

LONGVIEW RECREATION SCHEDULE

April 14 – April 20, 2024

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Week 1	14-Apr	15-Apr	16-Apr	17-Apr	18-Apr	19-Apr	20-Apr
LUNCH							
SOUP		Lentil	Cream of Asparagus	Lemon Chicken Orzo w/ Kale	Italian Wedding	Spilt Pea & Ham	Tomato
ENTRÉE 1	Roast Beef	Chicken Salad w/ grapes plate	Black Bean Burrito	Cheeseburger Quinoa Casserole	Turkey Chili & Corn Bread	Spinach Quiche	Seafood Alfredo
ENTRÉE 2	Mozzarella, Basil, Zucchini Frittata	Bacon Bleu Burger	Shaved Steak w/ peppers & onion on a roll	Bacon, Lettuce, Avocado, Tomato Sandwhich	Grilled Sirloin Steak Bites	Lemon Garlic Baked Cod	Garlic Butter Pork Tenderloin mushrooms
STARCH	Au Gratin Potato	Sweet Potato Fries	Macaroni Salad	(no starch)	Roasted Potatoes	Rice Pilaf	Twice Baked Potato
FRUIT/VEG	Glazed Carrots	Peas and Carrots	Mexican Corn	Broccoli	Asparagus Bites	Pineapple Coleslaw	Roasted Squash
DESSERT	Cinnamon Twist	Chocolate cake	Fruited Jello	Coffee Ice Cream	Ecalirs	Assorted Cream pie	Fruit of the forest Pie
DINNER							
SOUP	ACF ONLY	Lentil	Cream of Asparagus	Lemon Chicken Orzo w/ Kale	Italian Wedding	Split Pea & Ham	Tomato
ENTRÉE 1	Meatball Sub	Italian Stuffed Peppers	Shredded BBQ Chicken	Balsamic Grilled Steak Salad w/Peaches	Pork Carnitas	Garlic Shrimp	Spinach & Feta Turkey Burger
ENTRÉE 2	Grilled Cheese & Tomato	Vegetable Baked Ziti	Tuna Veggie Casserole	Eggplant Lasagna	Southwest Stuffed Sweet Potato	Tomato Brushetta over Pasta	Mini Meatloaf
STARCH	(no starch)	Onion Petals	Potato Salad	(no starch)	Cilantro Rice	Bow Tie Pasta	Mashed w/ Gravy
VEGGIE 1	Fresh Fruit Salad	Roasted Root Veggie	Tomato/Cucumber Salad	Roasted Zucchini	Southwest Black Beans	Roasted Tomatoes	Green Beans
DESSERT	Brownies	Raindow Sherbert	Strawberry Rhubarb Pie	Boston Cream Pie	Peanut Butter Yogurt Parfait	Cheesecake	Jello Cake

Sunday – April 14th

10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor

2:30 **WORSHIP SERVICE with Rev. Darren Rowles – Auditorium, 3rd Floor**

Monday – April 15th

9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor

9:00 **MONDAY MORNING MOVEMENT** with Vera – Garden Level, Front Lobby

10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor

10:15 **TRIVIA** with Whitney – Garden Level, East Wing

10:45 **KNITTING GROUP** with Vera, Beginners welcome and no supplies needed! – 4th Floor, Fireplace Lounge

10:45 **LONGVIEW STORE** open until 11:45 – 3rd Floor

10:45 **LINE GAME** with Kelly – 4th Floor, Fireplace Lounge

11:00 **TRAVEL & EXPLORE** with Rick Steves (video travelogue) – Auditorium, 3rd Floor

11:15 **RECREATION SCHEDULE Q&A with Whitney – Craft Room, 3rd Floor** *Note Time

1:30 **MOVEMENT & MUSIC** with Kelly – Garden Level, East Wing

1:30 **RECREATION COMMITTEE MEETING – Board Room, 2nd Floor**

2:00 **YOGA** with Lisa – IC Classroom, 2nd Floor

3:15 **BINGO** with Kelly & Olivia – Garden Level, East Wing

3:15 **FOOD FOR THOUGHT: Mediterranean Food with Whitney – Craft Room, 3rd Floor**

