

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	24-Mar	25-Mar	26-Mar	27-Mar	28-Mar	29-Mar	30-Mar
LUNCH							
SOUP	BRUNCH	Pasta Fagiola	Broccoli Cheddar	Vegetable & Beef	Cream of Potato & Bacon	New England Clam	Cream of Asparagus
ENTRÉE 1	Roasted Turkey & Gravy	Patty Melt w/Grilled Onions	Open Faced Turkey Sandwich/Gravy	Sloppy Jane (turkey)	Cranberry Chicken Salad on a croissant	Tuna Noodle Casserole	Chicken Tenders
ENTRÉE 2	Ham & Swiss Croissant	Harvest Salad	Taco bowl Served w/ Salsa and Sour Cream	Grilled Cuban	Rueben Wrap	Dagwood Sandwich	Chili Cheese Dog
STARCH	Mashed Potato	Zucchini Sticks	French Fries	Sweet Potato Fries	Potato Salad	Potato Chips/Pickles	Onion Rings
FRUIT/VEG	Green Bean Cass/Corn	Cheesy Broccoli	Hubbard Squash	Corn	Roasted Tomato	Red Peppers	Roasted Tomatoes
DESSERT	Yogurt Parfaits	Pecan Pie	Poke Cake	Pineapple Cake	Orange Sherbert	PB Brownies	Cookies
DINNER							
SOUP		Pasta Fagiola	Broccoli Cheddar	Vegetable & Beef	Cream of Potato & Bacon	New England Clam	Chicken and Rice
ENTRÉE 1	Cheese Pizza	Stuffed Sweet Potato	Chicken & Dumplings	Garlic Balsamic Pork Roast	London Broil	Dill Salmon	Salisbury Steak
ENTRÉE 2	Chicken Wings	Stuffed Shells with Sausage Coins	Swedish Meatballs	Battered Haddock	Wild Rice Harvest Bowl	Baked Chicken Thigh	Baked Raviloi
STARCH	French Fries		Egg Noodles	Au Gratin Potatoes	Baked Potato Served w/ Butter & Sour Cream	Risotto	Mashed/Gravy
VEGGIE 1	Celery Sticks	Lima Beans	Peas/Carrot Blend	Smashed Cauliflower	Butternut Squash	Asparagus	Cream Corn
VEGGIE 2	Carrot Sticks	Spinach	Mixed Veggie	Garlic Butter Roasted Parsnips	Broccoli/Kale Slaw	Zucchini	Roasted Fall Veggies
DESSERT	Ice Cream Novelties	Pecan Pie	Poke Cake	Pineapple Cake	Orange Sherbert	PB Brownies	Cookies

LONGVIEW RECREATION SCHEDULE

March 24 – March 30, 2024

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden. Please ask Longview staff for assistance if needed.

SUNDAY – March 24th Palm Sunday

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor

1:00 PURIM CELEBRATION with IC Hillel – Auditorium, 3rd Floor

2:30 WORSHIP SERVICE with Brooke – Auditorium, 3rd Floor

3:30 PURIM CELEBRATION with Rabbi Eli – Auditorium, 3rd Floor

MONDAY – March 25th

9:00 OPEN FITNESS with Kelly – Exercise Room, 2nd Floor

9:00 MONDAY MORNING MOVEMENT with Vera – Garden Level, Front Lobby

9:30 RECREATION SCHEDULE Q&A with Whitney - Craft Room, 3rd Floor

10:00 EXERCISE with Vera – Auditorium, 3rd Floor

10:45 TRIVIA with Whitney – Garden Level, East Wing

10:45 KNITTING GROUP with Vera, All skill levels welcome and no supplies needed! – Craft Room, 3rd Floor

10:45 LONGVIEW STORE open until 11:45 – 3rd Floor

10:45 LINE GAME with Kelly – 4th Floor, Fireplace Lounge

11:00 TRAVEL & EXPLORE with Rick Steves (video travelogue) – Auditorium, 3rd Floor

1:30 MOVEMENT & MUSIC with Olivia & Kelly – Garden Level, Rehab Room

**** NO YOGA

3:00 HOLIDAY BAZAAR MEETING, All are welcome! – Craft Room, 3rd Floor

3:15 BINGO with Olivia & Kelly – Garden Level, East Wing

3:30 FAMOUS FACES with Emma – 4th Floor, Fireplace Lounge

6:00 MONDAY NIGHT MOVIE – Garden Level, East Wing

6:30 IC DISCUSSION: Wisdom with Mary Ann Erickson and IC Students – Auditorium, 3rd Floor

TUESDAY – March 26th

9:00 OPEN FITNESS with Whitney – Exercise Room, 2nd Floor

9:00 MORNING MOVEMENT with IC Students – Garden Level, Front Lobby

9:00 NAILS with Vera & IC Students – 4th Floor, Fireplace Lounge

9:30 CHIT CHAT & TRIVIA with Greg – Craft Room, 3rd Floor

10:00 EXERCISE with Whitney – Auditorium, 3rd Floor

10:45 BOWLING with Lorraine, Kelly & Tara – Auditorium, 3rd Floor

10:45 CRAFTS with Vera – Garden Level, West Wing

10:45 LONGVIEW STORE open until 11:45 – 3rd Floor

1:00 GRIEF SUPPORT GROUP Hosted by Hospicare – Interfaith Chapel, 3rd Floor

1:15 SMARTBOARD PICTONARY with Soni & Tara – 4th Floor, Fireplace Lounge

1:30 TAI CHI with Laurie – Auditorium, 3rd Floor

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TUESDAY – March 26th ... Continued

