

LONGVIEW RECREATION SCHEDULE

January 20 – January 26, 2020

Any questions or concerns regarding Recreation programs,
Please contact Bree Nash in the Recreation Department at 375-6335.



			Longview			Week 1
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 19, 2020	January 20, 2020	January 21, 2020	January 22, 2020	January 23, 2020	January 24, 2020	January 25, 2020
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Minestrone Soup	Cream of Asparagus	Chicken Noodle Soup	Beef Pepper Soup	Italian Wedding Soup	Mushroom Barley Soup	Cream of Tomato Soup
Waldorf Salad	Dilled Pea Salad	Apple, Walnut & Wild Rice Salad	Applesauce Gelatin Salad	Tortellini Antipasto Salad	Dijon Tricolor Coleslaw	Cheddar, Bacon Potato Salad
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Roast Pork Normandy	Cheese Stuffed Shells	Lemon Pepper Chicken Quarter	Veal Marsala	Pork Chop w/ Sauerkraut	Lemon Dill Haddock	Kielbasa
Gravy	Italian Sausage Link w/Peppers and Onions on a Bun	Meatball Hoagie	Monte Cristo	BBQ Chicken Sandwich	Chili Dog on a Bun	Beef Taco Salad
Cod cakes		Oven Roasted Potatoes	Garlic Mashed Potatoes	Glazed Sweet Potatoes	Baked Beans	Pierogies
Confetti Couscous	Garlic Bread	Sautéed Swiss Chard	Glazed Carrots	Prince William Blend Vegetables	Home Fried Potatoes	Green Cabbage
Brussels Sprouts	Italian Mixed Vegetables	Baked Acorn Squash	Beets	Wax beans	Baby Carrots	California Blend Vegetables
Mixed Vegetables	Green Bean Almondine	Chocolate Vanilla Sundae Cup	Cream Puff	Devil's Food Cupcake w/Vanilla Icing	Broccoli	Carrot Cake
Apple Pie	Peanut Butter Fudge Brownie				Tapioca Pudding	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Minestrone Soup	Cream of Asparagus	Chicken Noodle Soup	Beef Pepper Soup	Italian Wedding Soup	Mushroom Barley Soup	Cream of Tomato Soup
Waldorf Salad	Dilled Pea Salad	Apple, Walnut & Wild Rice Salad	Applesauce Gelatin Salad	Tortellini Antipasto Salad	Dijon Tricolor Coleslaw	Cheddar, Bacon Potato Salad
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad
Pot Roast w/Gravy	Shrimp Scampi	Beef and Broccoli Stir Fry w/Egg Roll	Turkey Chili	Chicken Kiev	Pacific Seafood Bake	Meat Lasagna
Turkey Cutlet Dijonaise	Mushroom Swiss Burger	Tuna Melt on Wheat	French Dip	Pepperoni Pizza	Turkey Bacon Melt	Chicken Fajita
Mashed Potatoes	Fettuccine Pasta	Brown Rice	Corn Bread	Wild Rice	Sweet Potato Fries	Garlic Bread
Butternut Squash	Stewed Tomatoes	Stir Fried Vegetables	Creamed Spinach	Whole green beans	Peas and Mushrooms	Chuckwagon Blend Vegetables
Green Beans	Broccoli	Cauliflower	Balsamic Roasted Vegetables	Roasted Zucchini	Succotash	Italian Green Beans
German Chocolate Cake	Peach Cobbler w/Biscuit	Root Beer Float	Lemon Meringue Pie	Cherry Crisp	Bananas Foster w/Vanilla Ice Cream	Apricot Lattice Bar

Weekly Sandwich Selection Tuna Salad and Sliced Ham

MONDAY – January 20th Martin Luther King Jr. Day!

- 9:00 **AQUA AEROBICS** with Bree – Pool, 2nd Floor
- 9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room, 3rd Floor
- 9:00 **CREATIVE COLORING** with Eryn – Garden Level, West Wing
- 10:00 **EXERCISE** with Marcia – Auditorium
- 10:30 **WATERCOLOR** with Adult Day – Adult Day Room
- 10:30 **SCRABBLE** with Eryn – 4th Floor, Fireplace Lounge
- 10:30 **COFFEE TALK** with Mark – Craft Room, 3rd Floor
- 11:00 **LONGVIEW STORE** open until 12:00 – 3rd Floor
- 11:00 **THE WORLD'S GREATEST GEOLOGICAL WONDERS: Burgess Shale** – Auditorium
- 12:30 **WALKING** with Adult Day – Meet in Front Lobby
- 1:00 **SHORT STORIES** with Adult Day – Adult Day Room, 3rd Floor
- 1:30 **RECREATION COMMITTEE MEETING, All are welcome!** – Conference Room B, 2nd Floor
- 1:30 **MOVEMENT & MUSIC** with Eryn – Garden Level, Rehab Room
- 2:00 **CLAY CLASS** with Laurie – Craft Room, 3rd Floor
- 3:00 **LESSONS ON THE POTTER'S WHEEL** with Laurie – Sign up in Craft Room, Meet in Craft Room
- 3:00 **BINGO** with Eryn & Camille – Garden Level, East Wing
- 3:30 **EXPLORING THE PSALMS** with Rabbi Eli – Adult Day Room, 3rd Floor