3:30 **FAMOUS FACES** with Emma – 4th Floor, Fireplace Lounge

6:00 **MONDAY NIGHT MOVIE: The Unforgiveable (2021)** – Garden Level, East Wing



Tuesday – April 16th

9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor

9:00 **NAILS** with Vera – 4th Floor, Fireplace Lounge

9:15 **MORNING MOVEMENT** with IC Students – Garden Level, Front Lobby

9:30 **CHIT CHAT & TRIVIA** with Greg – Craft Room, 3rd Floor

10:00 **EXERCISE** with Kelly – Auditorium, 3rd Floor

10:45 **BOWLING with Lorraine & Tara – Auditorium, 3rd Floor**

10:45 **CRAFTS** with Vera & Kelly – Garden Level, West Wing

10:45 **LONGVIEW STORE** open until 11:45 – 3rd Floor

1:00 **GRIEF SUPPORT GROUP** Hosted by Hospicare – Interfaith Chapel, 3rd Floor

1:15 **SMARTBOARD PICTONARY** with Soni & Tara – 4th Floor, Fireplace Lounge

1:30 **FOOD COMMITTEE MEETING – Board Room, 2nd Floor**

1:30 **MOVEMENT & MUSIC** with Whitney – Garden Level, Rehab Room

1:30 **KEN BURNS DOCUMENTARY: Story of Elizabeth Cady Stanton & Susan B. Anthony – Auditorium**

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Tuesday – April 16th *Continued*

- 2:30 **COMMUNITY CAFÉ: Conversation & Community** – Dining Room, 3rd Floor
- 2:30 **MUSIC THERAPY with Amanda** – Garden Level, East Wing
- 3:30 **TAI CHI** with Laurie – Auditorium, 3rd Floor *Note Time
- 3:45 **SMART SCREEN WHEEL OF FORTUNE** with Whitney– 4th Floor, Fireplace Lounge
- 4:00 **SHORT STORIES** with Kelly – Garden Level, East Wing

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
 *Orders need to be in by **TUESDAY EVENING** and will be delivered **Wednesday Afternoon!**

Wednesday – April 17th

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:30 **BIBLE STUDY, “The Life and Message of the Apostle Paul”, Chapter 1** – Interfaith Chapel, 3rd Floor
- 10:45 **BOARD GAMES** with Kelly – 4th Floor, Fireplace Lounge
- 10:45 **CROSSWORDS** with Vera – Garden Level, East Wing
- 1:15 **PODCASTS & DISCUSSION GROUP with Emma** – Craft Room, 3rd Floor
- 1:30 **MUSIC & MOVEMENT** with Whitney – Garden Level, Rehab Room
- 1:30 **BUILDING COMMITTEE MEETING – Board Room, 2nd Floor**
- 1:30 **PRAYER GROUP** – 2nd floor, C-Wing Lounge
- 2:30 **SCRABBLE** with Olivia – 4th Floor, Fireplace Lounge
- 2:30 **WATERCOLOR** with Kelly – Garden Level, West Wing
- 3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
- 3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
- 3:45 **TRIVIA** with Olivia – Garden Level, East Wing
- 4:00 **SHORT STORIES** with Kelly – 4th Floor, Fireplace Lounge
- 6:30 **SHARING STORIES with John** – Craft Room, 3rd Floor
- 7:00 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor



Thursday – April 18th Poem in Your Pocket Day!

