

FEATURE

Life at Longview: A Year in Review



Joe H. Zerbey VI

With each year, come new challenges and struggles, it cannot be denied. But, when surrounded by so much support and love, any obstacle can be toppled. As you all know, **Gret Atkin** was responsible for reforming this newsletter that we all now know as “Life at Longview” and it has been her passion and drive since I have met her. Having shown me what she wanted the newsletter to include, keeping an emphasis on resident submissions and relevant news, Christina and I were left with the obstacle of taking over this newsletter and doing our best to keep it alive with Gret’s spirit, ambition and care. Thanks to Longview’s staff and wonderful residents, we found it much easier to uphold this publication to her standards. In light of 2024’s arrival, we wanted to showcase a few individuals who helped with ideas, submissions and overall encouragement and support with the newsletter. Kind words, critiques, suggestions, thoughts, they all help with making each issue better than the last. For that, we are nothing if not grateful.

To begin, we would like to give a special *“Thank you”* to the following residents, in no particular order, who suggested articles, topics and additions they thought would enhance the newsletter’s content:

- Mickey Stevens
- Pat Nevels
- Marge Cobb
- Ginger Cohen
- Sunny Kuskin
- Ron Poley
- Janet Peck
- Ann Buddle

Next, we would like to thank some employees who have made an impact on the newsletter and its content:

- Bree Nash
- Whitney Robinson
- Kim Owen
- Brooke Newell
- Matt Skinner
- Christina Sterling
- Kylie Morse
- Jennifer Hoffmier
- Jessica Mott
- John Alvarez del Castillo

We truly owe a debt to the entirety of Longview for the continued success of this newsletter, making sure pertinent information is shared and fun, creative

submissions are featured. Thank you, everyone, for your participation! With a new year ahead of us, we look forward to continue improving and enhancing the newsletter. We take pride in providing satisfying info and content for the community. To a new year!

Please feel free to provide feedback on this newsletter's contents to either myself at jzerbey@longviewwithaca.org or Christina Sterling at csterling@longviewwithaca.org. We want to keep the newsletter relevant, fun and to the liking of all those who read it. Thank you again for your support.

SPIRITUAL GUIDANCE NEWS

January Preachers for 2:30 pm Sunday worship:

January 7/The Rev. Brooke Newell

January 14/The Rev. Nancy Didway, Dryden Presbyterian

January 21/The Rev. Brooke Newell

January 28/The Rev. Pam Carey, Jacksonville United Methodist

Grief Group Begins January 9 at 1 pm

Kelly Dietz of Hospicare will offer a weekly grief group for anyone interested beginning Tuesday, January 9th, 1-2:30 pm. The group will run through Tuesday, May 21st. The group will meet in the chapel (3rd floor). Please see Brooke Newell, Spiritual Life Coordinator for more info.

Stretch Your Spirit

On Wednesday, January 17th, at 3:30 pm, come to the auditorium to learn more about Ithaca's Sanctuary movement. Members of the Congregational Church will explain the process for receiving and sustaining

refugees in our community. Latin "arroz con leche" pudding will be served!

INDEPENDENT RESIDENT COUNCIL CORNER

January 2024 Meetings:

Jan. 2 - Council Meeting - 1:30 pm
in the Auditorium

Jan. 16 - Food Committee - 1:30 pm
in the Board Room

Jan. 17 - Building Committee - 1:30 pm
in the Board Room

Jan. 18 - Garden & Grounds Com.- 1:30 pm
in the Board Room

Jan. 22 - Recreation Committee - 1:30 pm
in the Board Room

RECREATION

Longview Social Club – Thursday, January 18 at 6:15PM

Elaine Dedics (Lu and Ron Poley's daughter) will be hosting a Longview Social Club the third Thursday of every month! Program topics may include: crating, games, conversation topics, card making, and so much more! Elaine is a people person and wants to create an opportunity for people to come together, create, socialize, share stories and meet new people. Please look out for a flyer! Thank you, Elaine, for this opportunity.

Events & Entertainment:

Monday, 1/1 – New Year's Day, All Administrative Offices Closed for the Holiday

Tuesday, 1/2 – Independent Resident Council

Tuesday, 1/2 – Music with the Fortnight Singers
Wednesday, 1/3 – Ithaca College Course Advising, Are you interested in taking a class at IC?
Monday, 1/8 – Ithaca College Course Advising, Are you interested in taking a class at IC?
Monday 1/8 – Assisted Living & Enhanced Assisted Living Resident Council Meeting
Thursday, 1/11 – Presentation with Health Direct: Diet, Diabetes & Control
Friday, 1/12 – Musical Entertainment with Ken, Wayne & Stu!
Saturday, 1/13 – Music with Mario, Singing the classics
Monday, 1/15 – Martin Luther King, Jr. Day
Tuesday, 1/16 – Food Committee Meeting

Wednesday, 1/17 – Building Committee Meeting
Wednesday, 1/17 – Stretch Your Spirit: Welcoming the Stranger, Ithaca's Sanctuary Ministry
Thursday, 1/18 – Gardens & Grounds Committee Meeting
Friday, 1/19 – Maplewood Jazz Trio
Saturday, 1/20 – Cornell Companions Pet Therapy Visits
Monday, 1/22 – Classes begin at Ithaca College
Monday, 1/22 – Recreation Committee Meeting
Tuesday, 1/23 – Presentation by the County Office for the Aging: PERS Unit & Friendly Visiting Programs
Wednesday, 1/24 – IC Speaker: How Extended Studies Leads to Lifelong Learning with Eric Machan Howd

SPECIAL ANNOUNCEMENT!

