

WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
	BRUNCH	LUNCH					
SOUP W/ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Butternut Squash Soup	New England Corn Chowder	Tomato Basil
ENTRÉE 1	Waffles	Spanakopita (spinach and ricotta)	Lemon Dill Haddock	Vegetarian Chili w/ Cornbread	Peach BBQ Chicken Thighs	Fish Tacos w/ Coleslaw	Sesame Chicken Salad
ENTRÉE 2	Honey Baked Ham	Lamb Curry	Autumn Chicken Salad	Tuna Steak w/ Avocado Crema	Pizza Stuffed Portobello Mushrooms	Mushroom Swiss Burger	Shrimp Lo Mein
STARCH	Scallop Potatoes	Jasmine Rice	Fingerling Potatoes	Baked Potato	Yukon Gold Mashed Potatoes	Boardwalk Fries	Fried Rice /Eggroll
VEGGIE	Glazed Baby Carrots	Vegetable Medley	Asparagus	Seasoned Peas	Broccoli	Green Beans	Sauteed Bok Choy
DESSERT	Danishes & Dessert Cart	Tiramisu	Pumpkin Pie	Lemon Bars	Cannoli	Key Lime Bistro	Assorted Cheesecake
DINNER							
WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Butternut Squash Soup	New England Corn Chowder	Tomato Basil
ENTRÉE 1	Veg Lasagana	Turkey Pot Pie	Pork Chop w/ Pineapple Chutney	Shrimp & Grits w/ Sausage	Broccoli Cheddar Quiche	Lemon Butter Shrimp	Honey Mustard Pork Loin
ENTRÉE 2	Italian Sausage	Penne w/ Blush Sauce	Chicken Cacciatore	Butternut Squash Ravioli w/ Cream Sauce	Spaghetti & Meatballs	Chicken Cutlet w/ Sundried Tomato & Dijon Cream Sauce	Veal Parmesan
STARCH	Potato Wedges	Creamy Orzo	Herb Rice	Quinoa	Garlic Breadstick	Couscous	Egg Noodles
VEGGIE	Peppers & Onions	Broccoli & Cauliflower	Roasted Hubbard Squash	Zucchini & Bell Peppers	Mixed Vegetables	Fried Okra	Beets
DESSERT	Danishes & Dessert Cart	Tiramisu	Pumpkin Pie	Lemon Bars	Cannoli	Key Lime Bistro	Assorted Cheesecake

LONGVIEW RECREATION SCHEDULE

October 12 – October 18, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4th Floor and at each nurse’s station in the Garden.

Sunday – October 12th

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor
2:30 WORSHIP SERVICE with The Rev. Jeff Evans, St. John’s Episcopal – Auditorium, 3rd Floor

Monday – October 13th Indigenous Peoples’ Day

9:00 OPEN FITNESS with Bree – Exercise Room, 2nd Floor
9:00 MONDAY MORNING MOVEMENT with Vera – Front Lobby, Garden Level
9:00 TRIVIA with Lorraine – Fireplace Lounge, 4th Floor
9:30 COFFEE & CONVERSATION with Adult Day – Craft Room, 3rd Floor
10:00 SMART SCREEN GAMES with Lorraine – West Wing, Garden Level
10:00 EXERCISE with Kelly – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 TRIVIA with Lorraine – East Wing, Garden Level
10:45 CROSSWORDS with Vera – Fireplace Lounge, 4th Floor
12:45 CRAFTS with Adult Day – Craft Room, 3rd Floor
1:30 ENHANCED/ASSISTED LIVING RESIDENT COUNCIL MEETING – Auditorium, 3rd Floor
1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level
2:00 YOGA with Kathy – IC Classroom, 2nd Floor
3:00 NATIVE AMERICA Series: “New World Rising” – Auditorium, 3rd Floor
3:15 BINGO with Lorraine & Kelly – East Wing, Garden Level
3:30 ART CLUB: Holiday Bazaar Decorations with Whitney – Craft Room, 3rd Floor *Note Time

Tuesday – October 14th

9:00 OPEN FITNESS with Whitney – Exercise Room, 2nd Floor
9:00 MORNING MOVEMENT with Lorraine – Front Lobby, Garden Level
9:00 NAILS with Vera & Martina – Fireplace Lounge, 4th Floor
9:30 COFFEE & CONVERSATION with Adult Day – Craft Room, 3rd Floor
9:45 SCRABBLE with Lorraine – East Wing, Garden Level
10:00 EXERCISE with Kelly – Auditorium, 3rd Floor
10:00 – 11:00 REGISTER TO VOTE, or register to vote absentee – Front Lobby, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:30 PODCAST & DISCUSSION GROUP with Emma – Craft Room, 3rd Floor
10:45 BOWLING with Kelly & Sue – Auditorium, 3rd Floor
10:45 CRAFTS with Vera & Martina – West Wing, Garden Level
10:45 SCRABBLE with Whitney – Fireplace Lounge, 4th Floor
1:00 NATIONAL GEOGRAPHICS: “Tiny Jungle Queens” – Auditorium, 3rd Floor
1:15 BOGGLE with Kelly, Sue & Soni – Fireplace Lounge, 4th Floor
1:30 CRIBBAGE with Maria – Nature Relaxation Lounge, 4th Floor *Note Location
1:30 MUSIC THERAPY with Amanda – East Wing, Garden Level

