

WEEK 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	23-Nov	24-Nov	25-Nov	26-Nov	27-Nov	28-Nov	29-Nov
	BRUNCH	LUNCH					
SOUP W/ ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Butternut Squash	NE Clam Chowder	Tomato Basil
ENTRÉE 1	Eggs Benedict	Salisbury Steak w/ Gravy	Grilled Chicken Sandwich w/ Pesto & Arugula	Margarita Pizzetta	Turkey with Gravy	Flank Steak w/ Chimichurri (Herb Sauce)	Creamy Flounder Florentine
ENTRÉE 2	Salmon w/ Shrimp Topping	Basil Pesto Tortellini w/ Sundried Tomato	Tofu Stir Fry	Pulled Pork Sandwich w/ Pickled Red Onion	Ham Veg Lasagna	Salmon Burger	Golden BBQ Chicken Drumstick
STARCH	Corned Beef Hash	Mashed Potatoes	Quinoa	Boardwalk Fries	Mashed Potatoes Sweet Potatoes Hawaiian Roll Stuffing	Couscous	Oven Roasted Potatoes
VEGGIE	Broccoli	Seasoned Peas	Roasted Cauliflower	Green Beans	Green Bean Casserole	Mediterranean Blend	Roasted Brussel Sprouts
DESSERT	Danishes & Dessert Cart	Tiramisu	Rice Pudding	Lemon Meringue Pie	Assorted Pies	Key Lime Bistro	Assorted Cheesecake

DINNER							
WEEK 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Happy Thanksgiving! No meals for Independent Residents. Bagged meal for Enhanced and Assisted Living Residents	NE Clam Chowder	Tomato Basil
ENTRÉE 1	Stuffed Sole	Honey Glazed Chicken Thighs	Cranberry Statler Chicken	Beef Brisket		Seafood Scampi	Baked Ravioli w/ Tomato Sauce
ENTRÉE 2	Chipped Beef on Toast	Pork Tenderloin w/ Mushroom Cream Sauce	Grilled Lamb Pops w/ Mint Jelly	Lemon Garlic Swordfish		Caribbean Jerk Chicken	Pepperoni Pizza
STARCH	Ziti with Fresh Tomato Marinara	Roasted Sweet Potatoes	Jasmine Rice	Herb Orzo Pilaf		Rice Pilaf	Garlic Bread Stick
VEGGIE	Mixed Vegetables	Spinach	Roasted Root Vegetables	Grilled Asparagus		Broccoli	Italian Vegetables
DESSERT	Danishes & Dessert Cart	Tiramisu	Rice Pudding	Lemon Meringue Pie		Key Lime Bistro	Assorted Cheesecake



LONGVIEW RECREATION SCHEDULE

November 23 – November 29, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

Sunday – November 23rd

10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
2:30 **WORSHIP SERVICE** with The Rev. Nancy Didway, Dryden Presbyterian Church – Auditorium, 3rd Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by **SUNDAY evening** and will be delivered on **MONDAY afternoon!**

Monday – November 24th Ithaca College Break – No Class This Week!

9:00 **OPEN FITNESS** with Bree – Exercise Room, 2nd Floor
9:00 **MONDAY MORNING MOVEMENT** with Vera – Front Lobby, Garden Level
9:00 **TRIVIA with Lorraine – Fireplace Lounge, 4th Floor**
9:30 **THE GAME OF THINGS** with Kelly & Sue – Craft Room, 3rd Floor
10:00 **SMART SCREEN GAMES** with Lorraine – West Wing, Garden Level
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **TRIVIA** with Lorraine – East Wing, Garden Level
10:45 **EQUAL GRANT BRAINSTORM MEETING, All are welcome – Rehab Room, Garden Level**
10:45 **CROSSWORDS** with Vera – Fireplace Lounge, 4th Floor
12:45 **SCIENCE FACTS & DISCUSSION** with Kelly & Sue – Craft Room, 3rd Floor
1:15 **BINGO** with Whitney – Fireplace Lounge, 4th Floor
1:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level
2:00 **YOGA** with Kathy – IC Classroom, 2nd Floor
2:15 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – Fireplace Lounge, 4th Floor
2:15 **TRIP TO SALVATION ARMY – Sign up in Craft Room, Meet in Front Entrance**
3:00 **NATIVE AMERICA Video Series: “Warrior Spirit”** – Auditorium, 3rd Floor
3:00 **DEATH CAFÉ: Gather to Eat Cake, Drink Tea & Discuss Death – Craft Room, 3rd Floor**
3:15 **BINGO** with Lorraine & Kelly – East Wing, Garden Level
**** **NO ART CLUB TODAY**

