

WEEK 1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	18-May	19-May	20-May	21-May	22-May	23-May	24-May
LUNCH							
SOUP W/ ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Italian Wedding	Corn Chowder	Tomato
ENTRÉE 1	Blueberry Pancakes	Veal Chop	Chicken Caprese	Spaghetti & Meatballs	Lemon Pepper Chicken Breast	Roasted Tilapia	Pot Roast
ENTRÉE 2	Biscuit & Gravy Hashbrown Casserole	Chicken Parmesan	Taco Bowl w/ Salsa & Sour Cream	Chicken Alfredo	Cheeseburger Sliders	Linguine w/ Clam Sauce	Orange Chicken Thighs
STARCH	Mashed Potatoes	Mashed Sweet Potatoes	Yellow Rice	Garlic Breadstick	Curly Fries	Dinner Roll	Redskin Mashed Potatoes
VEGGIE	Green Bean Casserole	Cucumber & Tomato Salad	Peppers/Onions	Cauliflower/ Broccoli Blend	Steamed Corn	Steamed Broccoli	Creamed Spinach
DESSERT	Danishes & Dessert Cart	Tiramisu	Assorted Cheesecakes	Lemon Bars	Cannoli	Key Lime Bistro	Ice Cream Novelty
DINNER							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SOUP W/ ROLL	Chicken Noodle	Vegetable	French Onion	Cheddar Broccoli	Italian Wedding	Corn Chowder	Tomato
ENTRÉE 1	Chicken & Biscuits	Peach BBQ Chicken Thighs	Hamburger or Cheeseburger	Pesto Chicken	BBQ Pulled Chicken Sliders	Rosemary Chicken	Turkey Meatloaf
ENTRÉE 2	Swedish Meatballs w/ Egg Noodles	Stuffed Pepper Skillet	Spinach & Feta Turkey Burger	Dill Aioli Salmon	Mac & Cheese	Shrimp Gumbo	Pork Tenderloin
STARCH	Baked Potato	Wild Rice	French Fries	Sweet Potato	Garlic Bread	Basmati/White Rice	Couscous
VEGGIE	Peas & Carrots	Roasted Zucchini	Snap Peas	Artichoke Hearts	Honey Glazed Carrots	Garlic Green Beans	Yellow Squash
DESSERT	Danishes & Dessert Cart	Tiramisu	Assorted Cheesecakes	Lemon Bars	Cannoli	Key Lime Bistro	Ice Cream Novelty

LONGVIEW RECREATION SCHEDULE

May 18 – May 24, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4th Floor and at each nurse’s station in the Garden.

Sunday – May 18th

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor
2:30 WORSHIP SERVICE with Pastor Ben Hogben, Caroline Center Church – Auditorium, 3rd Floor
4:00 MUSIC CON AMORE with Ithaca High School Students – Auditorium, 3rd Floor

Monday – May 19th

9:00 OPEN FITNESS with Kelly – Exercise Room, 2nd Floor
9:00 MONDAY MORNING MOVEMENT with Vera – Garden Level, Front Lobby
9:15 TRIVIA with Whitney – 4th Floor, Fireplace Lounge
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
9:45 SMART SCREEN GAMES with Lorraine – Garden Level, West Wing
10:00 EXERCISE with Vera – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 CRAFTING FOR THE BAZAAR with Kelly – Craft Room, 3rd Floor
10:45 TRIVIA with Lorraine – Garden Level, East Wing
10:45 CROSSWORDS with Vera – 4th Floor, Fireplace Lounge
1:15 BINGO with Whitney – 4th Floor, Fireplace Lounge
1:15 WALKING LONGVIEW GROUNDS (weather permitting) with Kelly – Meet at Front Entrance, 3rd Floor
1:30 INDEPENDENT RESIDENT TOWN HALL – Auditorium, 3rd Floor
1:30 MOVEMENT & MUSIC with Lorraine – Rehab Room, Garden Level
2:00 YOGA with Lisa – IC Classroom, 2nd Floor
3:00 ART CLUB: Street Art Discussion with Whitney – Craft Room, 3rd Floor
3:15 BINGO with Kelly and Lorraine – Garden Level, East Wing
3:30 ALL CREATURES GREAT & SMALL (Season 2, Episode 1) – Auditorium, 3rd Floor
6:00 MONDAY NIGHT MOVIE – Garden Level, East Wing



