

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	25-Feb	26-Feb	27-Feb	28-Feb	29-Feb	1-Mar	2-Mar
LUNCH							
SOUP	BRUNCH	PASTA FAGLIOLA	BROCCOLI CHEDDAR	VEGETABLE BEEF	CREAM OF POTATO & BACON	MANHATTAN CLAM CHOWDER	CREAM OF ASPARAGUS
ENTRÉE 1	ROASTED TURKEY W/ GRAVY	PATTY MELT W/ONION	OPEN FACED TURKEY SANDWICH	SLOPPY JANE	CHICKEN SALAD ON CROISSANT	TUNA NOODLE CASSEROLE	CHILI CHEESE DOGS
ENTRÉE 2	HAM & SWISS CROISSANT	HARVEST SALAD	TACO BOWL	GRILLED CUBAN	RUEBEN WRAP	DAGWOOD SANDWICH	CHICKEN TENDERS
STARCH	MASHED POTATO	ZUCCHINI STICKS	FRENCH FRIES	SWEET POTATO FRIES	POTATO SALAD	POTATO CHIPS	ONION RINGS
VEGGIE 1	GREEN BEAN CASSEROLE	CHEESY BROCCOLI	HUBBARD SQUASH	CORN	ROASTED TOMATO	RED PEPPERS	ROASTED TOMATOES
DESSERT	YOGURT PARFAIT	PECAN PIE	POKE CAKE	PINEAPPLE CAKE	ORANGE SHERBET	PB BROWNIE	COOKIES
DINNER							
SOUP		PASTA FAGLIOLA	BROCCOLI CHEDDAR	VEGETABLE BEEF	CREAM OF POTATO & BACON	MANHATTAN CLAM CHOWDER	CREAM OF ASPARAGUS
ENTRÉE 1	CHEESE PIZZA	STUFFED SWEET POTATO	CHICKEN & DUMPLINGS	GARLIC BALSAMIC PORK ROAST	LONDON BROIL	DILL SALMON	SALISBURY STEAK
ENTRÉE 2	CHICKEN WINGS	STUFFED SHELLS W/ SAUSAGE	SWEDISH MEATBALLS	BATTERED HADDOCK	WILD RICE HARVEST BOWL	BAKED CHICKEN THIGHS	BAKED RAVIOLI
STARCH	FRENCH FRIES		EGG NOODLES	AU GRATIN POTATOES	BAKED POTATO	RISOTTO	MASHED POTATOES
VEGGIE 1	CELERY STICKS	SPINACH	PEAS & CARROTS	SMASHED CAULIFLOWER	BUTTERNUT SQUASH	ASPARAGUS	CREAMED CORN
VEGGIE 2	CARROTS STICKS	LIMA BEANS	MIX VEG	PARSNIPS	BROCCOLI & KALE SLAW	ZUCCHINI	ROASTED ROOT VEGETABLES
DESSERT	YOGURT PARFAIT	PECAN PIE	POKE CAKE	PINEAPPLE CAKE	ORANGE SHERBET	PB BROWNIE	COOKIES

LONGVIEW RECREATION SCHEDULE

February 25 – March 2, 2024

Longview is encouraging all Residents to wear facemasks when they are feeling ill or have cold/flu like symptoms when they leave their living unit and move about the common spaces at Longview.

All Longview Assisted Living Residents are required to sign out and in when leaving the Longview grounds. If a Resident does not comply with this requirement, their residency at Longview may be at risk. Residents' sign out sheets are available outside the Med Room on the 4th Floor and at each nurse's station in the Garden. Please ask Longview staff for assistance if needed.

SUNDAY – February 25th

- 10:30 **ROMAN CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
- 2:30 **WORSHIP SERVICE** with Ms. Jamie Breedlove – Auditorium, 3rd Floor

