

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	17-Mar	18-Mar	19-Mar	20-Mar	21-Mar	22-Mar	23-Mar
SOUP	BRUNCH	HEARTY VEGGIE	ITALIAN WEDDING	LENTIL	CHICKEN NOODLE	CORN CHOWDER	TOMATO
ENTRÉE 1	CORN BEEF	MONTE CRISTO SANDWICH	GRILLED CHICKEN CAPRESE ON SOURDOUGH	HAM & SWISS SLIDERS	EGG & OLIVE ON WHOLE WHEAT	FRIED FISH SANDWICH	TUNA MELT
ENTRÉE 2	BROCCOLI QUICHE	RODEO BURGER-ONION RINGS/BBQ SAUCE	HOT PASTRAMI SANDWICH	CHEESEBURGER SLIDERS	BLT WRAP	CHICKEN TENDERS	GRILLED CHEESE
STARCH	BOILED POTATO	FRENCH FRIES	SWEET POTATO FRIES	ZUCCINI FRIES	POTATO WEDGES	FRENCH FRIES	CHIPS/PICKLE
VEGGIE 1	BABY CARROTS	CUCUMBER/TOMATO SALAD	PEAR SLICES	GRAPE SALAD	BAKED SLICED APPLES	COLESLAW	FRENCH CUT GREEN BEANS
DESSERT	MINT ICE CREAM	ECLAIRS	CHERRY FLUFF	APPLE COBBLER	ICE CREAM NOVELITIES	BLUEBERRY PIE	COCONUT CAKE
DINNER							
SOUP		HEARTY VEGGIE	ITALIAN WEDDING	LENTIL	CHICKEN NOODLE	CORN CHOWDER	TOMATO
ENTRÉE 1	SOFT TACOS SALSA & SOUR CREAM	BEEF TIPS	LASAGNA	CHICKEN CUTLET	MEAT LOAF	BAKED MAC & CHEESE	CHICKEN & BISCUITS
ENTRÉE 2	SWISS PATTY MELT	SALMON PATTY ON ROLL, LTO	STUFFED PEPPER	LEMON BUTTER TILAPIA	PAN SEARED PORK CHOPS	SHRIMP & GRITS	SPAGHETTI CARBONARA
STARCH	YELLOW RICE	EGG NOODLES	GARLIC BREAD	RICE PILAF	MASHED POTATO & GRAVY		BISCUIT
VEGGIE 1	PICO DE GALLO	GREEN BEANS	BROCCOLI	UTICA GREENS	PEAS	STEWED TOMATO	WAX BEANS
VEGGIE 2	ROASTED CORN	BROCCOLI	SAUTEED GARLIC GREEN BEANS	HONEY ROASTED CARROTS	ROASTED ROOT VEGGIES	ROASTED BEETS & SWEET POTATO	NORMANDY BLEND
DESSERT	BROWNIES	ECLAIRS	CHERRY FLUFF	APPLE COBBLER	ICE CREAM NOVELITIES	BLUEBERRY PIE	COCONUT CAKE
FRUIT OF THE DAY	MIXED BERRIES	PINEAPPLE	MIXED MELON	APRICOT HALVES	WATERMELON	ORANGE SECTIONS	APPLE SLICES

LONGVIEW RECREATION SCHEDULE

March 17 – March 23, 2024

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4th Floor and at each nurse’s station in the Garden. Please ask Longview staff for assistance if needed.



