

<i>Week 1</i>	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	27-Apr	28-Apr	29-Apr	30-Apr	1-May	2-May	3-May
LUNCH							
SOUP	Chicken Noodle	Vegetable	Italian Wedding	Lentil	Chicken Noodle	Corn Chowder	Tomato
ENTRÉE 1	Seafood Alfredo Casserole	Cube Steak w/ Gravy	Chicken Caprese Casserole	Pulled Chicken Sliders	Egg & Olive on Whole Wheat	Fried Fish	Pot Roast
ENTRÉE 2	Ham and Swiss Quiche	Spinach and Feta Turkey Burgers	Roasted Tilapia	Cheeseburger Sliders	BLT Wrap	Peach BBQ Chicken Thighs	Tuna Melt
STARCH	Southern Potato Wedge	French Fries	Sweet Potato Fries	Zucchini Fries	Potato Wedges	Fries	Tater Tots
FRUIT/VEG	Roasted Brussels Sprouts	Cucumber/ Tomato Salad	Broccoli	Corn	Steamed Carrots	Coleslaw	Mashed Cauliflower
DESSERT	Danishes	Dirt Cup	Strawberries	Fruit and Yogurt Parfait	Coconut Cream Pie	Fruit Crisp	Key Lime Bistro
DINNER							
SOUP	Chicken Noodle	Vegetable	Italian Wedding	Lentil	Chicken Noodle	Corn Chowder	Tomato
ENTRÉE 1	Soft Tacos Salsa & Sour Cream	Beef Tips	Beef Lasagna	Chicken Cutlet	Meat Loaf	Baked Mac & Cheese	Chicken and Biscuits
ENTRÉE 2	Grilled Cheese	Turkey Stroganoff	Stuffed Pepper	Lemon Butter Tilapia	Pork Tender w/ Mushroom Cream Sauce	Fried Shrimp	Penne Marinara
STARCH	Yellow Rice	Egg Noodles	Garlic Bread	Rice Pilaf	Mashed Potato/Gravy	Hush Puppies	Biscuit
VEGGIE 1	Pico De Gallo	Mixed Vegetables	Garlic Green Beans	Sauteed Greens	Peas	Stewed Tomato	Wax Beans
DESSERT	Ice Cream Novelty	Strawberry Shortcake	Cannoli	Tiramisu	Chocolate Cake	Individual Citrus Cake	Cookies and Cream Pie

LONGVIEW RECREATION SCHEDULE

April 27 – May 3, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4th Floor and at each nurse’s station in the Garden.

Sunday – April 27th

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor
2:30 WORSHIP SERVICE with Rev. Brooke Newell – Auditorium, 3rd Floor

Monday – April 28th

9:00 OPEN FITNESS with Kelly – Exercise Room, 2nd Floor
9:00 MONDAY MORNING MOVEMENT with Vera – Garden Level, Front Lobby
9:15 TRIVIA with Whitney – 4th Floor, Fireplace Lounge
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
9:45 GUESS WHO? With Kelly – Garden Level, West Wing
10:00 EXERCISE with Vera – Auditorium, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 CRAFTING FOR THE BAZAAR with Kelly – Craft Room, 3rd Floor
10:45 CROSSWORDS with Vera – 4th Floor, Fireplace Lounge
10:45 TRIVIA with Whitney – Garden Level, East Wing
10:45 IC STUDENT PRESENTATION: Just Say No to Ageism – Auditorium, 3rd Floor
1:15 BINGO with Maria – 4th Floor, Fireplace Lounge
1:15 IC COURSE ADVISING MEETING, Are you interested in taking a class at IC? – Craft Room, 3rd Floor
1:30 MOVEMENT & MUSIC with Whitney – Rehab Room, Garden Level
**** NO YOGA THIS WEEK
2:30 SCRABBLE with Maria – 4th Floor, Fireplace Lounge
3:00 DEATH CAFÉ: Gather to Eat Cake, Drink Tea and Discuss Death – Craft Room, 3rd Floor
3:00 ALL CREATURES GREAT & SMALL (Season 1, Episode 11) – Auditorium, 3rd Floor
3:15 WALKING LONGVIEW GROUNDS with Kelly – Meet at Front Entrance, 3rd Floor
3:15 BINGO with Martina and Whitney – Garden Level, East Wing
6:00 MONDAY NIGHT MOVIE – Garden Level, East Wing
6:15 DEATH RITUALS AROUND THE WORLD: Discussion & Crafts with Maria – Craft Room, 3rd Floor



Tuesday – April 29th

9:00 OPEN FITNESS with Lorraine – Exercise Room, 2nd Floor
9:00 NAILS with Vera – 4th Floor, Fireplace Lounge
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 EXERCISE with Kelly – Auditorium, 3rd Floor
10:15 OPEN ART STUDIO with Julia, Create art with other residents! All welcome! – Craft Room, 3rd Floor
10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
10:45 BOWLING with Pamela & Kelly – Auditorium, 3rd Floor
10:45 CRAFTS with Vera & Lorraine – Garden Level, West Wing
1:15 Pictionary with Soni & Kelly – 4th Floor, Fireplace Lounge
1:15 DOCUMENTARY: Our Planet: From Deserts to Grasslands – Auditorium, 3rd Floor

