

LONGVIEW RECREATION SCHEDULE

April 21 – April 27, 2024

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 2	21-Apr	22-Apr	23-Apr	24-Apr	25-Apr	26-Apr	27-Apr
LUNCH							
SOUP		Spring Vegetable	Cream of Carrot	Leek & Potato	Veggie & Minestrone	Corn Chowder	Creamy Tomato
ENTRÉE 1	Chicken Cordon Bleu Casserole	Chick Pea Tuna Salad	Chopped Cobb Salad	Chicken Paprika	Taco stuffed Tomato	Shrimp Scampi	Chicken Fajita Quesadillas
ENTRÉE 2	Fried Eggs	All American Burger	Monte Cristo	Beef and Bean Sloppy Joes	Crispy Chicken Deluxe	Ceaser Salad Chicken or Shrimp	Lamb Chops w/ mint Jelly
STARCH	Corned Beef Hash	Pasta Salad	Scalloped Taters	Brown Rice	Onion Rings	Texas Toast	Creamy Risotto
FRUIT/ VEG	Fresh Fruit Salad	Chilled Beets	Italian Green Beans	Broccoli & Slaw Salad	Bean Medley	Fresh Fruit	Sauteed Spinach
DESSERT	Coffee Cake	Key Lime Bistro	Strawberries	Fruit and Yogurt Parfait	Coconut Cream Pie	Fruit Crisp	Dirt Cup (Pudding Parfait)
DINNER							
SOUP	ACF Only	Spring Vegetable	Cream of Carrot	Leek & Potato	Veggie & Minestrone	Corn Chowder	Creamy Tomato
ENTRÉE 1	Pizza & Wing Dings	Kale, Sausage & Pepper over Pasta	Spaghetti & Meatballs	Pork Osso Bucco	Turkey Spinach Artichoke Casserole	Fish Fry (haddock)	Pot Roast
ENTRÉE 2	Turkey Wrap	Three Bean Quinoa Salad	Strawberry Goat Cheese Salad with BV dressing	Lemon Garlic Tuna Burger	Zucchini Buritto Boats	Chicken & Spinach Pasta	Antipasto Salad
STARCH	Potato Wedges	Pasta	Garlic Bread	Mashed Potato	Garlic Roasted Potatoes	Hush Puppies	Mashed Potato
VEGGIE	Celery & Carrot Sticks	Seared Kale	Cauliflower	Snap Peas	Corn	Vinegar Slaw	Cooked Carrots, Celery, Onion
DESSERT	Ice Cream Novelty	Strawberry Shortcake with biscuits	Cannoli	Tiramisu	Chocolate Cake with peanut butter Frosting	Individual Citrus cake	Cookies and Cream Pie

Sunday – April 21st

- 10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
- 2:30 **WORSHIP SERVICE with Ms. Susan Spear – Auditorium, 3rd Floor**
- 3:30 **DOROTHY COTTON JUBILEE SINGERS at IC – Sign up in Craft Room, Meet in Front Entrance**

Monday – April 22nd Earth Day & Passover Begins at Sundown

- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
- 9:00 **MONDAY MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:15 **CELEBRATING EARTH DAY DISCUSSION & TRIVIA with Whitney – Garden Level, East Wing**
- 10:45 **KNITTING GROUP** with Vera, Beginners welcome and no supplies needed! – 4th Floor, Fireplace Lounge
- 10:45 **LONGVIEW STORE** open until 11:45 – 3rd Floor
- 10:45 **LINE GAME** with Kelly – 4th Floor, Fireplace Lounge
- 11:00 **TRAVEL & EXPLORE** with Rick Steves (video travelogue) – Auditorium, 3rd Floor
- 11:15 **RECREATION SCHEDULE Q&A with Whitney – Craft Room, 3rd Floor**
- 1:30 **MOVEMENT & MUSIC** with Kelly – Garden Level, East Wing
- 2:00 **YOGA** with Lisa – IC Classroom, 2nd Floor
- 3:00 **FOOD FOR THOUGHT: Kosher for Passover with Whitney – Craft Room, 3rd Floor**
- 3:15 **BINGO** with Kelly & Olivia – Garden Level, East Wing
- 3:30 **FAMOUS FACES** with Emma – 4th Floor, Fireplace Lounge
- 6:00 **MONDAY NIGHT MOVIE: Captain America: The First Avenger (2011)** – Garden Level, East Wing



Tuesday – April 23rd

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera – 4th Floor, Fireplace Lounge
- 9:15 **MORNING MOVEMENT** with IC Students – Garden Level, Front Lobby
- 9:30 **CHIT CHAT & TRIVIA** with Greg – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor
- 10:45 **BOWLING with Lorraine & Tara – Auditorium, 3rd Floor**
- 10:45 **CRAFTS** with Vera & Kelly – Garden Level, West Wing
- 10:45 **LONGVIEW STORE** open until 11:45 – 3rd Floor
- 1:00 **GRIEF SUPPORT GROUP** Hosted by Hospicare – Interfaith Chapel, 3rd Floor
- 1:15 **SMARTBOARD PICTONARY** with Soni & Tara – 4th Floor, Fireplace Lounge
- 1:30 **MOVEMENT & MUSIC** with Whitney – Garden Level, Rehab Room
- 1:30 **KEN BURNS DOCUMENTARY: The Roosevelts: An Intimate History – Auditorium, 3rd Floor**
- 2:30 **COMMUNITY CAFÉ: Conversation & Community** – Dining Room, 3rd Floor

Continued on next page...