- 1:30 **MOVEMENT & MUSIC** with Whitney & Kelly – Garden Level, Rehab Room
- 2:30 **COMMUNITY CAFÉ: Conversation & Community** – Dining Room, 3rd Floor
- 2:30 **MUSIC THERAPY with Amanda** – 4th Floor, Fireplace Lounge
- 3:30 **KEN BURNS DOCUMENTARY: Lewis & Clark**, Auditorium, 3rd Floor
- 3:45 **SMART SCREEN WHEEL OF FORTUNE** with Whitney – 4th Floor, Fireplace Lounge
- 4:00 **SHORT STORIES** with Kelly – Garden Level, East Wing

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox
*Orders need to be in by **TUESDAY EVENING** and will be delivered **Wednesday Afternoon!**

WEDNESDAY – March 27th

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
- 9:00 **OPEN FITNESS** with Kelly – Exercise Room, 2nd Floor
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Vera & Kelly – Auditorium, 3rd Floor
- 10:30 **BIBLE STUDY, The Last Week of Christ's Life, Chapter 7** with Brooke – Interfaith Chapel, 3rd Floor
- 10:45 **TC PUBLIC LIBRARY: Meet the New Director & Learn About Resources** – Auditorium, 3rd Floor
- 10:45 **YAHTZEE** with Kelly – 4th Floor, Fireplace Lounge
- 10:45 **CROSSWORDS** with Vera – Garden Level, East Wing
- 1:15 **PODCASTS & DISCUSSION GROUP with Emma** – Craft Room, 3rd Floor
- 1:15 **MUSIC & MOVEMENT** with Whitney & Kelly – Garden Level, Rehab Room
- 1:30 **PRAYER GROUP** – 2nd floor, C-Wing Lounge
- 2:15 **TRIP TO HOMEGOODS** – Sign up in Craft Room, Meet in Front Entrance
- 2:30 **SCRABBLE** with Olivia – 4th Floor, Fireplace Lounge
- 2:30 **WATERCOLOR with Kelly** – Garden, West Wing
- 3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
- 3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
- 4:00 **SHORT STORIES** with Kelly – 4th Floor, Fireplace Lounge
- 4:00 **TRIVIA** with Olivia – Garden Level, East Wing
- 7:00 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

THURSDAY – March 28th

- 9:00 **OPEN EXERCISE** with Kelly – Exercise Room, 2nd Floor
- 9:00 **NAILS** with Vera – Garden Level, East Wing
- 9:30 **CHIT CHAT & TRIVIA** with Greg – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor
- 10:45 **HOLY THURSDAY COMMUNION SERVICE** – Interfaith Chapel, 3rd Floor
- 10:45 **EGG HUNT!** with Tara & Lorraine – 4th Floor, Fireplace Lounge
- 10:45 **BELLY DANCING** with Zajal & Kelly – Garden Level, West Wing
- 10:45 **WHO AM I?** with Vera – Garden Level, East Wing
- 10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor
- 1:00 **NAILS with Maria** – Craft Room, 3rd Floor
- 1:15 **BEAN BAG TOSS** with Soni, Kelly & Tara – 4th Floor, Fireplace Lounge
- 1:15 **BEAN BAG TOSS** with Vera & Maria – Garden Level, East Wing
- 2:00 **STRETCH YOUR SPIRIT: The Mental Gym of Mindfulness with Laura Peters** – Auditorium

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THURSDAY – March 28th ... Continued

- 2:00 **MOVIE MATINEE: Damsel (2024)** – Garden Level, East Wing
- 2:45 **PLANT TALK** with John – Craft Room, 3rd Floor
- 3:15 **JEOPARDY** with Whitney & Kelly – 4th Floor Fireplace Lounge
- 6:15 **LONGVIEW SOCIAL CLUB** – Auditorium, 3rd Floor

Friday – March 29th

- 9:00 **OPEN EXERCISE** with Kelly – Exercise Room, 2nd Floor
- 9:00 **OPEN SWIM** with Whitney – Pool, 2nd Floor
- 9:30 **BRAIN BUILDERS & BAKING with IC Students** – Garden Level, East Wing
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor
- 10:45 **TRIVA** with Olivia – 4th Floor, Fireplace Lounge
- 10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor
- 11:00 **WRITING, READING, & DISCUSSIONS** with Jerry, All are welcome! – Rehab Room, Garden Level
- 1:00 **WALKING GROUP: The Cornell Bookstore (Campus Location)** – Sign up in Craft Rm, Meet in Entrance
- 1:15 **WHO AM I?** with Whitney & Kelly – 4th Floor, Fireplace Lounge
- 1:30 **MOVEMENT & MUSIC** with Olivia – Garden Level, Rehab Room
- 2:00 **ROMAN CATHOLIC STATIONS OF THE CROSS** – Interfaith Chapel, 3rd Floor
- 2:00 **QUILTING GROUP, All quilters welcome!** – IC Classroom, 2nd Floor
- 2:30 **ANIMAL TALK** with John – Craft Room, 3rd Floor
- 3:00 **MUSICAL PERFORMANCE with the Maplewood Jazz Trio** – Auditorium, 3rd Floor
- 4:00 **SHABBAT with IC Hillel** – Interfaith Chapel, 3rd Floor
- 6:30 **FRIDAY NIGHT MOVIE** – 4th Floor, Fireplace Lounge

SATURDAY – March 30th Happy Easter

- 10:00 **SCATTERGORIES with Olivia** – 4th Floor, Fireplace Lounge
- 10:30 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor
- 11:00 **MOVEMENT & MUSIC** with Olivia – Garden Level, Rehab Room
- 1:00 **TRIVIA & COLORING** with Olivia – Garden Level, West Wing
- 2:00 **MOVIE MATINEE: Miami Vice (2006)** – Auditorium, 3rd Floor

BEAUTY SALON

Please call Shaunna directly to schedule appointments.
Shaunna: (607) 279-7543



Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.