

WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	17-Aug	18-Aug	19-Aug	20-Aug	21-Aug	22-Aug	23-Aug
	BRUNCH	LUNCH					
SOUP W/ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Borscht	Corn Chowder	Tomato Basil
ENTRÉE 1	Waffles	Spanakopita (spinach and ricotta)	Trout w/ Lemon Cream Sauce	Vegetarian Chili	Peach BBQ Chicken Thighs	Fish Tacos w/ Coleslaw	Sesame Chicken Salad
ENTRÉE 2	Honey Baked Ham	Beef Skewers	Chicken Berry Salad	Shrimp & Grits w/ Sausage	Cheese Stuffed Mushrooms	Bacon Cheeseburger	Shrimp Lo Mein
STARCH	Home Fries	Mashed Sweet Potato	Fingerling Potatoes	Cornbread	Yukon Gold Mashed Potatoes	Potato Salad	Eggroll
VEGGIE	Glazed Baby Carrots	Vegetable Medley	Asparagus	Raw Carrots & Celery	Broccoli	Tomato, Onion & Cilantro	Sauteed Bok Choy
DESSERT	Danishes & Dessert Cart	Tiramisu	Assorted Cheesecakes	Lemon Bars	Cannoli	Key Lime Bistro	Ice Cream Novelty
DINNER							
WEEK 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Borscht	Corn Chowder	Tomato
ENTRÉE 1	Veg Lasagana	Chicken Piccata	Garlic Balsamic Pork Chops	Tuna Steak w/ Avocado Cream	Broccoli Cheddar Quiche	Lemon Butter Shrimp	Duck Leg Bruschetta
ENTRÉE 2	Italian Sausage	Gnocchi w/ Vodka Sauce	Greek Chicken	Spinach & Cheese Ravioli w/ Cream Sauce	Spaghetti & Meatballs	Chicken Cutlet w/ Sundried Tomato & Dijon Cream Sauce	Lamb Burger w/ Feta & Cucumber Sauce
STARCH	French Fries	Creamy Orzo	Lemon Herb Rice	Quinoa	Garlic Breadstick	Rice Pilaf	Potato Wedges
VEGGIE	Peppers & Onions	Broccoli & Cauliflower	Carrot Salad	Zucchini & Bell Peppers	Mixed Vegetables	Fried Okra	Beets
DESSERT	Danishes & Dessert Cart	Tiramisu	Assorted Cheesecakes	Lemon Bars	Cannoli	Key Lime Bistro	Ice Cream Novelty

LONGVIEW RECREATION SCHEDULE

August 17 – August 23, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4th Floor and at each nurse’s station in the Garden.

Sunday – August 17th

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor
2:30 WORSHIP SERVICE with Rev. Paul Rack, PC (USA) with communion served – Auditorium, 3rd Floor

Monday – August 18th

9:00 OPEN FITNESS with Bree – Exercise Room, 2nd Floor
9:00 MONDAY MORNING MOVEMENT with Vera – Front Lobby, Garden Level
9:15 TRIVIA with Whitney – Fireplace Lounge, 4th Floor
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 SMART SCREEN GAMES with Whitney – West Wing, Garden Level
10:00 EXERCISE with Vera – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 TRIVIA with Whitney – East Wing, Garden Level
**** NO GARDEN WALK TODAY
10:45 CROSSWORDS with Vera – Fireplace Lounge, 4th Floor
1:15 BINGO with Whitney – Fireplace Lounge, 4th Floor
1:15 WALKING LONGVIEW GROUNDS (weather permitting) with Kelly – Meet at Front Entrance, 3rd Floor
1:30 MOVEMENT & MUSIC with Bree – Rehab Room, Garden Level
2:00 FOOD COMMITTEE MEETING, All are Welcome! – Board Room, 2nd Floor
2:00 YOGA with Kathy – IC Classroom, 2nd Floor
3:00 GREENSPRINGS NATURAL CEMETERY PRESENTATION – Auditorium, 3rd Floor
**** NO ART CLUB OR AMERICAN MASTERS SERIES
3:15 BINGO with Whitney & Kelly – East Wing, Garden Level



Tuesday – August 19th

9:00 OPEN FITNESS with Whitney – Exercise Room, 2nd Floor
9:00 MORNING MOVEMENT with Lorraine – Front Lobby, Garden Level
9:00 NAILS with Vera – Fireplace Lounge, 4th Floor
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 EXERCISE with Kelly – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 BOWLING with Pamela, Kelly & Sue – Auditorium, 3rd Floor
10:45 CRAFTS with Vera – West Wing, Garden Level
1:00 ANIMALS UP CLOSE DOCUMENTARY SERIES: Elephant Quest – Auditorium, 3rd Floor
1:00 CAREGIVER SUPPORT GROUP, All are welcome! – Interfaith Chapel, 3rd Floor *Note Time
1:15 BOGGLE with Soni, Kelly & Sue – 4th Floor, Fireplace Lounge
1:30 MOVEMENT & MUSIC with Whitney – Rehab Room, Garden Level
2:30 COMMUNITY CAFÉ, All Are Welcome! – Dining Room, 3rd Floor
3:15 TAI CHI with Laurie – Auditorium, 3rd Floor
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Tuesday – August 19th Continued

