

LONGVIEW RECREATION SCHEDULE

May 4 – May 10, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4th Floor and at each nurse’s station in the Garden.

Sunday – May 4th

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor
2:30 WORSHIP SERVICE with Rev. Pam Carey, Jacksonville United Methodist Church – Auditorium, 3rd Floor

Monday – May 5th Cinco de Mayo



9:00 OPEN FITNESS with Kelly – Exercise Room, 2nd Floor
9:00 MONDAY MORNING MOVEMENT with Vera – Garden Level, Front Lobby
9:15 TRIVIA with Whitney – 4th Floor, Fireplace Lounge
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
9:45 SPELLING BEE With Lorraine – Garden Level, West Wing
10:00 EXERCISE with Vera – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 CRAFTING FOR THE BAZAAR with Kelly – Craft Room, 3rd Floor
10:45 TRIVIA & CINCO DE MAYO COLORING with Lorraine – Garden Level, West Wing *Note Location
10:45 CROSSWORDS with Vera – 4th Floor, Fireplace Lounge
11:00 IC STUDENT PRESENTATION: Elder Fraud – Auditorium, 3rd Floor
1:15 BINGO with Maria – 4th Floor, Fireplace Lounge
1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level
2:00 YOGA with Kathy – IC Classroom, 2nd Floor
2:00 CORNELL COMPANIONS PET THERAPY VISITS – Garden Level, East Wing
2:30 SCRABBLE with Maria – 4th Floor, Fireplace Lounge
3:00 ART CLUB: Collage with Julia – Craft Room, 3rd Floor
3:15 ALL CREATURES GREAT & SMALL (Season 1, Episode 12) – Auditorium, 3rd Floor *Note Time
3:15 WALKING LONGVIEW GROUNDS (weather permitting) with Kelly – Meet at Front Entrance, 3rd Floor
3:15 BINGO with Martina and Lorraine – Garden Level, East Wing
6:00 MONDAY NIGHT MOVIE – Garden Level, East Wing

Tuesday – May 6th Last Day of Classes at Ithaca College

9:00 OPEN FITNESS with Lorraine – Exercise Room, 2nd Floor
9:00 NAILS with Vera – 4th Floor, Fireplace Lounge
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 EXERCISE with Kelly – Auditorium, 3rd Floor
10:15 OPEN ART STUDIO with Julia, Create art with other residents! All welcome! – Craft Room, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 BOWLING with Pamela & Kelly – Auditorium, 3rd Floor
10:45 CRAFTS with Vera & Lorraine – Garden Level, West Wing
1:15 Pictionary with Soni & Kelly – 4th Floor, Fireplace Lounge
1:15 DOCUMENTARY: Our Planet: The High Seas – Auditorium, 3rd Floor
1:30 MOVEMENT & MUSIC with Lorraine – Garden Level, Rehab Room

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Week 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	4-May	5-May	6-May	7-May	8-May	9-May	10-May
LUNCH							
SOUP		Pasta Fagiola	Broccoli Cheddar	Vegeatable & Beef	Cream of Potato & Bacon	New England Clam	Tomato
ENTRÉE 1	Roasted Turkey & Gravy	Patty Melt w/Grilled Onions	Open Faced Turkey Sandwich/Gravy	Sloppy Jane (turkey)	Irish Lamb Stew	Tuna Noodle Casserole	Chicken Tenders
ENTRÉE 2	Blueberry Pancakes	Turkey Meatloaf	Taco Bowl Served with Salsa & Sour Cream	Manicotti	Teriyaki Chicken Thighs	Beef Tenderloin	Homemade Chili
STARCH	Mashed Potato	Mashed Potatoes	French Fries	Sweet Potato Fries	Baked Potato	Au Gratin Potato	Cornbread
FRUIT/VEG	Green Bean Casserole	Asparagus	Corn	Honey Roasted Carrots	Sauteed Spinach	Seared Kale	Broccoli Coleslaw
DESSERT	Strawberry Cheese Blintzes	Chocolate Cake	Fruited Jello	Coffee Ice Cream	Eclairs	Assorted Cream Pie	Fruit of the Forest Pie
DINNER							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP		Pasta Fagiola	Broccoli Cheddar	Vegetable & Beef	Cream of Potato & Bacon	New England Clam	Tomato
ENTRÉE 1	Cheese Pizza	Stuffed Sweet Potato	Chicken & Dumplings	Garlic Balsamic Pork Roast	Sweet and Sour Chicken	London Broil	Meatloaf
ENTRÉE 2	Boneless BBQ Wings	Stuffed Shells with Sausage Coins	Swedish Meatballs	Battered Haddock	Mango Salsa Salmon	Crab Mac & Cheese	Baked Raviloi
STARCH	Potato Wedges	no starch	Egg Noodles	Au Gratin Potatoes	Wild Rice	Risotto	Mashed Potato/Gravy
VEGGIE 1	Baby Carrots	Chuckwagon Blend	Peas/Carrot Blend	Cheesy Broccoli	Butternut Squash	Asparagus	Cream Corn
DESSERT	Brownies	Rainbow Sherbert	Strawberry Rhubarb Pie	Boston Cream Pie	Fruit Yogurt Parfait	Cheesecake	Jello Cake

