

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	10-Mar	11-Mar	12-Mar	13-Mar	14-Mar	15-Mar	16-Mar
SOUP	<b>BRUNCH</b>	SAUSAGE POTATO KALE	STUFFED PEPPER SOUP	VEGETABLE SOUP	BEAN & KIELBASA	SEAFOOD BISQUE	CREAMY TOMATO
ENTRÉE 1	HAM STEAK	MARINATED CHICKEN BREAST	PASTRAMI SALMON SALAD	BBQ CHICKEN CASSEROLE	SHAVED STEAK SANDWICH	GNOCCHI W/VODKA SAUCE	LIVER W/ BACON & ONION
ENTRÉE 2	SAUSAGE & CROISSANT CASSEROLE	BRATWURST	ITALIAN PANINI	BEEF FAJITAS	BLACKENED MAHI ON A ROLL	POPCORN SHRIMP	BROCCOLI CHEDDAR QUICHE
STARCH	SKILLET POTATOS	POTATO SALAD	BOILED POTATO	MEXICAN RICE	TWICE BAKED POTATO	TATER TOTS	FINGERLING POTATO
VEGGIE 1	GREEN BEANS	ASPARAGUS	SAUTEED CABBAGE	MEXICAN STREET CORN	BAHAMA BLEND	MIXED VEGETABLES	CORN
DESSERT	APPLE TURNOVER	STRAWBERRY LAFRAISER	MUDSLIDE	CHEESECAKE	CHOCOLATE ICED CAKE	CARROT CAKE	KEY LIME BISTRO
<b>DINNER</b>							
SOUP		SAUSAGE POTATO & KALE	STUFFED PEPPER SOUP	VEGETABLE SOUP	BEAN & KIELBASA	SEAFOOD BISQUE	CREAMY TOMATO
ENTRÉE 1	CHICKEN PATTY DELUXE	CHICKEN MARSALA	HAM & SCALLOPED POTATOES	PORK TENDERLOIN WELLINTON	CHICKEN & DUMPLINGS	SHAKE & BAKE PORK CHOPS	CHILI CHEESE DOGS
ENTRÉE 2	SAUSAGE W/ PEPPERS & ONIONS	BEEF STROGANOFF	CHICKEN PARM	STUFFED SHELLS	STUFFED CABBAGE CASSEROLE	BAKED SALMON	BLACK & BLUE BURGER
STARCH	CURLY FRIES	EGG NOODLES	PENNE	GARLIC BREAD		CHEESY CHIVE POTATOES	POTATO SALAD
VEGGIE 1	CARROTS	PEAS	GREEN BEANS	BROCCOLI	MEDTERANNI AN BLEND	PEAS & CARROTS	COLESLAW
VEGGIE 2	CORN	ROASTED TOMATOES	ITALIAN PANINI	CREAMED SPINACH	CHUCKWAGON BLEND	BEETS	FRIED ZUCHINI
DESSERT	APPLE TURNOVER	STRAWBERRY LAFRAISER	MUDSLIDE SUNDAE	Cheesecake	CHOCOLATE ICED CAKE	CARROT CAKE	KEY LIME BISTRO

# LONGVIEW RECREATION SCHEDULE

## March 10 – March 16, 2024

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents’ sign out sheets are available outside the Med Room on the 4<sup>th</sup> Floor and at each nurse’s station in the Garden. Please ask Longview staff for assistance if needed.

### SUNDAY – March 10<sup>th</sup> Daylight Saving Time Begins (Set Your Clocks Ahead 1 Hour!)

10:30 ROMAN CATHOLIC COMMUNION – Interfaith Chapel, 3<sup>rd</sup> Floor  
2:30 WORSHIP SERVICE with Pastor Geri Judd – Auditorium, 3<sup>rd</sup> Floor



### MONDAY – March 11<sup>th</sup>

9:00 OPEN FITNESS with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
9:00 MONDAY MORNING MOVEMENT with Vera – Garden Level, Front Lobby  
9:30 COFFEE & CONVERSATION A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor  
10:00 EXERCISE with Vera – Auditorium, 3<sup>rd</sup> Floor  
10:45 TRIVIA with Whitney – Garden Level, East Wing  
10:45 KNITTING GROUP with Vera, All skill levels welcome and no supplies needed! – Craft Room, 3<sup>rd</sup> Floor  
10:45 LONGVIEW STORE open until 11:45 – 3<sup>rd</sup> Floor  
11:00 LINE GAME with Bree – 4<sup>th</sup> Floor, Fireplace Lounge  
11:00 TRAVEL & EXPLORE with Rick Steves (video travelogue) – Auditorium, 3<sup>rd</sup> Floor  
1:30 AL/EAL RESIDENT COUNCIL MEETING – Auditorium, 3<sup>rd</sup> Floor  
2:00 YOGA with Lisa – IC Classroom, 2<sup>nd</sup> Floor  
2:30 MOVEMENT & MUSIC with Olivia – Garden Level, Rehab Room **\*Note Time Change**  
3:00 HOLIDAY BAZAAR MEETING, All are welcome! – Craft Room, 3<sup>rd</sup> Floor  
3:15 BINGO with Emma & Olivia – Garden Level, East Wing  
6:00 MONDAY NIGHT MOVIE – Garden Level, East Wing