Coffee with Cheryl!

Introducing a new regular Longview event! We invite you to chat with Cheryl the first Friday of each month in the craft room at 9:00 AM. Whether you have questions, would like to get to know her, or simply enjoy the company, all are welcome.

MARKETING AND SALES

Kim Owen

Welcome, 2024! We are very excited about the upcoming renovations to start in the building. It seems like we've been talking about this for a very long time and we HAVE! But the starting line feels within reach now and we're thrilled to be able to share that with your future neighbors.

So, what have we been up to in Marketing & Sales to prepare for what 2024 will bring? We're planning our Spring Events calendar and Information Sessions. Kylie and I have been doing monthly Information Sessions for Independent Living and Assisted Living and will continue to do so as new updates regarding renovation plans continue to evolve. Our Spring Events calendar is almost complete and we will be reaching out to our future residents soon with an invitation to learn more about our community and what it's going to be like to live here.

We shared in last month's newsletter that we've revamped the Resident Referral program. You received the new guidelines and form to apply for the program but if

you'd like more, please let us know. This is a great way to pick your own neighbors.

Keep Longview in mind when scheduling your next visit with a friend or relative. Our guest apartments are available for nightly rental and can be reserved by calling our office. We offer a fully furnished one bedroom for \$135 per night and a studio for \$105 per night. Meals are not included but guests are welcome to visit our dining room for breakfast, lunch or dinner.

Please welcome your new neighbors. Not only have we welcomed several new people this month but there has also been moves within from one level to the next. Don't hesitate to keep in touch with old friends with a visit or phone call. You'll be receiving an updated resident directory in January to make this even simpler to do.

Lastly, we appreciate all of your positive remarks when you see Kylie and I on a tour. There's nothing better than receiving the support of residents in the work we do. Families and potential residents always speak fondly of this connection when it occurs on one of their tours so don't hesitate to speak up.

Longview will be refreshing all residents name identification on their mailboxes just outside their room doors. As we continue to move forward with renovation plans and other updates, we'd also like to do so in this area by using our updated logo. If you have any questions about this, please contact us in Marketing and Sales at 607-375-6360 or by stopping by. The change will begin sometime in January. See example below.

Happy New Year from Kim, Kylie and Joe!



Kim Owen

123

TIDBITS

Kim Owen

Longview's Giving Tree 2024 partnered with Family and Children's Service to provide gifts for 40 children including 10 pasta meals and a \$20 gift card each. We are grateful to have so many residents, families, board members and Longview/Ithaca College staff that participated in this year's Giving Tree.



MAINTENANCE/OPERATIONS

On January 22, 2024, M&S Fire Protection will begin the highly anticipated and much needed sprinkler system repair in the Garden Level. Safety measures will be in place to ensure residents, staff and visitors are well protected. A Longview staff member will be assigned each day to ensure residents do not have access to work areas. Work hours will be Monday-Friday between 8am-4pm. The contractor and facility will try and minimize disruption in areas of work. Programming will be scheduled accordingly and in common areas where no work is being completed. There will be no blocking or routes of entry to building or access roads. It is the policy of Longview to ensure residents, staff and visitors are protected and that a safe environment is maintained during periods which the building fire alarm and or fire sprinkler system is out of service. The facility will perform fire watch during the schedule. Jason Kirk, Facilities Director will be responsible for daily oversight of the work and meet with contractor for any concerns that may arise from residents and or family members. If you have any questions or concerns, please direct them to Jason Kirk or Jennifer Hoffmier.

JANUARY BIRTHDAYS

January 1st – Janis Butler
January 1st – Mary Oltz
January 1st – Brigitte Wilkin
January 1st – Gloria Malkin
January 4th – Birdie McGruder
January 4th – Cassandra Taber
January 6th – Doris Baylor

January 6th – Bob Nicholas
January 10th – Joe Forest
January 12th – Judie Peters
January 14th – Susan Byrd
January 16th – Elva Vollbrecht
January 19th – Mary Jirka
January 20th – Clara Camili
January 20th – Elliot Schrank
January 21st – Lury Wallenbeck
January 24th – Marge Callahan
January 24th – Alison Hain
January 27th – Connie VonBorstel
January 27th – Bonnie Wilhelm
January 30th – Pete Jager
January 30th – Ralph Stewart
January 31st – Ethel Cratsley

NEW RESIDENTS

Blythe and Frank Baldwin – Jan 1st
Marge Callahan – Jan 1st
Alison Hain – Dec 20th
Elmer VanArkel – Jan 10th
Marilyn Wienand – Jan 15th

IC PARTNERSHIP

Angela Darling

Registration to Audit classes at Ithaca College will be held on Wednesday, January 3rd & Monday, January 8th at 1:30pm in *the IC Classroom*. Thank you!

Please contact Bree Nash at Bnash@longviewwithaca.org or Angela Darling at Adarling@ithaca.edu with any interest or questions.

Creator
Gret Atkin

Editor
Joe H. Zerbey VI

Contributors

Angela Darling
Jennifer Hoffmier
Kylie Morse
Bree Nash
Brooke Newell
Kim Owen
Christina Sterling

EXTRAS



Fun and crafts at the Holiday Bazaar!



Residents get a visit from Santa!