

WEEK 3	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	29-Jun	30-Jun	1-Jul	2-Jul	3-Jul	4-Jul	5-Jul
	<b>BRUNCH</b>	<b>LUNCH</b>					
<b>SOUP &amp; ROLL</b>	<i>Wild Mushroom and Rice</i>	<i>Ginger Carrot</i>	<i>Cold Berry Soup</i>	<i>Apple Sweet Potato</i>	<i>Red Pepper Bisque</i>	<i>Split Pea</i>	<i>Cream of Tomato</i>
<b>ENTRÉE 1</b>	Tomato & Spinach Frittata	Black Bean Burger	Shrimp & Grits	Mozzarella, Roasted Red Pepper & Spinach Melt	Basil Pesto Tortellini w/ Sundried Tomato	Crab Cake	Chicken Quesadilla
<b>ENTRÉE 2</b>	Lox Bagel	Turkey Club Wrap	Cobb Salad	Philly Cheesesteak	Reuben Sandwich	Bratwurst w/ Sauerkraut	Beef & Broccoli Stir Fry
<b>STARCH</b>	Hash Brown	Onion Rings	potato salad	Macaroni Salad	Steak Fries	Garlic Mashed Potatoes	Cilantro Rice
<b>VEGGIE</b>	Maple Glazed Brussel Sprouts	Zucchini & Squash	Green Beans	Avocado Tomato Salad	Roasted Corn	Coleslaw	Corn Salad w/ Lime & Cilantro
<b>DESSERT</b>	Danishes & Dessert Cart	Tiramisu	Assorted Cheesecakes	Lemon Bars	Cannoli	Key Lime Bistro	Ice Cream Novelty
<b>DINNER</b>							
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<b>ENTRÉE 1</b>	Stuffed Pepper	Pork Tenderloin w/ Apple Compote	Lamb Roast w/ Mint Yogurt Sauce	Mahi Mahi w/ mango salsa	Hamburger, Hot Dogs, Cornell Chicken, Veggie Burger, Pasta Salad, Corn on the Cobb & Watermelon	Catfish	Linguini w/ Clam Sauce
<b>ENTRÉE 2</b>	Chicken Tenders	Baked Haddock	Eggplant Lasagna	Seasoned Chicken		Roasted Turkey	Sausage Parm
<b>STARCH</b>	Au Gratin Potatoes	Risotto	Roasted Potatoes	Rice		Couscous	Bruschetta
<b>VEGGIE</b>	Peas	Rainbow Carrots	Roasted Root Vegetables	Plantain		Mixed Veggies	Asparagus Spears
<b>DESSERT</b>	Danishes & Dessert Cart	Tiramisu	Assorted Cheesecakes	Lemon Bars	Cookies & Brownies	Key Lime Bistro	Ice Cream Novelty

LONGVIEW RECREATION SCHEDULE

June 29 – July 5, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4<sup>th</sup> Floor and at each nurse’s station in the Garden.

Sunday – June 29<sup>th</sup>

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3<sup>rd</sup> Floor  
2:30 WORSHIP SERVICE with Mr. Chris Blyler, Salvation Army – Auditorium, 3<sup>rd</sup> Floor