SUNDAY – March 17th St. Patrick’s Day

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3rd Floor
2:30 WORSHIP SERVICE with Reverand Nancy Didway, Dryden Presbyterian – Auditorium, 3rd Floor

MONDAY – March 18th

9:00 OPEN FITNESS with Whitney & Kelly – Exercise Room, 2nd Floor
9:00 MONDAY MORNING MOVEMENT with Vera – Garden Level, Front Lobby
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 EXERCISE with Vera – Auditorium, 3rd Floor
10:45 TRIVIA with Whitney – Garden Level, East Wing
10:45 KNITTING GROUP with Vera, All skill levels welcome and no supplies needed! – Craft Room, 3rd Floor
10:45 LONGVIEW STORE open until 11:45 – 3rd Floor
11:00 LINE GAME with Bree – 4th Floor, Fireplace Lounge
11:00 TRAVEL & EXPLORE with Rick Steves (video travelogue) – Auditorium, 3rd Floor
1:30 MOVEMENT & MUSIC with Emma & Kelly – Garden Level, Rehab Room
1:30 RECREATION COMMITTEE MEETING, All are welcome – Board Room, 2nd Floor
**** NO YOGA
3:00 TECH SUPPORT: Email & Texting with Whitney – Craft Room, 3rd Floor
3:15 BINGO with Emma & Kelly – Garden Level, East Wing
6:00 MONDAY NIGHT MOVIE – Garden Level, East Wing

TUESDAY – March 19th First Day of Spring

9:00 OPEN FITNESS with Whitney – Exercise Room, 2nd Floor
9:00 MORNING MOVEMENT with IC Students – Garden Level, Front Lobby
9:00 NAILS with Vera & IC Students – 4th Floor, Fireplace Lounge
9:30 CHIT CHAT & TRIVIA with Greg – Craft Room, 3rd Floor
10:00 EXERCISE with Tara – Auditorium, 3rd Floor
10:45 BOWLING with Lorraine & Tara – Auditorium, 3rd Floor
10:45 CRAFTS with Vera – Garden Level, West Wing
10:45 LONGVIEW STORE open until 11:45 – 3rd Floor
1:00 GRIEF SUPPORT GROUP Hosted by Hospicare – Chapel, 3rd Floor
1:15 SMARTBOARD PICTONARY with Lorraine & Tara – 4th Floor, Fireplace Lounge
1:30 FOOD COMMITTEE MEETING, All are welcome – Board Room, 2nd Floor
1:30 MOVEMENT & MUSIC with Whitney – Garden Level, Rehab Room
1:30 KEN BURNS DOCUMENTARY: Lewis & Clark, Auditorium, 3rd Floor *Note Time Change
2:30 COMMUNITY CAFÉ: Conversation & Community – Dining Room, 3rd Floor

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TUESDAY – March 19th ...Continued

- 3:30 **TAI CHI** with Laurie – Auditorium, 3rd Floor ***Note Time Change**
3:45 **SMART SCREEN WHEEL OF FORTUNE** with Whitney & Kelly – 4th Floor, Fireplace Lounge
4:00 **SHORT STORIES** with Bree – Garden Level, East Wing

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **TUESDAY EVENING** and will be delivered **Wednesday Afternoon!**

WEDNESDAY – March 20th First Day of Spring

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
9:00 **OPEN FITNESS** with Bree & Kelly – Exercise Room, 2nd Floor
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:30 **BIBLE STUDY, The Last Week of Christ's Life, Chapter 6** with Brooke – Chapel, 3rd Floor
10:30 **YAHTZEE** with Bree & Kelly – 4th Floor, Fireplace Lounge
10:45 **CROSSWORDS** with Vera – Garden Level, East Wing
11:00 PICK UP YOUR ABSENTEE BALLOTS w/ TC Board of Elections – Auditorium, 3rd Floor
1:15 PODCASTS & DISCUSSION GROUP with Emma – Craft Room, 3rd Floor
1:15 **MUSIC & MOVEMENT** with Whitney & Kelly – Garden Level, Rehab Room
1:30 BUILDING COMMITTEE MEETING, All are welcome – Board Room, 2nd Floor
1:30 **PRAYER GROUP** – 2nd floor, C-Wing Lounge
2:15 TRIP TO TOPS – Sign up in Craft Room, Meet in Front Entrance
2:30 **SCRABBLE** with Emma & Kelly – 4th Floor, Fireplace Lounge
3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
4:00 **TRIVIA** with Whitney & Kelly – Garden Level, East Wing
7:00 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

