

LONGVIEW RECREATION SCHEDULE

June 15 – June 21, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

| WEEK 1 | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------|----------------------------------|-------------------------|------------------------------|-----------------------|-----------------------------|--------------------------------|-------------------------|
| | 15-Jun | 16-Jun | 17-Jun | 18-Jun | 19-Jun | 20-Jun | 21-Jun |
| LUNCH | | | | | | | |
| SOUP W/ ROLL | Wild Mushroom and Rice | Ginger Carrot | Cold Berry Soup | Apple Sweet Potato | Red Pepper Bisque | Split Pea | Cream of Tomato |
| ENTRÉE 1 | Blueberry Pancakes | Taco Bowl | Chicken Caprese | Spaghetti & Meatballs | Lemon Pepper Chicken Breast | Roasted Tilapia | Pot Roast |
| ENTRÉE 2 | Beef Tenderloin | Chicken Parmesan | Seafood Salad on a Croissant | Greek Salad | Gyros | Mediterranean Flat Bread Pizza | Orange Chicken Thighs |
| STARCH | Mashed Potatoes | Linguini w/ Garlic | Yellow Rice | Garlic Breadstick | Curly Fries | Lemon Herb Couscous | Redskin Mashed Potatoes |
| VEGGIE | Green Bean Casserole | Cucumber & Tomato Salad | Peppers/Onions | Grilled Zucchini | Steamed Corn | Steamed Broccoli | Creamed Spinach |
| DESSERT | Scones, Strawberry Shortcake | Tiramisu | Assorted Cheesecakes | Cannoli | Key Lime Bistro | Lemon Bars | Ice Cream Novelty |
| DINNER | | | | | | | |
| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| SOUP W/ ROLL | Wild Mushroom and Rice | Ginger Carrot | Cold Berry Soup | Apple Sweet Potato | Red Pepper Bisque | Split Pea | Cream of Tomato |
| ENTRÉE 1 | Chicken Cordon Bleu | Baked Haddock | Hamburger or Cheeseburger | Pesto Chicken | BBQ Ribs | Rosemary Chicken | Turkey Meatloaf |
| ENTRÉE 2 | Swedish Meatballs w/ Egg Noodles | Stuffed Shells | Spinach & Feta Turkey Burger | Dill Salmon | Mac & Cheese | Shrimp Gumbo | Pork Tenderloin |
| STARCH | Baked Potato | Jasmine Rice | Potato Salad | Risotto Pilaf | Garlic Bread | Basmati/White Rice | Mashed Sweet Potatoes |
| VEGGIE | Peas & Carrots | Broccoli | Snap Peas | Artichoke Hearts | Honey Glazed Carrots | Garlic Green Beans | Yellow Squash |
| DESSERT | Strawbery Shortcake | Tiramisu | Assorted Cheesecakes | Cannoli | Key Lime Bistro | Lemon Bars | Ice Cream Novelty |

Sunday – June 15th Father's Day

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor
2:30 WORSHIP SERVICE with Rev. Casper Green, Retired American Baptist – Auditorium, 3rd Floor

Monday – June 16th

9:00 OPEN FITNESS with Kelly – Exercise Room, 2nd Floor
9:00 MONDAY MORNING MOVEMENT with Vera – Garden Level, Front Lobby
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
*** NO SMART SCREEN GAMES TODAY. Come to Art Selection in Garden Level Front Lobby
10:00 EQUAL GRANT DISCUSSION: Selecting Art for the Garden Level – Front Lobby, Garden Level
10:00 EXERCISE with Vera – Auditorium, 3rd Floor
10:00 FATHER & SON ATHLETES with Kelly – 4th Floor, Fireplace Lounge
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 TRIVIA with Lorraine – Garden Level, East Wing
10:45 CROSSWORDS with Vera – 4th Floor, Fireplace Lounge
1:15 BINGO with Whitney – 4th Floor, Fireplace Lounge
1:15 WALKING LONGVIEW GROUNDS (weather permitting) with Kelly – Meet at Front Entrance, 3rd Floor
1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level
1:30 ALZHEIMER'S CONVERSATION: Protecting Your Health & Wealth with Kent – Auditorium, 3rd Floor
2:00 YOGA with Kathy – IC Classroom, 2nd Floor
3:00 ART CLUB: How to Draw Tutorial with Kelly – Craft Room, 3rd Floor
3:00 ALL CREATURES GREAT & SMALL (Season 2, Episode 4) – Auditorium, 3rd Floor
3:15 BINGO with Lorraine & Whitney – Garden Level, East Wing
6:00 MONDAY NIGHT MOVIE – Garden Level, East Wing

Tuesday – June 17th

9:00 OPEN FITNESS with Lorraine – Exercise Room, 2nd Floor
9:00 NAILS with Vera – 4th Floor, Fireplace Lounge
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 EXERCISE with Kelly – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 BOWLING with Pamela & Kelly – Auditorium, 3rd Floor
10:45 CRAFTS with Vera & Lorraine – Garden Level, West Wing
1:15 DOCUMENTARY: Our Planet 2: Freedom to Roam – Auditorium, 3rd Floor
1:15 BOGGLE with Soni & Kelly – 4th Floor, Fireplace Lounge
1:30 MOVEMENT & MUSIC with Lorraine – Garden Level, Rehab Room
2:30 COMMUNITY CAFÉ, All Are Welcome! – Dining Room, 3rd Floor
2:30 MUSIC THERAPY with Amanda – 4th Floor, Fireplace Lounge
3:15 TAI CHI with Laurie – Auditorium, 3rd Floor
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Tuesday – June 17th Continued

