

LONGVIEW RECREATION SCHEDULE

March 31 – April 6, 2024

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden.

SUNDAY – March 31st Happy Easter

10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor

2:30 **EASTER SERVICE with Brooke** – Auditorium, 3rd Floor

MONDAY – April 1st April Fools' Day

9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor

9:00 **MONDAY MORNING MOVEMENT** with Olivia – Garden Level, Front Lobby

10:00 **EXERCISE** with Olivia – Auditorium, 3rd Floor

10:45 **TRIVIA** with Whitney – Garden Level, East Wing

10:45 **KNITTING GROUP** with Olivia, Beginners welcome and no supplies needed! – 4th Floor, Fireplace Lounge

10:45 **LONGVIEW STORE** open until 11:45 – 3rd Floor

10:45 **LINE GAME** with Kelly – 4th Floor, Fireplace Lounge

11:00 **TRAVEL & EXPLORE** with Rick Steves (video travelogue) – Auditorium, 3rd Floor

11:00 **RECREATION SCHEDULE Q&A with Whitney** – Craft Room, 3rd Floor

1:30 **MOVEMENT & MUSIC** with Kelly – Garden Level, Rehab Room

1:30 **APRIL FOOLS', History's Biggest Pranks and Pranksters with Emma** – 4th Floor, Fireplace Lounge

2:00 **CORNELL COMPANIONS** – Garden Level, East Wing

2:00 **YOGA** with Lisa – IC Classroom, 2nd Floor

3:15 **BINGO** with Olivia, Kelly, & Cami – Garden Level, East Wing

3:15 **FOOD FOR THOUGHT with Whitney: Cheese** – Craft Room, 3rd Floor

3:30 **FAMOUS FACES** with Emma – 4th Floor, Fireplace Lounge

6:00 **MONDAY NIGHT MOVIE: Marvel Avengers End Game, Part 1** – Garden Level, East Wing

TUESDAY – April 2nd

9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor

9:30 **NAILS** with Bree – 4th Floor, Fireplace Lounge *Note Time

9:30 **CHIT CHAT & TRIVIA** with Greg – Craft Room, 3rd Floor

10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor

10:45 **BOWLING with Lorraine & Tara** – Auditorium, 3rd Floor

10:45 **CRAFTS** with Kelly – Garden Level, West Wing

10:45 **LONGVIEW STORE** open until 11:45 – 3rd Floor

11:15 **TRIP TO VOTE: Presidential Primary – Sign up in Craft Room, Meet in Front Entrance**

1:00 **GRIEF SUPPORT GROUP** Hosted by Hospicare – Interfaith Chapel, 3rd Floor

1:15 **SMARTBOARD Pictionary** with Soni & Tara – 4th Floor, Fireplace Lounge

1:30 **TAI CHI** with Laurie – Auditorium, 3rd Floor

1:30 **MOVEMENT & MUSIC** with Whitney – Garden Level, Rehab Room

2:15 **OPEN SWIM** with Whitney – Pool, 2nd Level *Note Time

2:30 **COMMUNITY CAFÉ: Conversation & Community** – Dining Room, 3rd Floor

Continued on next page...



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	31-Mar	1-Apr	2-Apr	3-Apr	4-Apr	5-Apr	6-Apr
LUNCH							
SOUP	BRUNCH	BEEF BARLEY	CORN & CHICKEN	WISCONSIN CHEDDAR	ZUPA TOSCANA	MANHATTAN CLAM CHOWDER	TURKEY NOODLE
ENTRÉE 1	APRICOT GLAZED HAM	OPEN FACED TUNA	FRIED BOLOGNA SANDWICH	CHICKEN GYRO	MEATBALL SUB	TURKEY RANCH CLUB WRAP	BLACK & BLUE BURGER
ENTRÉE 2	BLUEBERRY PANCAKE	BRATWURST W/ CARMALIZED ONION	CHILI	CHIPPED BEEF ON TOAST	GRILLED CHICKEN SALAD	FRIED FISH SANDWICH	LOADED HOT DOG
STARCH	SCALLOPED POTATOES		CORNBREAD		SWEET POTATO FRIES	FRENCH FRIES	POTATO SALAD
VEGGIE 1	ASPARAGUS	SAUTEED CABBAGE	THREE BEAN SALAD	SAUTEED SPINACH	CORN PUDDING	COLESLAW	BAKED BEANS
DESSERT	COFFEE CAKE	SWEET POTATO PIE	RICE PUDDING	LEMON MERINGUE	YOGURT PARFAIT	STRAWBERRY SHORT CAKE	CHERRY PIE
DINNER							
SOUP		BEEF BARLEY	CORN & CHICKEN	WISCONSIN CHEDDAR	ZUPA TOSCANA	MANHATTAN CLAM CHOWDER	TURKEY NOODLE
ENTRÉE 1	STUFFED PEPPERS	SHRIMP ALFREDO	FLANK STEAK	STUFFED SOL	CHICKEN MARSALA	BAKED COD	LIVER W/ BACON & ONION
ENTRÉE 2	TURKEY CHEDDAR MELT	COUNTRY FRIED CHICKEN	SEARED PORK CHOP	BEEF & BROCCOLI	GARLIC BUTTER STEAK BITES	GNOCHI W/ VODKA SAUCE	BROCCOLI CHEDDAR QUICHE
STARCH	BROWN RICE	PENNE PASTA	PEROGIES	RICE	RISOTTO	TATER TOTS	POTATO WEDGES
VEGGIE 1	CAPRI BLEND	ROASTED CORN	SAUERKRAUT	BROCCOLI	SAUTEED MUSHROOMS	ROASTED ZUCHINI, PEPPER, ONIONS	WAX BEAN
VEGGIE 2	BROCCOLI	LIMA BEANS	CARMALIZED ONION	MED BLEND	GREEN BEANS	MIXED VEG	CREAMED SPINACH
DESSERT	BROWNIES	SWEET POTATO PIE	RICE PUDDING	LEMON MERINGUE	YOGURT PARFAIT	STRAWBERRY SHORT CAKE	CHERRY PIE