THURSDAY – March 21st

- 9:00 **OPEN EXERCISE** with Bree – Exercise Room, 2nd Floor
9:00 **NAILS** with Vera – Garden Level, East Wing
9:30 **CHIT CHAT & TRIVIA** with Greg – Craft Room, 3rd Floor
10:00 **EXERCISE** with Whitney – 4th Floor, Fireplace Lounge - Auditorium, 3rd Floor
10:45 **BEAN BAG TOSS** with Tara & Lorraine – 4th Floor, Fireplace Lounge
10:45 **BELLY DANCING** with Zajal – Garden Level, West Wing
10:45 **WHO AM I?** with Vera – Garden Level, East Wing
10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor
1:00 NAILS with Maria & Soni– Craft Room, 3rd Floor
1:15 **BILL MOYERS VIDEO SERIES: Faith and Reason** – Auditorium, 3rd Floor
1:15 **PASS THE PIGS** with Loraine & Tara – 4th Floor, Fireplace Lounge
1:15 **BEAN BAG TOSS** with Vera & Kelly – Garden Level, East Wing
1:30 GARDEN & GROUNDS COMMITTEE MEETING, All are welcome – Board Room, 2nd Floor
2:00 **MOVIE MATINEE: Enola Holmes 2 (2022)** – Garden Level, East Wing
2:30 **PLANT TALK** with John – Craft Room, 3rd Floor
3:15 **JEOPARDY** with Whitney & Kelly – 4th Floor Fireplace Lounge
6:45 STRETCH YOUR SPIRIT: NightSong/Compline, all are welcome! – Auditorium, 3rd Floor



Friday – March 22nd

- 9:00 **OPEN EXERCISE** with Kelly – Exercise Room, 2nd Floor
**** **NO MORNING MOVEMENT**
**** **NO OPEN SWIM**
9:30 BRAIN BUILDERS & BAKING with IC Students – Garden Level, East Wing
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor
10:45 **TRIVA** with Emma – 4th Floor, Fireplace Lounge
10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor
11:00 **WRITING, READING, & DISCUSSIONS** with Jerry, All are welcome! – Rehab Room, Garden Level
1:15 **WHO AM I?** with Whitney – 4th Floor, Fireplace Lounge
1:30 **MOVEMENT & MUSIC** with Emma – Garden Level, Rehab Room
2:00 **QUILTING GROUP, All quilters welcome!** – IC Classroom, 2nd Floor
2:30 **ANIMAL TALK** with John – Craft Room, 3rd Floor
3:00 MARCH BIRTHDAY PARTY with music by Tom Robert – Auditorium, 3rd Floor
6:30 **FRIDAY NIGHT MOVIE** – 4th Floor, Fireplace Lounge

SATURDAY – March 23rd Purim Begins at Sundown

- 10:00 SCATTERGORIES with Tara – 4th Floor, Fireplace Lounge**
10:30 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor
11:00 **MOVEMENT & MUSIC** with Tara – Garden Level, Rehab Room
1:00 **TRIVIA & COLORING** with Tara – Garden Level, West Wing
2:00 MOVIE MATINEE: Wonka (2023) – Auditorium, 3rd Floor



Measures Longview Administration is taking to mitigate community transmission or impact of COVID-19:

Longview is committed to the well-being of our community. We have taken a multifaceted and proactive approach to minimize the threat of exposure to COVID-19.

- Longview is encouraging all Residents to wear facemasks when they ARE FEELING ILL OR HAVE COLD/FLU LIKE SYMPTOMS when they leave their living unit and move about the common spaces at Longview.
- Staff members know the signs and symptoms of COVID-19 and what to do if Residents or staff becomes symptomatic.
- Case Management will notify family member or next of kin if any residents test positive for COVID-19, or if any resident suffers a COVID-19 death, within 24 hours of such positive test result of death.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments.

Shaunna: (607) 279-7543