

LONGVIEW RECREATION SCHEDULE

February 2 – February 8, 2025

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

Week 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2-Feb	3-Feb	4-Feb	5-Feb	6-Feb	7-Feb	8-Feb
LUNCH							
SOUP	BRUNCH	Vegetable	Italian Wedding	Lentil	Chicken Noodle	Corn Chowder	Tomato
ENTRÉE 1	Seafood Alfredo Casserole	Cube Steak w/ Gravy	Chicken Caprese casserole	Pulled chicken sliders	Egg & Olive on Whole Wheat	Fried Fish	Pot Roast
ENTRÉE 2	Ham and Swiss Quiche	Spinach and feta Turkey Burgers	Roasted Tilapia	Cheeseburger Sliders	BLT wrap	Peach BBQ Chicken Thighs	Tuna Melt
STARCH	Southern Potato Wedge	French Fries	Sweet Potato Fries	Zucchini Fries	Potato Wedges	Fries	Tater tots
FRUIT/VEG	Roasted Brussels Sprouts	Cucumber/ Tomato Salad	Broccoli	Corn	Steamed Carrots	Coleslaw	Mashed Cauliflower
DESSERT	Danishes	Dirt Cup	Strawberries	Fruit and Yogurt Parfait	Coconut Cream Pie	Fruit Crisp	Key Lime Bistro
DINNER							
SOUP		Vegetable	Italian Wedding	Lentil	Chicken Noodle	Corn Chowder	Tomato
ENTRÉE 1	Soft Tacos Salsa & Sour Cream	Beef Tips	Beef Lasagna	Chicken Cutlet	Meat Loaf	Baked Mac & Cheese	Chicken and Biscuits
ENTRÉE 2	Grilled Cheese	Turkey Stroganoff	Stuffed Pepper	Lemon Butter Tilapia	Pork Tender w/ Mushroom Cream Sauce	Fried Shrimp	Penne Marinara
STARCH	Yellow Rice	Egg Noodles	Garlic Bread	Rice Pilaf	Mashed Potato & Gravy	Hush Puppies	Biscuit
VEGGIE 1	Pico De Gallo	Mixed Vegetables	Garlic Green Beans	Sauteed Greens	Peas	Stewed Tomato	Wax Beans
DESSERT	Ice Cream Novelty	Strawberry Shortcake with Biscuits	Cannoli	Tiramisu	Chocolate Cake with Frosting	Individual Citrus Cake	Cookies and Cream Pie

Sunday – February 2nd Groundhog Day

- 10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor
- 2:30 WORSHIP SERVICE w/ The Rev. Geri Judd, Newfield United Methodist – Auditorium, 3rd Floor

Monday – February 3rd

- 9:00 OPEN FITNESS with Lorraine – Exercise Room, 2nd Floor
- 9:00 MONDAY MORNING MOVEMENT with Vera – Garden Level, Front Lobby
- 9:15 TRIVIA with Netta – 4th Floor, Fireplace Lounge
- 9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 EXERCISE with Vera – Auditorium, 3rd Floor
- 10:30 TRIVIA with Lorraine – Garden Level, East Wing
- 10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
- 10:45 CROSSWORDS with Vera – 4th Floor, Fireplace Lounge
- 1:15 BINGO with Maria & Lorraine – 4th Floor, Fireplace Lounge
- 1:30 ART CLUB: Still Life Drawing with Whitney – Craft Room, 3rd Floor
- 1:30 MOVEMENT & MUSIC with Netta – Rehab Room, Garden Level
- 1:30 FOOD COMMITTEE MEETING – Board Room, 2nd Floor
- 2:00 YOGA with Lisa – IC Classroom, 2nd Floor
- 2:30 THE STORY OF GROUNDHOG DAY with Maria – 4th Floor, Fireplace Lounge
- 3:00 ALL CREATURES GREAT & SMALL (Season 1, Episode 1) – Auditorium, 3rd Floor
- 3:15 BINGO with Lorraine, Netta, & Martina – Garden Level, East Wing
- 3:30 HOLIDAY BAZAAR MEETING, All Are Welcome! – Craft Room, 3rd Floor
- 6:00 MONDAY NIGHT MOVIE – Garden Level, East Wing



Tuesday – February 4th

- 9:00 OPEN FITNESS with Lorraine – Exercise Room, 2nd Floor
- 9:00 NAILS with Vera – 4th Floor, Fireplace Lounge
- 9:15 COMMON PHRASES & THE HISTORY BEHIND THEM with Whitney – Garden Level, East Wing
- 9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 EXERCISE with Netta – Auditorium, 3rd Floor
- 10:15 OPEN ART STUDIO with Julia, Create art with other residents! All welcome! – Craft Room, 3rd Floor
- 10:30 LONGVIEW STORE open until 11:30 a.m. – 3rd Floor
- 10:45 BOWLING with Netta & Pamela – Auditorium, 3rd Floor
- 10:45 CRAFTS with Vera & Lorraine – Garden Level, West Wing
- 1:15 Pictionary with Netta & Lorraine – 4th Floor, Fireplace Lounge
- 1:15 KEN BURNS DOCUMENTARY: Muhammad Ali, Round Three: The Rivalry (1970 - 1974) – Auditorium
- 1:30 MOVEMENT & MUSIC with Whitney – Garden Level, Rehab Room
- 2:30 COFFEE WITH CHERYL – Dining Room, 3rd Floor
- 3:15 TAI CHI with Laurie – Auditorium, 3rd Floor
- 3:30 WOULD YOU RATHER with Netta – Garden Level, East Wing
- 6:30 MUSIC WITH THE FORTNIGHT SINGERS – Auditorium, 3rd Floor



Continued on next page...