- 3:30 **BACKYARD BIRD CLUB: Osprey with Kelly – Craft Room, 3rd Floor**
*** **NO WHEEL OF FORTUNE THIS WEEK**
3:45 **TRIVIA** with Lorraine – Garden Level, West Wing

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – June 18th

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
9:30 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – 4th Floor, Fireplace Lounge
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:30 **CROSSWORDS** with Kelly – Garden Level, East Wing
10:30 **BIBLE STUDY: ‘Seeing Gray in a World of Black & White’** with Brooke – Interfaith Chapel, 3rd Floor
10:45 **JENGA** with Lorraine – 4th Floor, Fireplace Lounge
10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor
1:15 **NAILS** with Kelly – Craft Room, 3rd Floor
1:30 **CAREGIVER SUPPORT GROUP** with Kim Owen – Interfaith Chapel, 3rd Floor
1:30 **MUSIC & MOVEMENT** with Lorraine – Garden Level, Rehab Room
2:15 **TRIP TO TOPS – Sign up in Craft Room, Meet in Front Entrance**
2:30 **FRIENDLY VISITING** with Lorraine – Garden Level, West Wing
3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
3:00 **BOOK CLUB DISCUSSION: From Here to the Great Unknown** – Garden Level, Rehab Room
*** **NO TROLLEY RIDES OR BAKING CLUB THIS WEEK**
3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
6:15 **MUSICAL PERFORMANCE: Kuro Woodwind Trio** – Auditorium, 3rd Floor
7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor



Thursday – June 19th Juneteenth

- 9:00 **OPEN FITNESS** with Kelly - Exercise Room, 2nd Floor
9:00 **NAILS** with Vera – Garden Level, East Wing
9:00 **SAND MANDALA CONSTRUCTION** at The Namgyal Monastery – Sign up in Craft Rm,
Meet in Front Entrance
9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3rd Floor
10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
10:15 **OPEN CLAY STUDIO** with Ed – Craft Room, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **BEAN BAG TOSS** with Pam & Lorraine – 4th Floor, Fireplace Lounge
10:45 **WHO AM I?** with Vera – Garden Level, East Wing
1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Genesis – Auditorium, 3rd Floor
1:15 **BALLOON TOSS** with Vera – Garden Level, East Wing
1:30 **THIS WEEK IN HISTORY** with Kelly – 4th Floor, Fireplace Lounge

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Thursday – June 19th Continued

- 1:30 **MUSIC** with Ben Hogben – 3rd Floor, Front Lobby
1:30 – 2:30 PM **ROMAN CATHOLIC CONFESSIONS** with Father Dan – Interview Room, 3rd Floor
2:00 **MOVIE MATINEE: Joy (2024)** – Garden Level, East Wing
2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
3:00 **CATHOLIC MASS** with Father Dan – Interfaith Chapel, 3rd Floor
3:30 **JUNETEENTH JEOPARDY** with Kelly – 4th Floor, Fireplace Lounge
3:45 **SHORT STORIES**, with Lorraine – Garden Level, West Wing
6:00 **SOCIAL CLUB**, All are Welcome – Craft Room, 3rd Floor



Friday – June 20th Summer Begins

- 9:00 **OPEN FITNESS** with Kelly– Exercise Room, 2nd Floor
9:00 **OPEN SWIM** with Bree – Pool, 2nd Floor
10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **POETRY** with Kelly – Garden Level, East Wing
10:45 **WORD MINING** with Bree – 4th Floor, Fireplace Lounge
10:45 **COMMUNITY GARDEN CLUB MEETING** – Auditorium, 3rd Floor
11:00 **WRITING, READING, & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
12:00 – 2 PM **ICE CREAM POP-UP PARLOR WITH HERSHEY** – Dining Room, 3rd Floor
1:30 **MOVEMENT & MUSIC** with Bree – Garden Level, Rehab Room
1:30 **YAHTZEE** with Kelly – 4th Floor, Fireplace Lounge
2:00 **QUILTING GROUP**, All are Welcome – IC Classroom, 2nd Floor
2:15 **WALKING GROUP: Cornell Agriculture Quad** – Sign up in Craft Room, Meet in Entrance
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:00 **GRIEF 101** with Hospicare’s Laura Ward – Auditorium, 3rd Floor
3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room
6:15 **PODCAST & DISCUSSION GROUP** with Emma – Craft Room, 3rd Floor

Saturday – June 21st

- 10:00 **PET THERAPY VISITS WITH CORNELL COMPANIONS** – Garden Level, East Wing
11:00 **TRIVIA** with John – 4th Floor, Fireplace Lounge
1:00 **ANIMAL PROGRAM: Puff the Tortoise** with John – Garden Level, Rehab Room
1:45 **MOVIE MATINEE: The Piano Lesson (2024)** – Garden Level, East Wing
2:15 **MOVIE MATINEE: The Piano Lesson (2024)**– Auditorium, 3rd Floor

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/Concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543