### TUESDAY – March 12<sup>th</sup>

9:00 OPEN FITNESS with Whitney – Exercise Room, 2<sup>nd</sup> Floor  
9:00 MORNING MOVEMENT with IC Students – Garden Level, Front Lobby  
9:00 NAILS with Vera & IC Students – 4<sup>th</sup> Floor, Fireplace Lounge  
9:30 CHIT CHAT & TRIVIA with Greg – Craft Room, 3<sup>rd</sup> Floor  
10:00 EXERCISE with Tara – 4<sup>th</sup> Floor **\*Note Location Change**  
10:45 BINGO with Lorraine & Tara – 4<sup>th</sup> Floor, Fireplace Lounge  
10:45 CRAFTS with Vera – Garden Level, West Wing  
10:45 LONGVIEW STORE open until 11:45 – 3<sup>rd</sup> Floor  
1:00 GRIEF SUPPORT GROUP Hosted by Hospicare – Chapel, 3<sup>rd</sup> Floor  
1:15 WATERCOLOR with Lorraine & Tara – 4<sup>th</sup> Floor, Fireplace Lounge  
1:30 MOVEMENT & MUSIC with Whitney – Garden Level, Rehab Room  
1:30 TAI CHI with Laurie – Auditorium, 3<sup>rd</sup> Floor  
2:30 MUSIC THERAPY with Amanda – Garden Level, East Wing



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## TUESDAY – March 12<sup>th</sup> ... Continued

- 2:30 **COMMUNITY CAFÉ: Conversation & Community** – Dining Room, 3<sup>rd</sup> Floor  
3:30 **KEN BURNS DOCUMENTARY: Lewis & Clark, Auditorium, 3<sup>rd</sup> Floor**  
3:45 **SMART SCREEN WHEEL OF FORTUNE** with Whitney – 4<sup>th</sup> Floor, Fireplace Lounge  
4:00 **SHORT STORIES** with Tara – Garden Level, East Wing

**LONGVIEW SHOPPER SIX** or less items from Wegmans, drop list & money off in Business Office Mailbox  
\*Orders need to be in by **TUESDAY EVENING** and will be delivered **Wednesday Afternoon!**

## WEDNESDAY – March 13<sup>th</sup>

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby  
9:00 **OPEN FITNESS** with Brooke – Exercise Room, 2<sup>nd</sup> Floor  
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor  
10:00 **EXERCISE** with Vera – Auditorium, 3<sup>rd</sup> Floor  
10:30 **BIBLE STUDY, The Last Week of Christ's Life, Chapter 5** with Brooke – Chapel, 3<sup>rd</sup> Floor  
10:30 **YAHTZEE** with Bree – 4<sup>th</sup> Floor, Fireplace Lounge  
10:45 **CROSSWORDS** with Vera – Garden Level, East Wing  
11:15 **REGISTER TO VOTE & ABSENTEE VOTE! – Auditorium, 3<sup>rd</sup> Floor**  
1:15 **PODCASTS & DISCUSSION GROUP with Emma – Craft Room, 3<sup>rd</sup> Floor**  
1:30 **MUSIC & MOVEMENT** with Olivia – Garden Level, Rehab Room  
1:30 **PRAYER GROUP** – 2<sup>nd</sup> floor, C-Wing Lounge  
2:15 **TRIP TO BARNES & NOBLE BOOKSELLERS – Sign up in Craft Room, Meet in Front Entrance**  
2:30 **SCRABBLE** with Olivia – 4<sup>th</sup> Floor, Fireplace Lounge  
3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3<sup>rd</sup> Floor  
3:45 **HYMN SING** with Brooke – Auditorium, 3<sup>rd</sup> Floor  
3:45 **TRIVIA** with Olivia – Garden Level, East Wing  
7:00 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3<sup>rd</sup> Floor