Tuesday – February 4th

- 3:45 **WHEEL OF FORTUNE** with Whitney – 4th Floor, Fireplace Lounge
4:00 **SHORT STORIES** with Lorraine – Garden Level, East Wing

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by **TUESDAY evening** and will be delivered **WEDNESDAY afternoon!**

Wednesday – February 5th

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
9:00 **OPEN FITNESS** with Netta – Exercise Room, 2nd Floor
9:15 **SPORTS HIGHLIGHTS: Videos & Discussion** with Lorraine – 4th Floor, Fireplace Lounge
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:15 **GETTING TO KNOW YOU**, Conversations with Netta – Garden Level, East Wing
10:30 **BIBLE STUDY: Studying Moses, Chapter 3 with Brooke – Interfaith Chapel, 3rd Floor**
10:45 **FAMOUS FACES** with Lorraine – 4th Floor, Fireplace Lounge
10:45 **CROSSWORDS** with Vera – Garden Level, East Wing
1:15 **NAILS** with Maria – Craft Room, 3rd Floor
1:30 **DOCUMENTARY: Queen Cleopatra Mini-Series, “The Last Pharaoh”** – 4th Floor, Fireplace Lounge
1:30 **MEET THE PROS: Essential Services to Prepare Your Home for Sale (Pt. 2) – Auditorium, 3rd Floor**
1:30 **MUSIC & MOVEMENT** with Netta – Garden Level, Rehab Room
2:15 **TRIP TO TARGET – Sign up in Craft Room, Meet in Entrance**
2:30 **FRIENDLY VISITING** with Lorraine – Front Lobby, Garden Level
2:45 **CARD GAMES** with Maria – 4th Floor, Fireplace Lounge
3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
3:45 **WATERCOLOR** with Lorraine – Garden Level, West Wing
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
6:15 **MUSICAL PERFORMANCE by Annie Ol’ Thyme - Auditorium, 3rd Floor**
7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor



Thursday – February 6th

- 9:00 **OPEN FITNESS** with Netta – Exercise Room, 2nd Floor
9:00 **NAILS** with Vera – Garden Level, East Wing
9:30 **COFFEE & CONVERSATION** with Pamela & Lorraine – Craft Room, 3rd Floor
10:00 **EXERCISE** with Lorraine – Auditorium, 3rd Floor
10:15 **COFFEE & GAMES** with Netta – Garden Level, East Wing
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:45 **BEAN BAG TOSS** with Pam & Lorraine – 4th Floor, Fireplace Lounge
10:45 **WHO AM I?** with Vera – Garden Level, East Wing
10:45 **CLAY CLASS** with Ed – Craft Room, 3rd Floor
1:15 **SPIRITUAL LIFE Video Lecture**, Great Courses Series on Genesis – Auditorium, 3rd Floor
1:15 **BEAN BAG TOSS** with Vera – Garden Level, East Wing
2:00 **MOVIE MATINEE: Groundhog Day (1993)** – Garden Level, East Wing
2:15 **PLANT TALK** with John – Craft Room, 3rd Floor
3:15 **JEOPARDY** with Whitney – 4th Floor, Fireplace Lounge

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Thursday – February 6th

- 3:30 **MUSIC** with Ben Hogben – 3rd Floor, Front Lobby *Note Time
3:45 **DRAMA CLUB**, Acting with Netta – Garden Level, Front Lobby
6:30 **THURSDAY MOVIE NIGHT** – 4th Floor, Fireplace Lounge

Friday – February 7th

- 9:00 **OPEN FITNESS** with Netta – Exercise Room, 2nd Floor
9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
9:30 **BRAIN BUILDERS & BAKING** with IC Students – Garden Level, West Wing
10:00 **EXERCISE** with Netta – Auditorium, 3rd Floor
10:30 **LONGVIEW STORE** open until 11:30 a.m. – 3rd Floor
10:30 **THE GAME OF THINGS** with Whitney – 4th Floor, Fireplace Lounge
11:00 **WRITING, READING, & DISCUSSIONS** with Jerry – Garden Level, Rehab Room
1:15 **COLLAGE MAKING** with Martina – 4th Floor, Fireplace Lounge
1:30 **MOVEMENT & MUSIC** with Netta – Garden Level, Rehab Room
1:30 **WELLNESS SERIES: Estate Planning with Kristen & Nate of Coughlin & Gerhart – Auditorium, 3rd Floor**
2:00 **COMMON PHRASES & THE HISTORY BEHIND THEM** with Whitney – 4th Floor, Fireplace Lounge
2:00 **QUILTING GROUP**, All are welcome! – IC Classroom, 2nd Floor
2:15 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:30 **SHABBAT** with IC Hillel – Interfaith Chapel, 3rd Floor
3:45 **REMINISCING GAME (Trivia Game) – Auditorium, 3rd Floor *Note Time**
3:45 **GARDEN & ANIMAL TALK** with John – Garden Level, Rehab Room
6:15 **PODCAST & DISCUSSION GROUP** with Emma – Craft Room, 3rd Floor

Saturday – February 8th

- 10:00 **SCATTERGORIES** with Maria & Martina – 4th Floor, Fireplace Lounge
10:15 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor
11:00 **TRIVIA** with Martina & Maria – Garden Level, East Wing
1:00 **MOVEMENT & MUSIC** with Maria & Martina – Garden Level, Rehab Room
1:45 **MOVIE MATINEE: Saturday Night (2024)** – Garden Level, East Wing *Note Time
2:15 **SINGING THE CLASSICS** with Mario – Auditorium, 3rd Floor
3:30 **GAMES** with Maria & Martina – 4th Floor, Fireplace Lounge *Note Time

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments at
(607) 279-7543