Tuesday – November 25th

9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
9:00 **MORNING MOVEMENT** with Lorraine – Front Lobby, Garden Level
9:00 **NAILS** with Vera – Fireplace Lounge, 4th Floor
9:30 **COFFEE & CONVERSATION** with Kelly & Sue – Craft Room, 3rd Floor
9:45 **SCRABBLE** with Lorraine – East Wing, Garden Level
10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:30 **PODCAST GROUP: “A Turkey Who Loved My Wife” & “Dinner with Wonder Woman”**

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Craft Room, 3rd Floor

Tuesday – November 25th Continued

- 10:45 BOWLING with Kelly & Sue – Auditorium, 3rd Floor
- 10:45 CRAFTS with Vera – West Wing, Garden Level
- 10:45 SCRABBLE with Whitney – Fireplace Lounge, 4th Floor
- 1:00 GROWING UP ANIMAL DOCUMENTARY SERIES: “A Baby Elephant’s Story” – Auditorium, 3rd Floor
- 1:15 SCATTERGORIES with Kelly, Sue & Soni – Fireplace Lounge, 4th Floor
- 1:30 TECH SUPPORT with Joe Zerby – Craft Room, 3rd Floor
- 1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level
- 2:30 COMMUNITY CAFÉ, All Are Welcome! – Dining Room, 3rd Floor
- 3:30 WHEEL OF FORTUNE with Whitney – Fireplace Lounge, 4th Floor
- 3:30 BOOK CLUB: Bound for the Promised Land – Rehab Room, Garden Level
- **** BIRD CLUB MEETS WEDNESDAY THIS WEEK
- 3:45 TRIVIA with Lorraine – West Wing, Garden Level
- 6:30 MOVIE NIGHT: A Complete Unknown: Bob Dylan Biopic (2024) – Fireplace Lounge, 4th Floor

Wednesday – November 26th

- 9:00 OPEN FITNESS with Vera – Exercise Room, 2nd Floor
- **** NO BRAIN BUILDERS & BAKING THIS WEEK
- 9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 EXERCISE with Vera – Auditorium, 3rd Floor
- 10:30 BIBLE STUDY: “Hallelujah Anyway” with Brooke – Interfaith Chapel, 3rd Floor
- 10:45 CHARADES with Vera – Fireplace Lounge, 4th Floor
- 1:15 GAMES with Sue & Lorraine – Fireplace Lounge, 4th Floor
- 1:15 INTERFAITH THANKSGIVING SERVICE with Brooke – Auditorium, 3rd Floor
- 1:15 NAILS with Kelly – Craft Room, 3rd Floor
- 1:30 MUSIC & MOVEMENT with Whitney – Rehab Room, Garden Level
- **** SHOPPING TRIP MOVED TO MONDAY THIS WEEK
- 2:45 FRIENDLY VISITING with Kelly – West Wing, Garden Level
- 3:30 BACKYARD BIRD CLUB with Kelly – Craft Room, 3rd Floor *Note Day & Time
- 3:30 PRICE IS RIGHT with Whitney – 4th Floor, Fireplace Lounge
- 3:45 WATERCOLOR with Lorraine – West Wing, Garden Level
- **** NO HYMN SING OR SPIRITUAL LIFE VIDEO LECTURE THIS WEEK
- 7:30 OPEN AA MEETING, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – November 27th Happy Thanksgiving!

All Administrative Offices Closed for the Holiday

Friday – November 28th

- 9:00 OPEN FITNESS with Kelly – Exercise Room, 2nd Floor
- **** NO OPEN SWIM TODAY
- 10:00 EXERCISE with Kelly – Auditorium, 3rd Floor
- 10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
- 10:45 POETRY with Kelly – East Wing, Garden Level
- 11:00 GUESS THAT SONG with Emma – Fireplace Lounge, 4th Floor
- 11:00 WRITING, READING & DISCUSSIONS with Jerry – Garden Level, Rehab Room
- 1:15 YAHTZEE with Kelly – 4th Floor, Fireplace Lounge
- 1:30 MOVEMENT & MUSIC with Emma – Rehab Room, Garden Level
- **** NO QUILTING GROUP THIS WEEK
- 2:15 ANIMAL TALK with John – Auditorium, 3rd Floor *Note Location
- 3:45 GARDEN & ANIMAL TALK with John – Garden Level, Rehab Room

Saturday – November 29th

- 10:00 SCATTERGORIES with John – Fireplace Lounge, 4th Floor
- 11:00 MOVEMENT & MUSIC with John – Rehab Room, Garden Level
- 1:00 Pictionary & MORE with John – West Wing, Garden Level
- 1:45 MOVIE MATINEE: The Roses (2025) – East Wing, Garden Level
- 2:15 MOVIE MATINEE: Butch Cassidy and the Sun Dance Kid (1969) – Auditorium, 3rd Floor



BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

