

LONGVIEW RECREATION SCHEDULE

January 12 – January 18, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

Week 2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	12-Jan	13-Jan	14-Jan	15-Jan	16-Jan	17-Jan	18-Jan
LUNCH							
SOUP	BRUNCH	Pasta Fagiola	Broccoli Cheddar	Vegetable & Beef	Cream of Potato & Bacon	New England Clam	Tomato
ENTRÉE 1	Roasted Turkey & Gravy	Patty Melt w/ Grilled Onions	Open Faced Turkey Sandwich/Gravy	Sloppy Jane (turkey)	Irish Lamb Stew	Tuna Noodle Casserole	Chicken Tenders
ENTRÉE 2	Blueberry Pancakes	Turkey Meatloaf	Taco Bowl with Salsa and Sour Cream	Manicotti	Teriyaki Chicken Thighs	Beef Tenderloin	Homemade Chili
STARCH	Mashed Potato	Mashed potatoes	French Fries	Sweet Potato Fries	Baked Potato	Au Gratin Potato	Cornbread
FRUIT/VEG	Green Bean Casserole	Asparagus	Corn	Honey roasted carrots	Sauteed Spinach	Seared Kale	Broccoli Coleslaw
DESSERT	Strawberry Cheese Blintzes	Chocolate Cake	Fruited Jello	Coffee Ice Cream	Eclairs	Assorted Cream pie	Fruit of the Forest Pie
DINNER							
SOUP		Pasta Fagiola	Broccoli Cheddar	Vegetable & Beef	Cream of Potato & Bacon	New England Clam	Tomato
ENTRÉE 1	Cheese Pizza	Stuffed Sweet Potato	Chicken & Dumplings	Garlic Balsamic Pork Roast	Sweet and Sour Chicken	London Broil	Meatloaf
ENTRÉE 2	Boneless BBQ Wings	Stuffed Shells with Sausage Coins	Sweedish Meatballs	Battered Haddock	Mango Salsa Salmon	Crab Mac and Cheese	Baked Ravioli
STARCH	Potato Wedges	No Starch	Egg Noodles	Au gratin potatoes	Wild Rice	Risotto	Mashed/Gravy
VEGGIE 1	Baby Carrots	Chuckwagon Blend	Peas/Carrot Blend	Cheesy Broccoli	Butternut Squash	Asparagus	Cream Corn
DESSERT	Brownies	Rainbow Sherbert	Strawberry Rhubarb Pie	Boston Cream Pie	Fruit Yogurt Parfait	Cheesecake	Jello Cake

Sunday – January 12th

- 10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
- 2:30 **WORSHIP SERVICE with Pastor Scott Hathorn, Calvary Chapel – Auditorium, 3rd Floor**

Monday – January 13th

- 9:00 **OPEN FITNESS** with Lorraine – Exercise Room, 2nd Floor
- 9:00 **MONDAY MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
- 9:15 **TRIVIA** with Netta – 4th Floor, Fireplace Lounge
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:30 **TRIVIA with Lorraine – Garden Level, East Wing**
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **CROSSWORDS** with Vera – 4th Floor, Fireplace Lounge
- 11:00 **MYSTERIES OF THE ABANDONED AMERICA: SS United States (video)** – Auditorium, 3rd Floor
- 1:30 **MOVEMENT & MUSIC** with Netta – Rehab Room, Garden Level
- 1:30 **WORD MINING** with Lorraine – 4th Floor, Fireplace Lounge
- 2:00 **YOGA** with Katy Morris – IC Classroom, 2nd Floor
- 2:00 **LEARN ABOUT THE NYS OMBUDSMAN, Meet & Greet for AL/EAL Residents – Rehab Rm, Garden Lvl**
- 3:15 **BINGO** with Netta & Lorraine – Garden Level, East Wing
- 3:15 **FOOD FOR THOUGHT with Whitney: Hummus – Auditorium, 3rd Floor**
- 6:00 **MONDAY NIGHT MOVIE** – Garden Level, East Wing

Tuesday – January 14th

- 9:00 **OPEN FITNESS** with Lorraine – Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera – 4th Floor, Fireplace Lounge
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Netta – Auditorium, 3rd Floor
- 10:15 **COMMON PHRASES & THE HISTORY BEHIND THEM with Whitney – Garden Level, East Wing**
- 10:15 **OPEN ART STUDIO with Julia**, Create art with other residents! All welcome! – Craft Room, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 **BOWLING** with Netta & Pamela – Auditorium, 3rd Floor
- 10:45 **CRAFTS** with Vera & Lorraine – Garden Level, West Wing
- 1:15 **PICTIONARY** with Netta & Lorraine – 4th Floor, Fireplace Lounge
- 1:15 **KEN BURNS DOCUMENTARY: Muhammad Ali, Round Two: What's My Name? (1964-1970) – Auditorium**
- 1:30 **MOVEMENT & MUSIC** with Whitney – Garden Level, Rehab Room
- 2:30 **COMMUNITY CAFÉ**, All Are Welcome! – Dining Room, 3rd Floor
- 2:30 **MUSIC THERAPY with Amanda – Garden Level, East Wing**
- 3:15 **TAI CHI** with Laurie – Auditorium, 3rd Floor
- 3:30 **WOULD YOU RATHER** with Netta – Garden Level, East Wing
- 3:45 **WHEEL OF FORTUNE** with Whitney – 4th Floor, Fireplace Lounge
- 4:00 **SHORT STORIES** with Lorraine – Garden Level, East Wing
- 6:30 **MUSIC WITH THE FORTNIGHT SINGERS – Auditorium, 3rd Floor**



LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – January 15th

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
- 9:00 **OPEN FITNESS** with Lorraine – Exercise Room, 2nd Floor
- 9:15 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – 4th Floor, Fireplace Lounge
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:00 **CREATIVE COLORING** – Garden Level, West Wing
- 10:30 BIBLE STUDY: Studying Moses with Brooke – Interfaith Chapel, 3rd Floor**
- 10:45 **FAMOUS FACES** with Lorraine – 4th Floor, Fireplace Lounge
- 10:45 **CROSSWORDS** with Vera – Garden Level, East Wing
- 1:30 **DOCUMENTARY: Queen Cleopatra Mini-Series, “When in Rome”** – 4th Floor, Fireplace Lounge
- 1:30 **MUSIC & MOVEMENT** with Vera – Garden Level, Rehab Room
- 2:15 TRIP TO TRADER JOE’S – Sign up in Craft Room, Meet in Entrance**
- 2:30 **FRIENDLY VISITING** with Lorraine – Front Lobby, Garden Level
- 3:00 **WHO AM I?** with Emma – 4th Floor, Fireplace Lounge
- 3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
- 3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing
- 3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
- 7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – January 16th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera & Netta – Garden Level, East Wing
- 9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:45 BEAN BAG TOSS with Pam & Lorraine – 4th Floor, Fireplace Lounge**
- 10:45 **WHO AM I?** with Vera – Garden Level, East Wing
- 10:45 **CLAY CLASS** with Ed – Craft Room, 3rd Floor
- **** **NO MUSIC with Ben Hogben this week!**
- 1:15 **BINGO** with Adult Day – 4th Floor, Fireplace Lounge
- 1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Genesis – Auditorium, 3rd Floor
- 1:15 **BEAN BAG TOSS** with Vera – Garden Level, East Wing
- 2:00 **MOVIE MATINEE: Newsies: The Broadway Musical (2017)** – Garden Level, East Wing
- 2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
- 3:15 JEOPARDY with Whitney – 4th Floor, Fireplace Lounge**
- 3:30 **MUSIC** with Ben Hogben – 3rd Floor, Front Lobby
- 3:45 **DRAMA CLUB**, Acting with Netta – Garden Level, Front Lobby
- 6:30 **THURSDAY MOVIE NIGHT** – 4th Floor, Fireplace Lounge

Friday – January 17th

- 9:00 **OPEN FITNESS** with Bree – Exercise Room, 2nd Floor
- 9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
- 9:00 **MORNING MOVEMENT** with Netta – Garden Level, Front Lobby
- 10:00 **EXERCISE** with Netta – Auditorium, 3rd Floor
- 10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
- 10:30 **POKENO** with Whitney – 4th Floor, Fireplace Lounge
- 10:45 **COFFEE & GAMES** with Netta – Garden Level, West Wing
- 11:00 **WRITING, READING, & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
- 1:00 WELLNESS SERIES: Nature RX with Don Rakow – Auditorium, 3rd Floor**
- 1:00 SPECIAL MOVE MATINEE: Wicked (2024) – Garden Level, East Wing**
- 1:30 **MOVEMENT & MUSIC** with Netta – Garden Level, Rehab Room
- 2:00 **COMMON PHRASES & THE HISTORY BEHIND THEM** with Whitney – 4th Floor, Fireplace Lounge
- 2:00 **QUILTING GROUP**, All are welcome! – IC Classroom, 2nd Floor
- 2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
- 3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room
- 6:15 PODCAST & DISCUSSION GROUP with Emma – Craft Room, 3rd Floor**



Saturday – January 18th

- 10:00 CORNELL COMPANIONS Pet Therapy Visits – Garden Level, East Wing**
- 10:15 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor
- 11:00 **TRIVIA** with Netta – 4th Floor, Fireplace Lounge
- 1:00 **MOVEMENT & MUSIC** with John – Garden Level, Rehab Room
- 2:00 MUSICAL PERFORMANCE with Kylie B. – Auditorium, 3rd Floor**

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments at
(607) 279-7543