

WEEK 4	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3-Aug	4-Aug	5-Aug	6-Aug	7-Aug	8-Aug	9-Aug
	BRUNCH	LUNCH					
SOUP W/ ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Borscht	Corn Chowder	Tomato Basil
ENTRÉE 1	Eggs Benedict	Country Fried Steak (Beef)	Grilled Chicken Sandwich w/ Pesto & Arugula	Margherita Pizzetta	Roast Turkey & Gravy	Flank Steak w/ Chimichurri (Herb Sauce)	Lobster Roll
ENTRÉE 2	Salmon w/ Shrimp Topping	Chef Salad w/ Ham & Turkey	Cottage Cheese & Fruit Plate	Pulled Pork Sandwich w/ Pickled Red Onion	Rainbow Quiche	Salmon Burger	BBQ Chicken Breast
STARCH	Corned Beef Hash	Mashed Potatoes	Quinoa	Boardwalk Fries	Yams	Couscous	Pasta Salad
VEGGIE	Carrot & Apple Slaw	Collard Greens	Roasted Red Peppers	Green Beans	Leeks	Mediterranean Blend	Grilled Asparagus
DESSERT	Danishes & Dessert Cart	Tiramisu	Assorted Cheesecakes	Lemon Bars	Cannoli	Key Lime Bistro	Ice Cream Novelty
DINNER							
SOUP W/ ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Borscht	Corn Chowder	Tomato Basil
ENTRÉE 1	Stuffed Sole	Honey Glazed Chicken Thighs	Herb Roasted Cornish Hen	Beef Brisket	Sirloin Steak	Seafood Scampi	Baked Ravioli w/ Tomato Sauce
ENTRÉE 2	Eggplant Parm	Pork Tenderloin w/ Mushroom Cream Sauce	Grilled Lamb Pops	Creamy Flounder Florentine	Basil Pesto Gnocchi	Caribbean Jerk Chicken	Pepperoni Pizza
STARCH	Cold Ziti w/ Fresh Tomatoes & Mozzarella	Roasted Sweet Potatoes	Jasmine Rice	Garlic Butter Orzo	Potato Wedges	Rice Pilaf	Garlic Bread Stick
VEGGIE	Roasted Cherry Tomatoes	Creamed Spinach	Roasted Root Vegetables	Marinated Artichoke Hearts	Baby Carrots	Broccoli	Caesar Salad
DESSERT	Danishes & Dessert Cart	Tiramisu	Assorted Cheesecakes	Lemon Bars	Cannoli	Key Lime Bistro	Ice Cream Novelty

LONGVIEW RECREATION SCHEDULE

August 3 – August 9, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4th Floor and at each nurse’s station in the Garden.

Sunday – August 3rd

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor
2:30 WORSHIP SERVICE with Ms. Jamie Breedlove, St. Paul’s United Methodist – Auditorium, 3rd Floor

Monday – August 4th

9:00 OPEN FITNESS with Lorraine – Exercise Room, 2nd Floor
9:00 MONDAY MORNING MOVEMENT with Vera – Front Lobby, Garden Level
9:15 TRIVIA with Whitney – Fireplace Lounge, 4th Floor
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
9:45 SMART SCREEN GAMES with Lorraine – West Wing, Garden Level
10:00 EXERCISE with Vera – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 TRIVIA with Lorraine – East Wing, Garden Level
**** NO GARDEN WALK Today!
10:45 CROSSWORDS with Vera – Fireplace Lounge, 4th Floor
1:15 BINGO with Whitney – Fireplace Lounge, 4th Floor
**** NO WALKING GROUP Today!
1:30 MOVEMENT & MUSIC with Lorraine – Garden Level, East Wing *Note Location
2:00 CORNELL COMPANIONS Pet Therapy Visits – Garden Level, East Wing
2:00 YOGA with Kathy – IC Classroom, 2nd Floor
3:00 SUSTAINABILITY CLUB MEETING, All are welcome – Board Room, 2nd Floor
3:00 ART CLUB: Decorating Wooden Picture Frames with Whitney – Craft Room, 3rd Floor
3:00 AMERICAN MASTERS Mini-Series: Hannah Arendt, Facing Tyranny – Auditorium, 3rd Floor
3:15 BINGO with Lorraine – East Wing, Garden Level
6:30 AGELESS JAZZ BAND PERFORMANCE – Pavilion, Trolley Transportation will start at 6:00 PM, Meet in the Front Entrance, 3rd Floor



Tuesday – August 5th

9:00 OPEN FITNESS with Whitney – Exercise Room, 2nd Floor
9:00 MORNING MOVEMENT with Lorraine – Front Lobby, Garden Level
9:00 NAILS with Vera – Fireplace Lounge, 4th Floor
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 EXERCISE with Kelly – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 BOWLING with Pamela, Kelly & Sue – Auditorium, 3rd Floor
10:45 CRAFTS with Lorraine & Vera – West Wing, Garden Level
1:00 ANIMALS UP CLOSE DOCUMENTARY SERIES: Galapagos Marvels – Auditorium, 3rd Floor
1:15 BOGGLE with Soni, Kelly & Sue – 4th Floor, Fireplace Lounge
1:30 MOVEMENT & MUSIC with Whitney – Garden Level, East Wing *Note Location