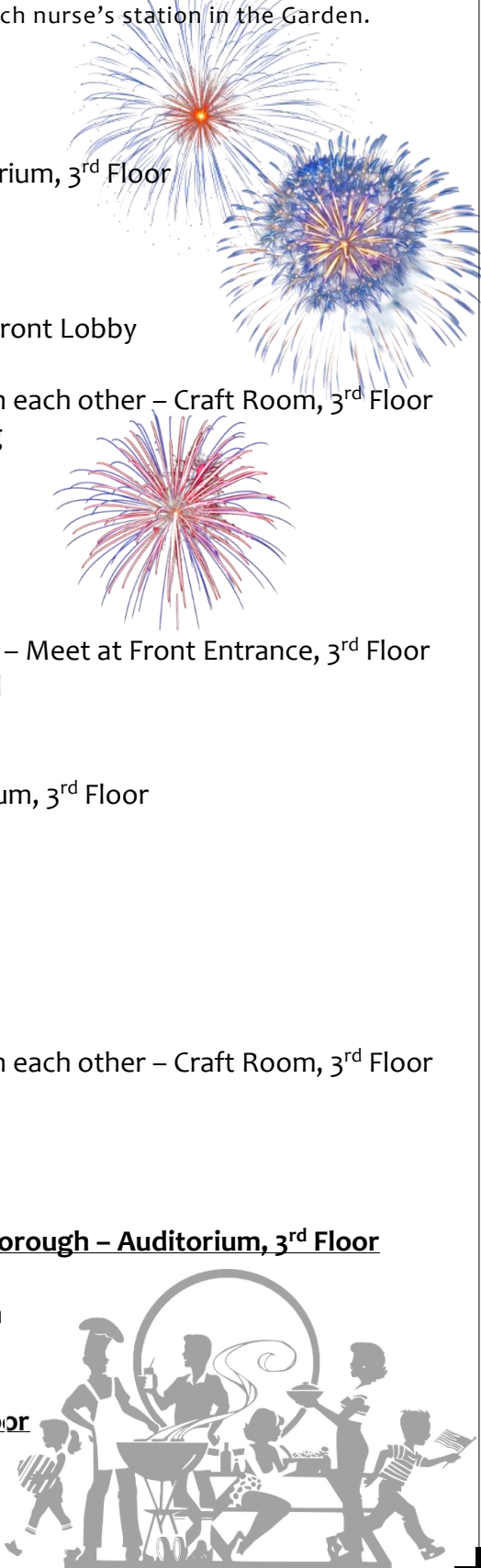
Monday – June 30<sup>th</sup>

9:00 OPEN FITNESS with Kelly – Exercise Room, 2<sup>nd</sup> Floor  
9:00 MONDAY MORNING MOVEMENT with Lorraine – Garden Level, Front Lobby  
9:15 TRIVIA with Whitney – 4<sup>th</sup> Floor, Fireplace Lounge  
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor  
9:45 SMART SCREEN GAMES with Lorraine – Garden Level, West Wing  
10:00 EXERCISE with Whitney – Auditorium, 3<sup>rd</sup> Floor  
10:30 LONGVIEW STORE open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 TRIVIA with Lorraine – Garden Level, East Wing  
10:45 CROSSWORDS with Kelly – 4<sup>th</sup> Floor, Fireplace Lounge  
1:15 BINGO with Whitney – 4<sup>th</sup> Floor, Fireplace Lounge  
1:15 WALKING LONGVIEW GROUNDS (weather permitting) with Kelly – Meet at Front Entrance, 3<sup>rd</sup> Floor  
1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level  
2:00 YOGA with Kathy – IC Classroom, 2<sup>nd</sup> Floor  
3:00 ART CLUB: Art Discussion with Whitney – Craft Room, 3<sup>rd</sup> Floor  
3:00 AMERICAN MASTERS Mini-Series: “Alexander Calder”– Auditorium, 3<sup>rd</sup> Floor  
3:15 BINGO with Kelly and Lorraine – Garden Level, East Wing  
6:00 MONDAY NIGHT MOVIE – Garden Level, East Wing

Tuesday – July 1<sup>st</sup>

9:00 OPEN FITNESS with Lorraine – Exercise Room, 2<sup>nd</sup> Floor  
9:00 NAILS with Bree – 4<sup>th</sup> Floor, Fireplace Lounge  
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor  
10:00 EXERCISE with Kelly – Auditorium, 3<sup>rd</sup> Floor  
10:30 LONGVIEW STORE open until 11:30 a.m. – 3<sup>rd</sup> Floor  
10:45 BOWLING with Pamela & Kelly – Auditorium, 3<sup>rd</sup> Floor  
10:45 CRAFTS with Lorraine – Garden Level, West Wing  
1:15 LIFE IN COLOR: Hiding in Color, Documentary with David Attenborough – Auditorium, 3<sup>rd</sup> Floor  
1:15 BOGGLE with Soni & Kelly – 4<sup>th</sup> Floor, Fireplace Lounge  
1:30 MOVEMENT & MUSIC with Lorraine – Garden Level, Rehab Room  
2:30 COMMUNITY CAFÉ, All Are Welcome! – Dining Room, 3<sup>rd</sup> Floor  
3:15 TAI CHI with Laurie – Auditorium, 3<sup>rd</sup> Floor  
3:30 BACKYARD BIRD CLUB: Thrushes with Kelly – Craft Room, 3<sup>rd</sup> Floor  
3:30 WHEEL OF FORTUNE with Whitney – 4<sup>th</sup> Floor, Fireplace Lounge  
3:45 TRIVIA with Lorraine – Garden Level, West Wing

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## Tuesday – July 1<sup>st</sup> Continued