- 3:30 **WHEEL OF FORTUNE** with Whitney - Fireplace Lounge, 4th Floor
3:45 **BACKYARD BIRD CLUB:** Educational Video with Kelly – Craft Room, 3rd Floor
3:45 **TRIVIA** with Lorraine – West Wing, Garden Level
6:30 **MOVIE NIGHT- “The Jerk” (1979)** – Fireplace Lounge, 4th Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – August 20th

- 9:00 **MORNING MOVEMENT** with Vera – Front Lobby, Garden Level
9:00 **OPEN FITNESS** with Lorraine – Exercise Room, 2nd Floor
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
9:45 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine - Fireplace Lounge, 4th Floor
10:00 EXERCISE with Vera – Auditorium, 3rd Floor
10:30 **BIBLE STUDY: Messy Spirituality** with Brooke – Interfaith Chapel, 3rd Floor
10:45 **CROSSWORDS** with Vera – East Wing, Garden Level
10:45 **JENGA** with Lorraine – Fireplace Lounge, 4th Floor
1:15 **NAILS** with Kelly – Craft Room, 3rd Floor
1:30 **MUSIC & MOVEMENT** with Lorraine - Rehab Room, Garden Level
1:30 STRETCH YOUR SPIRIT: Harp and Meditation – Auditorium, 3rd Floor
2:15 TRIP TO TARGET – Sign up in Craft Room, Meet in Front Entrance
2:30 **FRIENDLY VISITING** with Lorraine – West Wing, Garden Level
3:00 BOOK CLUB DISCUSSION: Memoirs of a Geisha – Garden Level, Rehab Room
3:15 TROLLEY RIDES w/ Emma – Meet in Front Lobby at 3:15 PM and Garden Level Entrances at 3:45 PM
****** NO BAKING CLUB TODAY**
3:45 **WATERCOLOR** with Lorraine – West Wing, Garden Level
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – August 21st

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
9:00 **NAILS** with Vera & Kelly – East Wing, Garden Level
9:30 **COFFEE & CONVERSATION** with Pamela, Lorraine & Sue – Craft Room, 3rd Floor
9:45 TRIP TO THE CORNELL LAB OF ORNITHOLOGY – Sign up in Craft Room, Meet in Front Entrance
10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
10:15 OPEN CLAY STUDIO with Ed – Craft Room, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **BEAN BAG TOSS** with Pamela, Lorraine & Sue – Fireplace Lounge, 4th Floor
10:45 **WHO AM I?** with Vera – East Wing, Garden Level
1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Science & Religion – Auditorium, 3rd Floor
1:15 **BALLOON TOSS** with Vera & Whitney– East Wing, Garden Level
1:30 **MUSIC** with Ben Hogben – Front Lobby, 3rd Floor
1:30 – 2:30 ROMAN CATHOLIC CONFESSIONS with Father Dan – Interview Room, 3rd Floor
2:00 **MOVIE MATINEE: I Saw The Light (2015)** – East Wing, Garden Level
2:15 PLANT TALK with John – Craft Room, 3rd Floor



Thursday – August 21st Continued

- 3:00 ROMAN CATHOLIC MASS with Father Dan – Interfaith Chapel, 3rd Floor**
3:30 **JEOPARDY** with Whitney & Kelly – Fireplace Lounge, 4th Floor
3:45 **SHORT STORIES** with Lorraine – West Wing, Garden Level
6:30 BEADING: Suncatchers & Jewelry with Priscilla, Resident lead program! – Craft Room, 3rd Floor

Friday – August 22nd

- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **SCRABBLE** with Whitney – Fireplace Lounge, 4th Floor
10:45 **POETRY** with Kelly – East Wing, Garden Level
11:00 WRITING, READING, & DISCUSSIONS with Jerry – Garden Level, Rehab Room
1:15 **YAHTZEE** with Kelly – 4th Floor, Fireplace Lounge
1:30 **MOVEMENT & MUSIC** with Whitney – Rehab Room, Garden Level
****** NO QUILTING GROUP TODAY**
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:00 AUGUST BIRTHDAY PARTY with Music by Bob Lyna – Auditorium, 3rd Floor
3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room
6:15 **PODCAST & DISCUSSION GROUP** with Emma – Craft Room, 3rd Floor



Saturday – August 23rd

- 10:00 **SCATTERGORIES** with Lorraine – Fireplace Lounge, 4th Floor
11:00 **MOVEMENT & MUSIC** with Lorraine – Rehab Room, Garden Level
1:00 **FAMOUS FACES** with Lorraine – West Wing, Garden Level
1:45 **MOVIE MATINEE: The Amateur (2025)** – East Wing, Garden Level
2:15 MOVIE MATINEE: Chitty Chitty Bang Bang (1968) – Auditorium, 3rd Floor
2:45 **TRIVIA** with Lorraine – Fireplace Lounge, 4th Floor

BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

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