</sup> Floor

1:30 IC SPIRITUAL RESEARCH STUDY with Mayzie Rosenthal, all are welcome! – Auditorium, 3<sup>rd</sup> Floor

1:30 TECH SUPPORT with Joe Zerby – Interview Room, 3<sup>rd</sup> Floor **\*Note Location**

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**Tuesday – December 2<sup>nd</sup> Continued**

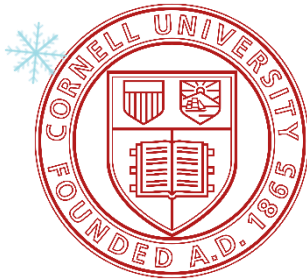
- 1:30 **MY LIFE STORY DISCUSSION, Share About Yourself!** with Ethan & Maria – Craft Room, 3<sup>rd</sup> Floor
- 1:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level
- 2:30 **COFFEE WITH CHERYL** – Dining Room, 3<sup>rd</sup> Floor
- 2:30 **GROWING UP ANIMAL DOCUMENTARY SERIES: A Baby Wild Dog’s Story** – Auditorium **\*Note Time**
- 3:30 **WHEEL OF FORTUNE** with Whitney & Ethan – Fireplace Lounge, 4<sup>th</sup> Floor
- 3:30 **BACKYARD BIRD CLUB** with Kelly – Craft Room, 3<sup>rd</sup> Floor
- 3:45 **TRIVIA** with Lorraine – West Wing, Garden Level
- 6:30 **MOVIE NIGHT: Elf (2003)** – Fireplace Lounge, 4<sup>th</sup> Floor
- 6:30 **MUSIC WITH THE FORTNIGHT SINGERS** – Auditorium, 3<sup>rd</sup> Floor



**LONGVIEW SHOPPER SIX** or less items from Wegmans, drop list & money off in Business Office Mailbox  
\*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

**Wednesday – December 3<sup>rd</sup>**

- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2<sup>nd</sup> Floor
- 9:30 **BRAIN BUILDERS & BAKING** with IC Students – East Wing, Garden Level
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor
- 10:00 **EXERCISE** with Vera – Auditorium, 3<sup>rd</sup> Floor
- 10:30 **BIBLE STUDY: “Incarnation”** with Brooke – Interfaith Chapel, 3<sup>rd</sup> Floor
- 10:45 **CHARADES** with Vera – Fireplace Lounge, 4<sup>th</sup> Floor
- 1:15 **SPIRITUAL LIFE LECTURE: Great Courses, “Christian Controversies”** – Auditorium, 3<sup>rd</sup> Floor
- 1:15 **GAMES** with Sue & Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor
- 1:15 **NAILS** with Kelly – Craft Room, 3<sup>rd</sup> Floor
- 1:30 **MUSIC & MOVEMENT** with Whitney – Rehab Room, Garden Level
- 2:15 **TRIP TO WEGMANS - Sign up in Craft Room, Meet in Front Entrance**
- 2:15 **PLANT TALK** with John – Craft Room, 3<sup>rd</sup> Floor **\*Note Day**
- 2:45 **FRIENDLY VISITING** with Kelly – West Wing, Garden Level
- 3:30 **PRICE IS RIGHT** with Kelly – Fireplace Lounge, 4<sup>th</sup> Floor
- 3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level
- 3:45 **HYMN SING** with Brooke – Auditorium, 3<sup>rd</sup> Floor
- 6:30 **CORNELL HISTORY LECTURE: "The Stories Behind the Buildings" with Corey Earle - Auditorium**
- 7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3<sup>rd</sup> Floor



**Thursday – December 4<sup>th</sup>**

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2<sup>nd</sup> Floor
- 9:00 **NAILS** with Vera & Kelly – East Wing, Garden Level
- 9:15 **BOARD GAMES** with Martina – Fireplace Lounge, 4<sup>th</sup> Floor
- 9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3<sup>rd</sup> Floor
- 10:00 **EXERCISE** with Emma – Auditorium, 3<sup>rd</sup> Floor
- 10:15 **OPEN CLAY STUDIO** with Ed – Craft Room, 3<sup>rd</sup> Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- 10:45 **WHO AM I?** with Vera – East Wing, Garden Level
- 10:45 **BEAN BAG TOSS & Other Games** with Lorraine & Sue – Fireplace Lounge, 4<sup>th</sup> Floor
- 1:15 **BALLOON TOSS** with Vera & Maria – East Wing, Garden Level



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**Thursday – December 4<sup>th</sup> Continued**

- 1:30 **MUSIC** with Ben Hogben – Auditorium, 3<sup>rd</sup> Floor
- 2:00 **CAREGIVER SUPPORT GROUP** – Interfaith Chapel, 3<sup>rd</sup> Floor
- 2:00 **MOVIE MATINEE: Four Christmases (2008)** – East Wing, Garden Level
- 2:15 **ANIMAL TALK** with John – Craft Room, 3<sup>rd</sup> Floor **\*Note Day**
- 2:30 **FAMOUS FACES** with Maria – Fireplace Lounge, 4<sup>th</sup> Floor
- 3:30 **JEOPARDY** with Kelly & Whitney – Fireplace Lounge, 4<sup>th</sup> Floor
- 3:45 **SHORT STORIES** with Lorraine – West Wing, Garden Level
- 3:45 **GARDEN & ANIMAL TALK** with John – Rehab Room, Garden Level **\*Note Day**



**Friday – December 5<sup>th</sup>**

**The Auditorium will be closed today for Holiday Bazaar Set Up**

- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2<sup>nd</sup> Floor
- 9:00 **OPEN SWIM** with Whitney – Pool, 2<sup>nd</sup> Floor
- 10:00 **EXERCISE** with Kelly – Rehab Room, Garden Level **\*Note Location**
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor
- 10:45 **POETRY** with Kelly – East Wing, Garden Level
- 10:45 **GUESS THAT SONG** with Whitney – Fireplace Lounge, 4<sup>th</sup> Floor
- 11:00 **WRITING, READING & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
- 1:15 **YAHTZEE** with Kelly – Fireplace Lounge, 4<sup>th</sup> Floor
- 1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level
- 2:00 **QUILTING GROUP**, All are Welcome! – IC Classroom, 2<sup>nd</sup> Floor
- 3:30 **SHABBAT** with IC Hillel – Interfaith Chapel, 3<sup>rd</sup> Floor



**Saturday – December 6<sup>th</sup>**

**Longview’s Annual Holiday Bazaar!**

**10:00AM – 3:00PM**

**Come Enjoy:**

- White Elephant Sale
- Craft Sale
- Holiday Drawing
- Bake Sale
- Plant Sale
- Entertainment by Caroline Center Carolers, Harry Lawless and IC Students
- And a Café!



**BEAUTY SALON**

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.