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Tuesday – October 14th Continued

- 1:30 **TECH SUPPORT** with Joe Zerby – Craft Room, 3rd Floor
2:30 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level ***Note Time**
2:30 **COMMUNITY CAFÉ**, All Are Welcome! – Dining Room, 3rd Floor
3:30 **WHEEL OF FORTUNE** with Whitney & Ethan – Fireplace Lounge, 4th Floor
3:45 **BACKYARD BIRD CLUB** with Kelly – Craft Room, 3rd Floor
3:45 **TRIVIA** with Lorraine – West Wing, Garden Level
6:30 **MOVIE NIGHT: “Haunted Mansion” (2023)** – Fireplace Lounge, 4th Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – October 15th

- 9:00 **OPEN FITNESS** with Vera – Exercise Room, 2nd Floor
9:30 **BRAIN BUILDERS** with IC Students – East Wing, Garden Level
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:30 **BIBLE STUDY: “Hallelujah Anyway”** with Brooke – Interfaith Chapel, 3rd Floor
10:45 **CHARADES** with Vera – Fireplace Lounge, 4th Floor
1:15 **GAMES** with Sue & Lorraine - Fireplace Lounge, 4th Floor
1:15 **SPIRITUAL LIFE Lecture: Great Courses, Christian Controversies** – Auditorium, 3rd Flr ***Note Day**
1:15 **NAILS** with Kelly – Craft Room, 3rd Floor
1:15 **MUSIC & MOVEMENT** with Whitney – Rehab Room, Garden Level
2:00 **CAREGIVER SUPPORT GROUP** – Interfaith Chapel, 3rd Floor
2:15 **TRIP TO ROSS DRESS FOR LESS DEPT STORE– Sign up in Craft Room, Meet in Front Entrance**
2:15 **FRIENDLY VISITING** with Kelly – West Wing, Garden Level
3:00 **BOOK CLUB: “The Sun Also Rises” by Ernest Hemingway** – Rehab Room, Garden Level
**** **NO BAKING CLUB TODAY**
3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – October 16th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
9:00 **BOARD GAMES** with Emma – Fireplace Lounge, 4th Floor
9:30 **ENHANCED ASSISTED LIVING RESIDENT FLU & COVID VACCINE CLINIC** – Rehab Rm, Garden Level
9:30 **COFFEE & CONVERSATION** with Lorraine & Sue – Craft Room, 3rd Floor
10:00 **NAILS** with Martina & Vera – East Wing, Garden Level ***Note Time**
10:30 **INDEPENDENT & ASSISTED LIVING RESIDENT FLU & COVID VACCINE CLINIC** – Auditorium, 3rd Flr
10:00 **EXERCISE** with Lorraine – IC Classroom, 2nd Floor ***Note Location**
10:15 **OPEN CLAY STUDIO** with Ed – Craft Room, 3rd Floor
**** **NO TROLLEY RIDES THIS WEEK**
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **BEAN BAG TOSS & Other Games** with Lorraine & Sue – Fireplace Lounge, 4th Floor
11:00 **WHO AM I?** with Vera – East Wing, Garden Level ***Note Time**

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Please arrive at your designated time to receive your vaccine(s). Schedules distributed Monday, October 13.



Thursday – October 16th Continued

- 1:15 **BALLOON TOSS** with Vera & Maria – East Wing, Garden Level
1:30 -2:30 **CATHOLIC CONFESSION** with Father Dan – Interview Room, 2nd Floor
1:30 **MUSIC** with Ben Hogben – Front Lobby, 3rd Floor ***Note Location**
2:00 **MOVIE MATINEE: This Means War (2012)** – East Wing, Garden Level
2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
2:30 **FAMOUS FACES** with Maria – Fireplace Lounge, 4th Floor
3:00 **CATHOLIC MASS** with Father Dan – Interfaith Chapel, 3rd Floor
3:30 **JEOPARDY** with Whitney & Kelly – Fireplace Lounge, 4th Floor
3:45 **SHORTS TORIES** with Maria – West Wing, Garden Level

Friday – October 17th

- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
10:30 **MAHJONG** with Whitney – 4th Floor, Fireplace Lounge
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **POETRY** with Kelly – East Wing, Garden Level
11:00 **WRITING, READING & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
1:15 **YAHTZEE** with Kelly – 4th Floor, Fireplace Lounge
1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level
2:00 **QUILTING GROUP**, All are Welcome! – IC Classroom, 2nd Floor
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:00 **OCTOBER BIRTHDAY PARTY** with Music by Bob Lyna – Auditorium, 3rd Floor
3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room

Saturday – October 18th

- 10:00 **CORNELL COMPANIONS PET THERAPY VISITS** – East Wing, Garden Level
10:45 **SCATTERGORIES** with Martina & Maria – Fireplace Lounge, 4th Floor ***Note Time**
1:00 **MOVEMENT & MUSIC** with Martina & Maria – Rehab Room, Garden Level ***Note Time**
1:45 **MOVIE MATINEE: “Always Be My Maybe” (2019)** – East Wing, Garden Level
2:15 **MOVIE MATINEE: “Chicago” (2002)** – Auditorium, 3rd Floor
2:45 **TRIVIA** with Maria – Fireplace Lounge, 4th Floor



BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543.

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.