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Tuesday – August 5th Continued

- 2:30 **COFFEE WITH CHERYL**, All Are Welcome! – Dining Room, 3rd Floor
3:15 **TAI CHI** with Laurie – Auditorium, 3rd Floor ***Note Location**
3:30 **WHEEL OF FORTUNE** with Whitney – Fireplace Lounge, 4th Floor
3:45 BACKYARD BIRD CLUB: Miscellaneous Birds with Kelly – Craft Room, 3rd Floor
3:45 **TRIVIA** with Lorraine – West Wing, Garden Level
6:30 **MOVIE NIGHT- “Away We Go” (2009)-** Fireplace Lounge, 4th Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – August 6th

- 9:00 **MORNING MOVEMENT** with Vera – Front Lobby, Garden Level
9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
9:45 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – Fireplace Lounge, 4th Floor
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:30 **BIBLE STUDY: Messy Spirituality** with Brooke – Interfaith Chapel, 3rd Floor
10:45 **CROSSWORDS** with Vera – East Wing, Garden Level
10:45 **JENGA** with Lorraine – Fireplace Lounge, 4th Floor
1:15 **NAILS** with Kelly – Craft Room, 3rd Floor
1:30 CAREGIVER SUPPORT GROUP, All are welcome! – Interfaith Chapel, 3rd Floor
1:30 **MUSIC & MOVEMENT** with Lorraine – Garden Level, East Wing ***Note Location**
2:15 TRIP TO ALDI’s – Sign up in Craft Room, Meet in Front Entrance
2:30 **FRIENDLY VISITING** with Lorraine – West Wing, Garden Level
3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
3:15 TROLLEY RIDES w/ Emma – Meet in Front Lobby at 3:15 PM and Garden Level Entrances at 3:45 PM
3:15 **BAKING CLUB: Apple Oatmeal Cookies** with Kelly – Kitchenette, 4th Floor
3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – August 7th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
9:00 **NAILS** with Vera & Kelly – East Wing, Garden Level
9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3rd Floor
10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
10:15 OPEN CLAY STUDIO with Ed – Craft Room, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **BEAN BAG TOSS** with Pam, Lorraine & Sue – Fireplace Lounge, 4th Floor
10:45 **WHO AM I?** with Vera – East Wing, Garden Level
1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Science & Religion – Auditorium, 3rd Floor
1:15 **BALLOON TOSS** with Vera – East Wing, Garden Level
****** NO MUSIC with Ben Today!**
2:00 **MOVIE MATINEE: Mission Impossible (1996)** – East Wing, Garden Level
2:15 PLANT TALK with John – Craft Room, 3rd Floor

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Thursday – August 7th Continued

- 3:30 **JEOPARDY** with Whitney & Kelly – Fireplace Lounge, 4th Floor
3:45 **SHORT STORIES** with Lorraine – West Wing, Garden Level
6:30 **BEADING** with Priscilla, Resident lead program! – Craft Room, 3rd Floor

Friday – August 8th

- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **FASCINATING FACTS** with Whitney – Fireplace Lounge, 4th Floor
10:45 **POETRY** with Kelly – East Wing, Garden Level
11:00 WRITING, READING, & DISCUSSIONS with Jerry – IC Classroom, 2nd Floor *Note Location
1:00 TRIP: ITHACA ARTISTS MARKET – Sign up in Craft Room, Meet in Entrance
1:15 **YAHTZEE** with Kelly – 4th Floor, Fireplace Lounge
2:00 **MOVEMENT & MUSIC** with Kelly – Garden Level, East Wing ***Note Location**
2:00 **QUILTING GROUP**, All are Welcome – IC Classroom, 2nd Floor
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:00 MAPLEWOOD JAZZ TRIO Musical Performance – Auditorium, 3rd Floor
3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, East Wing ***Note Location**
6:15 **PODCAST & DISCUSSION GROUP** with Emma – Craft Room, 3rd Floor

Saturday – August 9th

- 10:00 **SCATTERGORIES** with Kelly – Fireplace Lounge, 4th Floor
11:00 **MOVEMENT & MUSIC** with Kelly – Garden Level, East Wing ***Note Location**
1:00 **FAMOUS FACES** with Kelly – West Wing, Garden Level
1:45 **MOVIE MATINEE: Shanghai Noon (2000)** – East Wing, Garden Level
2:15 MOVIE MATINEE: Shanghai Noon (2000) – Auditorium, 3rd Floor
2:45 **TRIVIA** with Kelly – Fireplace Lounge, 4th Floor

BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