MONDAY – February 26th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
- 9:00 **MONDAY MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
- 9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
- 10:45 **TRIVIA** with Whitney – Garden Level, East Wing
- 10:45 **KNITTING GROUP with Vera, All skill levels welcome and no supplies needed! – Craft Room, 3rd Floor**
- 10:45 **LONGVIEW STORE** open until 11:45 – 3rd Floor
- 11:00 **NEW YORK TIMES PUZZLES** with Bree – 4th Floor, Fireplace Lounge
- 11:00 **TRAVEL & EXPLORE** with Rick Steves (video travelogue) – Auditorium, 3rd Floor
- 1:30 **RECREATION COMMITTEE MEETING – Board Room, 2nd Floor**
- 1:30 **MOVEMENT & MUSIC** with Olivia – Garden Level, Rehab Room ***Note Time Change**
- 2:00 **YOGA** with Lisa – IC Classroom, 2nd Floor
- 3:00 **TECH CORNER** with Whitney – Craft Room, 3rd Floor
- 3:15 **BINGO** with Emma & Olivia – Garden Level, East Wing
- 3:15 **INTRO TO MEDITATION with Mary Ann Erickson – Chapel, 3rd Floor**
- 6:00 **MONDAY NIGHT MOVIE** – Garden Level, East Wing

TUESDAY – February 27th

- 9:00 **OPEN FITNESS** with Whitney – Exercise Room, 2nd Floor
- 9:00 **MORNING MOVEMENT** with IC Students – Garden Level, Front Lobby
- 9:00 **NAILS** with Vera & IC Students – 4th Floor, Fireplace Lounge
- 9:30 **CHIT CHAT & TRIVIA** with Greg – Craft Room, 3rd Floor
- 10:00 **EXERCISE** with Whitney – Auditorium, 3rd Floor
- 10:45 **BOWLING with Tara and Lorraine – 3rd Floor, Auditorium**
- 10:45 **CRAFTS** with Vera – Garden Level, West Wing
- 10:45 **LONGVIEW STORE** open until 11:45 – 3rd Floor
- 1:00 **GRIEF SUPPORT GROUP Hosted by Hospicare – Chapel, 3rd Floor**
- 1:15 **GAME ROOM GAMES** with Lorraine & Tara – Craft Room, 3rd Floor
- 1:30 **MOVEMENT & MUSIC** with Whitney – Garden Level, Rehab Room
- 1:30 **TAI CHI** with Laurie – Auditorium, 3rd Floor
- 2:30 **COMMUNITY CAFÉ: Conversation & Community** – Dining Room, 3rd Floor
- 2:30 **MUSIC THERAPY with Amanda – 4th Floor, Fireplace Lounge**

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TUESDAY – February 27th ... Continued

- 3:30 **KEN BURNS DOCUMENTARY: Frank Lloyd Wright, Auditorium, 3rd Floor**
3:45 **SMART SCREEN WHEEL OF FORTUNE** with Whitney – 4th Floor, Fireplace Lounge
4:00 **SHORT STORIES** with Bree – Garden Level, West Wing

LONGVIEW SHOPPER SIX or less items from Wegmans, drop list & money off in Business Office Mailbox

*Orders need to be in by **TUESDAY EVENING** and will be delivered **Wednesday Afternoon!**

WEDNESDAY – February 28th

- 9:00 **MORNING MOVEMENT** with Vera – Garden Level, Front Lobby
9:00 **OPEN FITNESS** with Brooke – Exercise Room, 2nd Floor
9:30 **COFFEE & CONVERSATION** A social time for residents to visit with each other – Craft Room, 3rd Floor
10:00 **EXERCISE** with Vera – Auditorium, 3rd Floor
10:30 **BIBLE STUDY, The Last Week of Christ's Life, Chapter 3** with Brooke – Chapel, 3rd Floor
10:45 **YAHTZEE** with Bree – 4th Floor, Fireplace Lounge
10:45 **CROSSWORDS** with Vera – Garden Level, East Wing
1:15 **PODCASTS & DISCUSSION GROUP with Emma – Craft Room, 3rd Floor**
1:30 **MUSIC & MOVEMENT** with Olivia – Garden Level, Rehab Room
1:30 **PRAYER GROUP** – 2nd floor, C-Wing Lounge
2:15 **TRIP TO WALMART – Sign up in Craft Room, Meet in Front Entrance**
2:30 **SCRABBLE** with Olivia – 4th Floor, Fireplace Lounge
3:00 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor
3:45 **HYMN SING** with Brooke – Auditorium, 3rd Floor
3:45 **TRIVIA** with Olivia – Garden Level, East Wing
7:00 **OPEN AA MEETING**, All are welcome including AL-ANON members – Interfaith Chapel, 3rd Floor