- 9:00 **OPEN EXERCISE** with Whitney - Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera – Garden Level, East Wing
- 9:30 **CHIT CHAT & TRIVIA** with Greg – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Whitney – 4th Floor, Fireplace Lounge - Auditorium, 3rd Floor
- 10:45 **BELLY DANCING** with Zajal & Kelly – Garden Level, West Wing
- 10:45 **BEAN BAG TOSS** with Tara & Lorraine - 4th Floor Fireplace Lounge
- 10:45 **WHO AM I?** with Vera – Garden Level, East Wing
- 10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor
- 1:00 **NAILS with Maria** – Craft Room, 3rd Floor
- 1:15 **BINGO** with Kelly & Tara – 4th Floor, Fireplace Lounge
- 1:15 **BIBLICAL ARCHAEOLOGY Video** – Auditorium, 3rd Floor
- 1:15 **BEAN BAG TOSS** with Vera & Soni – Garden Level, East Wing
- 1:30 **GARDEN & GROUNDS COMMITTEE MEETING – Board Room, 2nd Floor**
- 2:00 **MOVIE MATINEE: Black Panther (2018)** – Garden Level, East Wing

Pick up a poem from the front desk from the TC Public Library!

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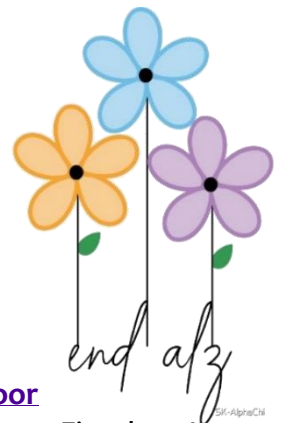
Thursday – April 18th *Continued*

- 2:15 **TRIP TO TRADER JOE’S – Sign up in Craft Room, Meet in Front Entrance** *Note Time
- 2:15 **PLANT TALK** with John – Craft Room, 3rd Floor *Note Time
- 3:15 **JEOPARDY** with Maria – 4th Floor Fireplace Lounge
- 3:30 **CRAFTS, COLORING & MUSIC** with Kelly – Garden Level, West Wing
- 6:15 **LONGVIEW SOCIAL CLUB: Crafting Paper Flowers, all are welcome! – Auditorium**



Friday – April 19th

- 9:00 **OPEN EXERCISE** with Kelly – Exercise Room, 2nd Floor
- 9:00 **OPEN SWIM** with Whitney – Pool, 2nd Level
- 9:00 **MORNING MOVEMENT** with Tara – Garden Level, Front Lobby
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 9:30 **BRAIN BUILDERS & BAKING with IC Students** – Garden Level, East Wing
- 10:00 **EXERCISE** with Tara – Auditorium, 3rd Floor
- 10:45 **TRIVIA** with Tara – 4th Floor, Fireplace Lounge
- 10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor
- 10:45 **CLAY CLASS with Whitney & Kelly** – Craft Room, 3rd Floor
- 11:00 **WRITING, READING, & DISCUSSIONS** with Jerry, All are welcome! – Rehab Room, Garden Level
- 1:00 **LONGVIEW’S MINI WALK TO END ALZHEIMER’S – Meet at the Patio Home Circle**
Come walk with IC Students, Head Start kids, listen to Live Jazz music, and more!
 ***** There will be no **WHO AM I?** or **MOVEMENT & MUSIC**, come to the Mini Walk to End Alzheimer’s!
 2:00 **QUILTING GROUP, All quilters welcome!** – IC Classroom, 2nd Floor
 3:00 **ANIMAL TALK** with John – Auditorium, 3rd Floor *Note Time
 6:30 **FRIDAY NIGHT MOVIE: Taylor Swift’s Eras Tour, Part One (2024)** – 4th Floor, Fireplace Lounge



Saturday – April 20th

- 10:00 **CORNELL COMPANIONS Pet Therapy Visits** – 4th Floor, Fireplace Lounge
- 10:30 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor
- 11:00 **MOVEMENT & MUSIC** with Olivia – Garden Level, Rehab Room
- 1:00 **TRIVIA & COLORING** with Olivia – Garden Level, West Wing
- 2:00 **MOVIE MATINEE: Agatha Christie’s Sparking Cyanide (2003)** – Auditorium, 3rd Floor
- 6:30 **FRIDAY NIGHT MOVIE (PART 2): Taylor Swift’s Eras Tour, Part Two (2024)** – 4th Floor, Fireplace Lounge

BEAUTY SALON
 Please call Shaunna directly to schedule appointments.
Shaunna: (607) 279-7543

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.