TUESDAY – April 2nd ...Continued

3:30 **KEN BURNS DOCUMENTARY: Story of Elizabeth Cady Stanton & Susan B. Anthony - Auditorium**

3:45 **SMART SCREEN WHEEL OF FORTUNE** with Whitney– 4th Floor, Fireplace Lounge

4:00 **SHORT STORIES** with Kelly – Garden Level, East Wing

6:30 **MUSIC WITH THE FORTNIGHT SINGERS – Auditorium, 3rd Floor**

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **TUESDAY EVENING** and will be delivered **Wednesday Afternoon!**

WEDNESDAY – April 3rd

9:00 **MORNING MOVEMENT** with Olivia – Garden Level, Front Lobby

9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor

9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor

10:00 **EXERCISE** with Olivia – Auditorium, 3rd Floor

10:30 **BIBLE STUDY, The Last Week of Christ's Life, Chapter 8** with Brooke – Interfaith Chapel, 3rd Floor

10:45 **YAHTZEE** with Kelly – 4th Floor, Fireplace Lounge

10:45 **CROSSWORDS** with Olivia – Garden Level, East Wing

1:15 **PODCASTS & DISCUSSION GROUP with Emma – Craft Room, 3rd Floor**

1:15 **MUSIC & MOVEMENT** with Whitney – Garden Level, Rehab Room

1:30 **PRAYER GROUP** – 2nd floor, C-Wing Lounge

2:15 **TRIP TO WEGMANS – Sign up in Craft Room, Meet in Front Entrance**

2:30 **SCRABBLE** with Olivia – 4th Floor, Fireplace Lounge

2:30 **WATERCOLOR** with Kelly – Garden Level, West Wing

3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor

3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor

3:45 **TRIVIA** with Olivia – Garden Level, East Wing

4:00 **SHORT STORIES** with Kelly – 4th Floor, Fireplace Lounge

7:00 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

THURSDAY – April 4th

**** **NO OPEN EXERCISE**

9:00 **NAILS** with Kelly – Garden Level, East Wing

9:30 **CHIT CHAT & TRIVIA** with Greg – Craft Room, 3rd Floor

10:00 **EXERCISE** with Whitney – 4th Floor, Fireplace Lounge - Auditorium, 3rd Floor

10:45 **BELLY DANCING** with Zajal & Kelly – Garden Level, West Wing

10:45 **BEAN BAG TOSS** with Tara & Lorraine - 4th Floor Fireplace Lounge

10:45 **WHO AM I?** with Whitney – Garden Level, East Wing

10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor

1:00 **NAILS with Maria – Craft Room, 3rd Floor**

1:15 **BINGO** with Kelly & Tara – 4th Floor, Fireplace Lounge

1:15 **BEAN BAG TOSS** with Whitney & Soni – Garden Level, East Wing

1:15 **BIBLICAL ARCHAEOLOGY Video – Auditorium, 3rd Floor**

2:00 **MOVIE MATINEE: The King and I (1956)** – Garden Level, East Wing

2:30 **PLANT TALK** with John – Craft Room, 3rd Floor

3:15 **JEOPARDY** with Whitney & Maria – 4th Floor Fireplace Lounge

3:30 **CRAFTS, COLORING & MUSIC with Kelly – Garden Level, West Wing**



Friday – April 5th

9:00 **OPEN EXERCISE** with Kelly – Exercise Room, 2nd Floor

9:00 **MORNING MOVEMENT** with Tara – Garden Level, Front Lobby

9:00 **COFFEE & CONVERSATION with Cheryl– Craft Room, 3rd Floor**

9:30 **BRAIN BUILDERS & BAKING with IC Students – Garden Level, East Wing**

10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor

10:45 **TRIVIA** with Tara – 4th Floor, Fireplace Lounge

10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor

10:45 **CLAY CLASS with Whitney – Craft Room, 3rd Floor**

11:00 **WRITING, READING, & DISCUSSIONS** with Jerry, All are welcome! – Rehab Room, Garden Level

1:15 **WHO AM I?** with Whitney – 4th Floor, Fireplace Lounge

1:30 **MOVEMENT & MUSIC** with Kelly – Garden Level, Rehab Room

1:30 **WELLNESS SERIES: The Benefits of Therapeutic Massage with Katie Barnes – Auditorium, 3rd Floor**

2:00 **QUILTING GROUP, All quilters welcome!** – IC Classroom, 2nd Floor

3:00 **CREATING STORIES with Kelly – Garden Level, West Wing**

3:00 **ANIMAL TALK** with John – Craft Room, 3rd Floor

6:30 **FRIDAY NIGHT MOVIE: Elvis (2022)** – 4th Floor, Fireplace Lounge

SATURDAY – APRIL 6th

10:00 **SCATTERGORIES with Tara – 4th Floor, Fireplace Lounge**

10:30 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor

11:00 **MOVEMENT & MUSIC** with Tara – Garden Level, Rehab Room

1:00 **TRIVIA & COLORING** with Tara – Garden Level, West Wing

2:00 **IC ASTRONOMY CLUB: Eclipse Presentation; Science, religious significance, and fun facts about the Eclipse! – Auditorium, 3rd Floor**



BEAUTY SALON

Please call Shaunna directly to schedule appointments.

Shaunna: (607) 279-7543

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.