THURSDAY – February 29th

**** **NO OPEN EXERCISE**

- 9:00 **NAILS** with Vera – Garden Level, East Wing
9:30 **CHIT CHAT & TRIVIA** with Greg – Craft Room, 3rd Floor
10:00 **EXERCISE** with Whitney – IC Classroom, 2nd Floor ***Note location**
10:45 **BINGO with Lorraine & Tara – 4th Floor, Fireplace Lounge**
10:45 **BELLY DANCING** with Zajal – Garden Level, West Wing
10:45 **WHO AM I?** with Vera – Garden Level, East Wing
10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor
12:45 **NAILS with Maria – Craft Room, 3rd Floor**
1:15 **BILL MOYERS VIDEO SERIES: Faith and Reason** – Auditorium, 3rd Floor
1:15 **JEOPARDY** with Whitney & Tara – 4th Floor, Fireplace Lounge
1:15 **BEAN BAG TOSS** with Vera – Garden Level, East Wing
2:00 **MOVIE MATINEE: Fever Pitch (2005)** – Garden Level, East Wing
2:30 **PLANT TALK** with John – Craft Room, 3rd Floor
3:30 **WORD MINING** with Whitney & Maria – 4th Floor Fireplace Lounge
6:30 **IC SPEAKER/DISCUSSION: How Extended Studies Leads to Lifelong Learning – Auditorium, 3rd Floor**



Friday – March 1st

- 9:00 **OPEN EXERCISE** with Tara – Exercise Room, 2nd Floor
9:00 **COFFEE WITH CHERYL – Craft Room, 3rd Floor**
9:00 **AQUA AEROBICS** with Whitney – Pool, 2nd Floor
9:30 **BRAIN BUILDERS & BAKING** with Ithaca College Students – Garden Level, East Wing
10:00 **EXERCISE** with Tara – Auditorium, 3rd Floor
10:45 **TRIVA** with Tara – 4th Floor, Fireplace Lounge
10:45 **LONGVIEW STORE** open until 11:45 a.m. – 3rd Floor
11:00 **WRITING, READING, & DISCUSSIONS** with Jerry, All are welcome! – Rehab Room, Garden Level
1:15 **WHO AM I?** with Whitney – 4th Floor, Fireplace Lounge
1:30 **WELLNESS SERIES: Celebrating National Nutrition Month with Jill Seeley, R.D. – Auditorium, 3rd Floor**
1:30 **MOVEMENT & MUSIC** with Olivia – Garden Level, Rehab Room
2:00 **QUILTING GROUP, All quilters welcome!** – IC Classroom, 2nd Floor
2:15 **TIME GUESSER** with Olivia – Craft Room, 3rd Floor
3:00 **ANIMAL TALK** with John – Auditorium, 3rd Floor
4:00 **SHABBAT with IC Students – Interfaith Chapel, 3rd Floor**
6:30 **FRIDAY NIGHT MOVIE** – 4th Floor, Fireplace Lounge



SATURDAY – March 2nd

- 10:00 **SCATTERGORIES** with Tara – 4th Floor, Fireplace Lounge
10:30 **LONGVIEW DISCUSSION GROUP** – Craft Room, 3rd Floor
11:00 **MOVEMENT & MUSIC** with Tara – Garden Level, Rehab Room
1:00 **TRIVIA & COLORING** with Tara – Garden Level, West Wing
2:00 **MOVIE MATINEE: Rustin (2023) – Auditorium, 3rd Floor**

Measures Longview Administration is taking to mitigate community transmission or impact of COVID-19:

Longview is committed to the well-being of our community. We have taken a multifaceted and proactive approach to minimize the threat of exposure to COVID-19.

- Longview is encouraging all Residents to wear facemasks when they ARE FEELING ILL OR HAVE COLD/FLU LIKE SYMPTOMS when they leave their living unit and move about the common spaces at Longview.
- Staff members know the signs and symptoms of COVID-19 and what to do if Residents or staff becomes symptomatic.
- Case Management will notify family member or next of kin if any residents test positive for COVID-19, or if any resident suffers a COVID-19 death, within 24 hours of such positive test result of death.

Questions/concerns regarding Recreation programs, contact Bree Nash in the Recreation Department at 607-375-6335.

BEAUTY SALON

Please call Shaunna directly to schedule appointments.

Shaunna: (607) 279-7543