## THURSDAY – March 14<sup>th</sup>

- 9:00 **OPEN EXERCISE** with Brooke – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **NAILS** with Vera – Garden Level, East Wing  
9:30 **CHIT CHAT & TRIVIA** with Greg – Craft Room, 3<sup>rd</sup> Floor  
10:00 **EXERCISE** with Tara – 4<sup>th</sup> Floor, Fireplace Lounge \*Note Location Change  
10:45 **BEAN BAG TOSS** with Tara & Lorraine – 4<sup>th</sup> Floor, Fireplace Lounge  
\*\*\*\* **NO BELLY DANCING**  
10:45 **WHO AM I?** with Vera – Garden Level, East Wing  
10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3<sup>rd</sup> Floor  
1:00 **NAILS with Vera & Soni – Craft Room, 3<sup>rd</sup> Floor**  
1:15 **BILL MOYERS VIDEO SERIES: Faith and Reason** – Auditorium, 3<sup>rd</sup> Floor  
1:15 **CHARADES** with Loraine & Tara – 4<sup>th</sup> Floor, Fireplace Lounge  
1:15 **BEAN BAG TOSS** with Vera – Garden Level, East Wing  
2:00 **MOVIE MATINEE: Dune (2021)** – Garden Level, East Wing  
\*\*\*\* **NO PLANT TALK**  
3:15 **JEOPARDY** with Tara – 4<sup>th</sup> Floor Fireplace Lounge  
6:30 **IC MUSIC: Irish Music on the fiddle, banjo, spoons w/ Ben Hogben & Tim Anguish – Auditorium, 3<sup>rd</sup> Floor**



## Friday – March 15<sup>th</sup>

- 9:00 **OPEN EXERCISE** with Bree – Exercise Room, 2<sup>nd</sup> Floor  
9:00 **MORNING MOVEMENT** with Olivia – Garden Level, Front Lobby  
9:00 **OPEN SWIM** with Whitney – Pool, 2<sup>nd</sup> Floor  
\*\*\*\* **NO BRAIN BUILDERS & BAKING**  
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3<sup>rd</sup> Floor  
10:00 **EXERCISE** with Olivia – Auditorium, 3<sup>rd</sup> Floor  
10:30 **SMART BOARD Pictionary** with Whitney – Garden Level, West Wing  
10:45 **TRIVA** with Emma – 4<sup>th</sup> Floor, Fireplace Lounge  
10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3<sup>rd</sup> Floor  
11:00 **WRITING, READING, & DISCUSSIONS** with Jerry, All are welcome! – Rehab Room, Garden Level  
1:00 **WALKING CLUB: Willard Straight Hall – Sign up in Craft Room, Meet in Entrance**  
1:15 **WHO AM I?** with Whitney – 4<sup>th</sup> Floor, Fireplace Lounge  
1:30 **MOVEMENT & MUSIC** with Bree – Garden Level, Rehab Room  
2:00 **ROMAN CATHOLIC STATIONS OF THE CROSS – Interfaith Chapel, 3<sup>rd</sup> Floor**  
2:00 **QUILTING GROUP, All quilters welcome!** – IC Classroom, 2<sup>nd</sup> Floor  
\*\*\*\* **NO ANIMAL TALK**  
3:00 **ST. PATRICKS DAY SOCIAL – Auditorium, 3<sup>rd</sup> Floor**  
6:30 **FRIDAY NIGHT MOVIE** – 4<sup>th</sup> Floor, Fireplace Lounge



## SATURDAY – March 16<sup>th</sup>

- 10:00 **CORNELL COMPANIONS Pet Therapy Visits – 4<sup>th</sup> Floor, Fireplace Lounge**  
10:30 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3<sup>rd</sup> Floor  
11:00 **MOVEMENT & MUSIC** with Olivia – Garden Level, Rehab Room  
1:00 **TRIVIA & COLORING** with Olivia – Garden Level, West Wing  
2:00 **MOVIE MATINEE: Rescued by Ruby (2022) – Auditorium, 3<sup>rd</sup> Floor**

### Measures Longview Administration is taking to mitigate community transmission or impact of COVID-19:

Longview is committed to the well-being of our community. We have taken a multifaceted and proactive approach to minimize the threat of exposure to COVID-19.

- Longview is encouraging all Residents to wear facemasks when they ARE FEELING ILL OR HAVE COLD/FLU LIKE SYMPTOMS when they leave their living unit and move about the common spaces at Longview.
- Staff members know the signs and symptoms of COVID-19 and what to do if Residents or staff becomes symptomatic.
- Case Management will notify family member or next of kin if any residents test positive for COVID-19, or if any resident suffers a COVID-19 death, within 24 hours of such positive test result of death.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

### BEAUTY SALON

Please call Shaunna directly to schedule appointments.  
**Shaunna:** (607) 279-7543