Tuesday – May 20th

9:00 OPEN FITNESS with Bree – Exercise Room, 2nd Floor
9:00 NAILS with Vera – 4th Floor, Fireplace Lounge
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 EXERCISE with Lorraine – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 BOWLING with Pamela & Kelly – Auditorium, 3rd Floor
10:45 CRAFTS with Vera & Lorraine – Garden Level, West Wing
1:00 DOCUMENTARY: Our Planet: Forests – Auditorium, 3rd Floor
1:00 IC COURSE SELECTION & ADVISING with Bree & Angela – IC Classroom, 2nd Floor
1:15 BOGGLE with Soni & Kelly – 4th Floor, Fireplace Lounge
1:30 MOVEMENT & MUSIC with Lorraine – Garden Level, Rehab Room
2:30 COMMUNITY CAFÉ, All are Welcome! – Dining Room, 3rd Floor



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Tuesday – May 20th Continued

- 2:30 **ALZHEIMER'S SERIES: New Advances in Alzheimer's Treatments – Auditorium, 3rd Floor**
3:15 **TAI CHI** with Laurie – Rehab Room, Garden Level
3:30 **BACKYARD BIRD CLUB: Herons with Kelly – Craft Room, 3rd Floor**
3:30 **WHEEL OF FORTUNE** with Whitney – 4th Floor, Fireplace Lounge
3:45 **TRIVIA** with Lorraine – Garden Level, West Wing

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – May 21st

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
9:30 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – 4th Floor, Fireplace Lounge
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:30 **CROSSWORDS with Kelly – Garden Level, East Wing**
10:30 **BIBLE STUDY: Study of Jesus's Miracles** with Brooke – Interfaith Chapel, 3rd Floor
10:45 **JENGA** with Lorraine – 4th Floor, Fireplace Lounge
1:15 **NAILS** with Kelly – Craft Room, 3rd Floor
1:30 **MUSIC & MOVEMENT** with Lorraine – Garden Level, Rehab Room
2:15 **TRIP TO TARGET – Sign up in Craft Room, Meet in Front Entrance**
2:30 **FRIENDLY VISITING** with Lorraine – Garden Level, West Wing
3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
3:00 **BOOK CLUB DISCUSSION: Deamon Copperhead** – Garden Level, Rehab Room
3:15 **TROLLEY RIDES w/ Emma – Meet in Front Lobby at 3:15 PM and Garden Level Entrances at 3:45 PM**
*** **NO BAKING CLUB THIS WEEK**
3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
6:15 **Resident Speaker: Arts & Crafts Pre-Dating the 1900's: Tatting, Knitting & Crocheting w/ Priscilla Schwartz Auditorium, 3rd Floor**

7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor



Thursday – May 22nd

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
9:00 **NAILS** with Vera & Kelly – Garden Level, East Wing
9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3rd Floor
10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **BEAN BAG TOSS** with Pam & Lorraine – 4th Floor, Fireplace Lounge
10:45 **WHO AM I?** with Vera – Garden Level, East Wing
10:45 **CLAY CLASS with Ed & Whitney – Craft Room, 3rd Floor**
12:45 **MUSIC with Ben Hogben** – Garden Level, Front Lobby
1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Genesis – Auditorium, 3rd Floor
1:15 **BEAN BAG TOSS** with Vera – Garden Level, East Wing

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Thursday – May 22nd Continued

- 1:30 **THIS WEEK IN HISTORY** with Kelly – 4th Floor, Fireplace Lounge
1:30 **MUSIC** with Ben Hogben – 3rd Floor, Front Lobby
2:00 **MOVIE MATINEE: Rudy (1993)** – Garden Level, East Wing
2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
3:15 **JEOPARDY** with Kelly & Whitney – 4th Floor, Fireplace Lounge
3:45 **SHORT STORIES**, with Lorraine – Garden Level, West Wing

Friday – May 23rd

- 9:00 **OPEN FITNESS** with Kelly– Exercise Room, 2nd Floor
9:00 **OPEN SWIM with Whitney – Pool, 2nd Floor**
10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **MEMORIAL DAY CONVERSATIONS with Dan Weed – Auditorium, 3rd Floor**
10:45 **TRUE OR FALSE?** with Whitney – 4th Floor, Fireplace Lounge
11:00 **WRITING, READING, & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
1:30 **MOVEMENT & MUSIC** with Whitney – Garden Level, Rehab Room
2:00 **QUILTING GROUP**, All are Welcome – IC Classroom, 2nd Floor
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:00 **Collage Making: Poppy Fields with Recreation – Auditorium, 3rd Floor**
3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room
6:15 **PODCAST & DISCUSSION GROUP with Emma – Craft Room, 3rd Floor**



Saturday – May 24th

- 10:00 **MOVEMENT & MUSIC** with Lorraine – Garden Level, East Wing
11:00 **KICK IT OFF! Come Play Chair Soccer with Isaac – Auditorium, 3rd**
1:00 **TRIVIA** with Lorraine – Fireplace Lounge, 4th Floor
1:45 **MOVIE MATINEE: Nonnas (2025)** – Garden Level, East Wing
2:15 **MOVIE MATINEE: The Notebook (2004) – Auditorium, 3rd Floor**



Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543