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Tuesday – April 29th

- 1:30 **MOVEMENT & MUSIC** with Lorraine – Garden Level, Rehab Room
- 2:30 **PICTIONARY** with Whitney – Garden Level, West Wing
- 2:30 **MUSIC THERAPY with Amanda – 4th Floor, Fireplace Lounge**
- 2:30 **COMMUNITY CAFÉ**, All are Welcome! – Dining Room, 3rd Floor
- 3:15 **TAI CHI** with Laurie – Auditorium, 3rd Floor
- 3:30 **BACKYARD BIRD CLUB: Bird Walk with Kelly – Craft Room, 3rd Floor**
- 3:30 **WHEEL OF FORTUNE** with Whitney – 4th Floor, Fireplace Lounge
- 3:45 **TRIVIA** with Lorraine – Garden Level, West Wing

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – April 30th

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
- 10:00 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – 4th Floor, Fireplace Lounge
- 10:30 **BIBLE STUDY: Study of Jesus, Miracles** with Brooke – Interfaith Chapel, 3rd Floor
- 10:45 **NATURE RELAXATION Research Finding Presentation – Auditorium, 3rd Floor**
- 10:45 **FAMOUS FACES** with Lorraine – 4th Floor, Fireplace Lounge
- 10:45 **CROSSWORDS** with Vera – Garden Level, East Wing
- 1:15 **NAILS** with Maria – Craft Room, 3rd Floor
- 1:30 **MUSIC & MOVEMENT** with Lorraine – Garden Level, Rehab Room
- 2:15 **TRIP TO GOODWILL – Sign up in Craft Room, Meet in Front Entrance**
- 2:15 **PLANT TALK** with John – Craft Room, 3rd Floor ***Note Day**
- 2:30 **FRIENDLY VISITING** with Lorraine – Garden Level, West Wing
- 3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
- 3:15 **TROLLEY RIDES w/ Emma – Meet in Front Lobby at 3:15 PM and Garden Level Entrances at 3:45 PM**
- 3:15 **BAKING CLUB:** Chocolate Chip Cookies with Martina – 4th Floor, Kitchenette
- 3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing
- 3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
- 6:15 **IC Speaker: Stand-Up Comedy with Carlos Figueroa – Auditorium, 3rd Floor**
- 7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor



Thursday – May 1st

- 9:00 **OPEN FITNESS** with Recreation – Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera & Kelly – Garden Level, East Wing
- 9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **BEAN BAG TOSS** with Pam & Lorraine – 4th Floor, Fireplace Lounge
- 10:45 **WHO AM I?** with Vera – Garden Level, East Wing
- 10:45 **CLAY CLASS with Ed & Kelly – Craft Room, 3rd Floor**

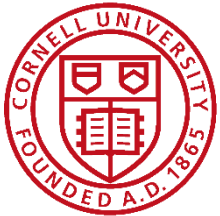
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Thursday – May 1st Continued

- 12:45 **MUSIC with Ben Hogben** – Garden Level, Front Lobby
- 1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Genesis – Auditorium, 3rd Floor
- 1:15 **BEAN BAG TOSS** with Vera – Garden Level, East Wing
- 1:30 **THIS WEEK IN HISTORY** with Kelly – 4th Floor, Fireplace Lounge
- 1:30 **IC COURSE ADVISING, Are you interested in taking a class at IC? – IC Classroom, 2nd Floor**
- 1:30 **MUSIC** with Ben Hogben – 3rd Floor, Front Lobby
- 2:00 **MOVIE MATINEE:** Field of Dreams (1989) – Garden Level, East Wing
- 2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor ***Note Day**
- 3:15 **JEOPARDY** with Kelly – 4th Floor, Fireplace Lounge
- 3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room ***Note Day**
- 3:45 **SHORT STORIES**, with Lorraine – Garden Level, West Wing
- 6:00 **SOCIAL CLUB, All are Welcome! – Craft Room, 3rd Floor**

Friday – May 2nd

- 9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
- 9:30 **BRAIN BUILDERS & BAKING with IC Students – Garden Level, West Wing**
- 10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **REALLY LOUD LIBRARIANS GAME** with Whitney – 4th Floor, Fireplace Lounge
- 11:00 **WRITING, READING, & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
- 1:30 **MOVEMENT & MUSIC** with Martina – Garden Level, Rehab Room
- 1:30 **WELLNESS SERIES: Hearing Health w/ Hearing Consultants of CNY & Dr. McMahon – Auditorium, 3rd Floor**
- 2:00 **QUILTING GROUP**, All are Welcome – IC Classroom, 2nd Floor
- **** **ANIMAL TALK HAS BEEN MOVED TO THURSDAY THIS WEEK**
- 3:00 **COLLAGE MAKING with Recreation – Craft Room, 3rd Floor**
- 6:15 **PODCAST & DISCUSSION GROUP** with Emma – Craft Room, 3rd Floor



Saturday – May 3rd

- 10:00 **SCATTERGORIES** with Maria & Martina – 4th Floor, Fireplace Lounge
- 11:00 **TRIVIA** with Maria & Martina – Garden Level, East Wing
- 1:00 **MOVEMENT & MUSIC** with Maria & Martina – Garden Level, Rehab Room
- 1:15 **MOVIE MATINEE:** Mystic Pizza (1988) – Garden Level, East Wing
- 2:30 **AFTERNOON TEA & GETTING TO KNOW YOU SOCIAL** with Cornell Students – Auditorium, 3rd Floor

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments at (607) 279-7543