Tuesday – April 23rd *Continued*

- 3:30 **TAI CHI** with Laurie – Auditorium, 3rd Floor ***Note Time**
- 3:45 **SMART SCREEN WHEEL OF FORTUNE** with Whitney – 4th Floor, Fireplace Lounge
- 4:00 **SHORT STORIES** with Kelly – Garden Level, East Wing

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **TUESDAY EVENING** and will be delivered **Wednesday Afternoon!**

Wednesday – April 24th **Administrative Professionals Day**

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:30 **BIBLE STUDY, “The Life and Message of the Apostle Paul”, Chapter 2** – Interfaith Chapel, 3rd Floor
- 10:45 **CARD GAMES & JENGA** with Kelly – 4th Floor, Fireplace Lounge
- 10:45 **CROSSWORDS** with Vera – Garden Level, East Wing
- 1:15 **PODCASTS & DISCUSSION GROUP with Emma** – Craft Room, 3rd Floor
- 1:30 **MUSIC & MOVEMENT** with Olivia – Garden Level, Rehab Room
- 1:30 **PRAYER GROUP** – 2nd floor, C-Wing Lounge
- 2:15 **TRIP TO GREENSTAR – Sign up in Craft Room, Meet in Front Entrance**
- 2:30 **SCRABBLE** with Olivia – 4th Floor, Fireplace Lounge
- 2:30 **WATERCOLOR** with Kelly – Garden Level, West Wing
- 3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
- 3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
- 3:45 **TRIVIA** with Olivia – Garden Level, East Wing
- 4:00 **SHORT STORIES** with Kelly – 4th Floor, Fireplace Lounge
- 7:30 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

Thursday – April 25th

- 9:00 **OPEN EXERCISE** with Whitney - Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera – Garden Level, East Wing
- 9:30 **CHIT CHAT & TRIVIA** with Greg – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor
- 10:45 **BELLY DANCING** with Zajal & Kelly – Garden Level, West Wing
- 10:45 **BEAN BAG TOSS** with Tara & Lorraine - 4th Floor Fireplace Lounge
- 10:45 **WHO AM I?** with Vera – Garden Level, East Wing
- 10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor
- 1:00 **NAILS with Maria** – Craft Room, 3rd Floor
- 1:15 **BINGO** with Kelly & Tara – 4th Floor, Fireplace Lounge
- 1:15 **BEAN BAG TOSS** with Vera & Soni – Garden Level, East Wing
- 1:30 **CELEBRATION OF LIFE, All are welcome** – Auditorium, 3rd Floor
- 2:00 **MOVIE MATINEE: The Outlaws (2023)** – Garden Level, East Wing
- 2:15 **PLANT TALK** with John – Craft Room, 3rd Floor ***Note Time**
- 3:15 **JEOPARDY** with Whitney & Maria – 4th Floor Fireplace Lounge
- 3:30 **CRAFTS, COLORING & MUSIC** with Kelly – Garden Level, West Wing
- 3:30 **MODEL PASSOVER SEDER w/ Cantor Richard Rosenfield, All are welcome** – Auditorium, 3rd Floor

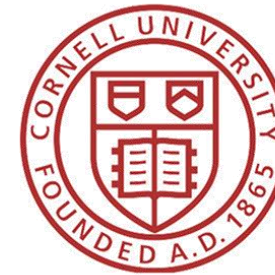


Friday – April 26th

- 9:00 **OPEN EXERCISE** with Kelly – Exercise Room, 2nd Floor
- 9:00 **OPEN SWIM** with Whitney – Pool, 2nd Level
- 9:00 **MORNING MOVEMENT** with Tara – Garden Level, Front Lobby
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 9:30 **BRAIN BUILDERS & BAKING with IC Students** – Garden Level, East Wing
- 10:00 **EXERCISE** with Tara – Auditorium, 3rd Floor
- 10:45 **TRIVIA** with Tara – 4th Floor, Fireplace Lounge
- 10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor
- 10:45 **POTTERY WHEEL WORKSHOP with Ed Rooney & Recreation** – Craft Room, 3rd Floor
- 11:00 **WRITING, READING, & DISCUSSIONS** with Jerry, All are welcome! – Rehab Room, Garden Level
- 1:00 **WALKING CLUB: Cornell Agriculture Quad – Sign up in Craft Room, Meet in Entrance**
- 1:15 **WHO AM I?** with Whitney – 4th Floor, Fireplace Lounge
- 1:30 **MOVEMENT & MUSIC** with Kelly – Garden Level, Rehab Room
- 2:00 **QUILTING GROUP, All quilters welcome!** – IC Classroom, 2nd Floor
- 2:15 **PAPER MAKING with Olivia & Kelly** – Craft Room, 3rd Floor
- 3:00 **ANIMAL TALK** with John – Auditorium, 3rd Floor ***Note Time**
- 4:00 **SHABBAT with IC Hillel, All are welcome!** – Interfaith Chapel, 3rd Floor
- 6:30 **FRIDAY NIGHT MOVIE: The Unforgivable (2021)** – 4th Floor, Fireplace Lounge

Saturday – April 27th

- 10:00 **SCATTERGORIES with Olivia** – 4th Floor, Fireplace Lounge
- 10:30 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor
- 11:00 **MOVEMENT & MUSIC** with Olivia – Garden Level, Rehab Room
- 1:00 **TRIVIA & COLORING** with Maria – Garden Level, West Wing
- 1:30 **CORNELL ESTATE PLANNING SEMINAR: Discussion & Info Session** – Auditorium, 3rd Floor



Cornell University
LAW SCHOOL

BEAUTY SALON

Please call Shaunna directly to schedule appointments.

Shaunna: (607) 279-7543

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.