6:30 **MUSIC WITH THE FORTNIGHT SINGERS** – Auditorium, 3<sup>rd</sup> Floor

6:30 **MOVIE NIGHT** – Fourth Floor, Fireplace Lounge

**LONGVIEW SHOPPER SIX** or less items from Wegmans, drop list & money off in Business Office Mailbox

\*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

## Wednesday – July 2<sup>nd</sup>

9:00 **MORNING MOVEMENT** with Kelly – Garden Level, Front Lobby

9:00 **OPEN FITNESS** with Lorraine – Exercise Room, 2<sup>nd</sup> Floor

9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor

9:45 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – 4<sup>th</sup> Floor, Fireplace Lounge

10:00 **EXERCISE** with Kelly – Auditorium, 3<sup>rd</sup> Floor

10:30 **BIBLE STUDY: ‘Seeing Gray In a World of Black & White’** with Brooke – Interfaith Chapel, 3<sup>rd</sup> Floor

10:45 **CROSSWORDS** with Kelly – Garden Level, East Wing

10:45 **JENGA** with Lorraine – 4<sup>th</sup> Floor, Fireplace Lounge

1:15 **NAILS** with Kelly – Craft Room, 3<sup>rd</sup> Floor

1:30 **MUSIC & MOVEMENT** with Lorraine – Garden Level, Rehab Room

2:15 **PLANT TALK** with John – Craft Room, 3<sup>rd</sup> Floor **\*Note Day**

2:15 **TRIP TO WEGMANS** – Sign up in Craft Room, Meet in Front Entrance

2:30 **FRIENDLY VISITING** with Lorraine – Garden Level, West Wing

3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3<sup>rd</sup> Floor

3:15 **TROLLEY RIDES w/ Emma** – Meet in Front Lobby at 3:15 PM and Garden Level Entrances at 3:45 PM

3:15 **BAKING CLUB: Lemon Cookies** with Kelly – 4<sup>th</sup> Floor, Kitchenette

3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing

3:45 **HYMN SING** with Brooke – Auditorium, 3<sup>rd</sup> Floor

7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3<sup>rd</sup> Floor

## Thursday – July 3<sup>rd</sup>

9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2<sup>nd</sup> Floor

9:00 **NAILS** with Kelly – Garden Level, East Wing

9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3<sup>rd</sup> Floor

10:00 **EXERCISE** with Lorraine – Auditorium, 3<sup>rd</sup> Floor

10:15 **OPEN CLAY STUDIO with Ed** – Craft Room, 3<sup>rd</sup> Floor

10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3<sup>rd</sup> Floor

10:45 **BEAN BAG TOSS** with Pam & Lorraine – Fireplace Lounge, 4<sup>th</sup> Floor

10:45 **WHO AM I?** with Kelly – Garden Level, East Wing

1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Science & Religion – Auditorium, 3<sup>rd</sup> Floor

1:30 **BALLOON TOSS** with Kelly – Garden Level, East Wing

1:30 **PATRIOTIC MUSIC with Ben Hogben** – Front Lobby, 3<sup>rd</sup> Floor

2:00 **MOVIE MATINEE: In the Good Old Summertime (1949)** – Garden Level, East Wing

2:15 **ANIMAL TALK with John** – Craft Room, 3<sup>rd</sup> Floor **\*Note Day**

**4:30 - 6:30 – 4<sup>th</sup> of July Celebration: Fun, Food & Entertainment by Radio London!**

(Transportation to the Pavilion begins at 4:15 PM. Meet by the 3<sup>rd</sup> Floor Main Entrance for a ride down on the trolley!) More on the next page!

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## Thursday – July 3<sup>rd</sup> Continued

### Independence Day Celebration...

- Musical entertainment by Radio London
- Face Painting
- Photo Booth
- BBQ Dinner and More!



## Friday – July 4<sup>th</sup> Happy Independence Day!

### All Administrative Offices Closed for the Holiday

11:00 **WRITING, READING & DISCUSSIONS** Independent Group Discussion – Garden Level, Rehab Room

1:30 **RED, WHITE & BLUE TRIVIA with Emma** – 4<sup>th</sup> Floor, Fireplace Lounge

2:30 **AS AMERICAN AS THE FOURTH OF JULY with Emma** – Garden Level, East Wing

## Saturday – July 5<sup>th</sup>

10:00 **SCATTERGORIES** with Lorraine – 4<sup>th</sup> Floor, Fireplace Lounge

11:00 **MOVEMENT & MUSIC** with Lorraine – Garden Level, Rehab Room

1:00 **TRIVIA** with Lorraine – 4<sup>th</sup> Floor, Fireplace Lounge

1:45 **MOVIE MATINEE: Strike Up the Band (1940)** – Garden Level, East Wing

2:15 **MOVIE MATINEE: Pale Rider (1985)** – Auditorium, 3<sup>rd</sup> Floor



### BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.