Tuesday – May 6th

- 2:30 **PICTIONARY** with Whitney – Garden Level, West Wing
2:30 **COFFEE WITH CHERYL** – Dining Room, 3rd Floor
3:15 **TAI CHI** with Laurie – Auditorium, 3rd Floor
3:30 **BACKYARD BIRD CLUB: Making Bird Baths with Kelly & Maintenance** – Craft Room, 3rd Floor
3:30 **WHEEL OF FORTUNE** with Whitney – 4th Floor, Fireplace Lounge
3:45 **TRIVIA** with Lorraine – Garden Level, West Wing
6:30 **MUSIC WITH THE FORTNIGHT SINGERS** – Auditorium, 3rd Floor

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – May 7th

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
9:30 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – 4th Floor, Fireplace Lounge ***Note Time**
10:00 **TRIP TO WEGMANS – Sign up in Craft Room, Meet in Front Entrance** ***Note Time**
10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
10:30 **BIBLE STUDY: Study of Jesus, Miracles** with Brooke – Interfaith Chapel, 3rd Floor
10:45 **FAMOUS FACES** with Lorraine – 4th Floor, Fireplace Lounge
10:45 **CROSSWORDS** with Vera – Garden Level, East Wing
1:30 **STRETCH YOUR SPIRIT: Meditation & Harp** – Auditorium, 3rd Floor
1:30 **MUSIC & MOVEMENT** with Lorraine – Garden Level, Rehab Room
2:15 **NAILS** with Maria – Craft Room, 3rd Floor ***Note Time**
2:30 **FRIENDLY VISITING** with Lorraine – Garden Level, West Wing
3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
3:15 **TROLLEY RIDES w/ Emma – Meet in Front Lobby at 3:15 PM and Garden Level Entrances at 3:45 PM**
3:15 **BAKING CLUB: Scones** with Martina & Kelly – 4th Floor, Kitchenette
3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
6:15 **MUSICAL PERFORMANCE by Annie Ol' Thyme** – Auditorium, 3rd Floor
7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor



Thursday – May 8th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
9:00 **NAILS** with Vera & Kelly – Garden Level, East Wing
9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3rd Floor
10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **BEAN BAG TOSS** with Pam & Lorraine – 4th Floor, Fireplace Lounge
10:45 **WHO AM I?** with Vera – Garden Level, East Wing
10:45 **CLAY CLASS** with Ed & Whitney – Craft Room, 3rd Floor
12:45 **MUSIC** with Ben Hogben – Garden Level, Front Lobby
1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Genesis – Auditorium, 3rd Floor

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Thursday – May 8th Continued

- 1:15 **BEAN BAG TOSS** with Vera – Garden Level, East Wing
1:30 **THIS WEEK IN HISTORY** with Kelly – 4th Floor, Fireplace Lounge
1:30 **PLAY IT AGAIN SENIOR ACTING TROUPE: “Mistakes”** – Auditorium, 3rd Floor
1:30 **MUSIC** with Ben Hogben – 3rd Floor, Front Lobby
2:00 **MOVIE MATINEE: BIG (1988)** – Garden Level, East Wing
2:00 **AGE MATTERS: Anti-Ageism Student Project Presentation & Discussion** – IC Classroom, 2nd Floor
2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
3:15 **JEOPARDY** with Kelly – 4th Floor, Fireplace Lounge
3:45 **SHORT STORIES**, with Lorraine – Garden Level, West Wing



Friday – May 9th

- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
9:00 **OPEN SWIM** with Lorraine – Pool, 2nd Floor
10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
10:30 **SHORT STOIES ON THE PATIO** with Lorraine – Garden Level, West Wing Patio
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **TRUE OR FALSE?** with Whitney – 4th Floor, Fireplace Lounge
11:00 **WRITING, READING, & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
1:30 **MOVEMENT & MUSIC** with Kelly – Garden Level, Rehab Room
2:00 **QUILTING GROUP**, All are Welcome – IC Classroom, 2nd Floor
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:00 **SUPER BINGO** with Recreation – Auditorium, 3rd Floor
3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room
6:15 **PODCAST & DISCUSSION GROUP** with Emma – Craft Room, 3rd Floor

Saturday – May 10th

- 10:00 **OPUS** Ithaca School of Music Performance – Auditorium, 3rd Floor
11:00 **MOVEMENT & MUSIC** with Recreation – Garden Level, Rehab Room
1:00 **CARD GAMES** with Maria – 4th Floor, Fireplace Lounge
1:45 **MOVIE MATINEE: Sing Sing (2023)** – Garden Level, East Wing
2:15 **MOVIE MATINEE: Sing Sing (2023)** – Auditorium, 3rd Floor

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543