TUESDAY – January 21st

First day of classes for Ithaca College Students

- 9:00 **NAILS** with Vera & Camille – Fireplace Lounge, 4th Floor
- 9:00 **OPEN FITNESS** with Soni – Exercise Room, 2nd Floor
- 9:00 **COFFEE AND CONVERSATION** with Adult Day – Adult Day Room
- 10:00 **FUN WEIGHTS, STRAPS & BALLS** with Marcia – Auditorium
- 10:30 **LONGVIEW STORE** open until 11:30 – 3rd Floor
- 10:30 **WATERCOLOR** with Soni – 4th Floor, Fireplace Lounge
- 10:30 **UNO** with Vera & Camille – Garden Level, West Wing
- 10:40 **WINTER CHARADES** with Adult Day – Auditorium
- 12:30 **WALKING** with Adult Day – Meet in Front Lobby
- 1:00 **TAI CHI** with Laurie – Auditorium, 3rd Floor
- 1:15 **WORD SEARCH** with Bree – 4th Floor, Fireplace Lounge
- 1:15 **MOVEMENT & MUSIC** with Soni – Rehab Room, Garden Level
- 2:15 **TRIP TO P&C – Sign up in Craft Room, Meet in Entrance**
- 2:15 **FOYLE'S WAR, British Detective Mini Series** – Auditorium
- 2:30 **YOGA** with Lisa – IC Classroom, 2nd Floor
- 3:30 **BALLOON TOSS** with Bree & Camille – Garden Level, East Wing
- 6:30 **MUSIC WITH THE FORTNIGHT SINGERS** – 4th Floor, Fireplace Lounge
- 7:30 **THE LONGVIEW GROUP OF AA** – Adult Day Room, 3rd Floor

WEDNESDAY – January 22nd

- 9:00 **AQUA AEROBICS** with Laurie – Pool, 2nd Floor
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room
9:00 **CROCHET & CONVERSATION** with Vera – Craft Room, 3rd Floor
10:00 **FUN WEIGHTS** with Marcia – Auditorium
10:00 **LONGVIEW SHOPPER** Three or less items from Tops, drop list & money off in Business Office Mailbox
*Orders need to be in by **10:00 AM Wednesday** and will be delivered **Wednesday Late Afternoon!***
10:30 **TEA & TALKING** with Sarah & Camille – 4th Floor, Fireplace Lounge
10:30 **CRAFTS** with Vera – Garden Level, West Wing
10:30 **BOWLING** with Adult Day – Auditorium
11:15 **LONGVIEW STORE OPEN 'til 12:15PM** – 3rd Floor
1:00 **CREATIVE COLORING** with Adult Day – Adult Day Room, 3rd Floor
1:15 **YAHTZEE** with Eryn – 4th Floor, Fireplace Lounge
1:30 **MOVEMENT & MUSIC** with Sarah & Camille – Rehab Room, Garden Level
2:00 **CRAFT CLASS** with Laurie – Craft Room, 3rd Floor
2:00 **STRETCH YOUR SPIRIT: Movie showing, Arranged – Auditorium**
2:15 **MOVIE MATINEE: A Few Good Men** – Garden Level, East Wing
3:00 **BRAIN GAMES** with Eryn & Camille – 4th Floor, Fireplace Lounge
3:30 **OPEN FITNESS** with Laurie – Exercise Room, 2nd Floor
4:10 **PRAYING THE ROSARY** – Interfaith Chapel, 3rd Floor

THURSDAY – January 23rd

- 9:00 **NAILS** with Vera & Laura – Garden Level, West Wing
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room
9:15 **OPEN FITNESS** with Sarah – Exercise Room, 2nd Floor
10:00 **FUN WEIGHTS** with Marcia – Auditorium
10:30 **FAMOUS FACES** with Sarah & Camille – 4th Floor, Fireplace Lounge
10:30 **YAHTZEE** with Vera & Laura – Garden Level, East Wing
10:30 **TRIVIA** with Adult Day – Adult Day Room, 3rd Floor
10:45 **LONGVIEW STORE OPEN 'til 11:45AM** – 3rd Floor
12:30 **WALKING** with Adult Day – Meet in Front Lobby
1:00 **CROSSWORDS** with Eryn – 4th Floor, Fireplace Lounge
1:00 **TOSS UP** with Adult Day – Adult Day Room, 3rd Floor
1:30 **BINGO** with Adult Day – Auditorium
2:15 **TRIP TO THE DOLLAR STORE – Sign up in Craft Room, Meet in Entrance**
2:30 **FUN WITH FOOD: My Plate, Dairy** – Auditorium
3:15 **BELLY DANCING** with Zajal – Auditorium
3:30 **SCRABBLE** with Eryn & Bree – East Wing Lounge, Garden Level
4:00 **HYMN SING** with Rebecca & Edna – Interfaith Chapel, 3rd Floor
7:00 **QUILTING GROUP**, All are welcome! – IC Classroom, 2nd Floor

FRIDAY – January 24th

- 9:00 **AQUA AEROBICS** with Recreation – Pool, 2nd Floor
9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room, 3rd Floor
9:15 **OPEN EXERCISE** with Recreation – Exercise Room, 2nd Floor
10:00 **EXERCISE** with Adult Day – Auditorium
10:30 **LONGVIEW STORE** open until 11:30 – 3rd Floor
10:30 **SCRABBLE** with Sarah & Camille – 4th Floor, Fireplace Lounge
10:30 **BULL'S EYE** with Adult Day – Adult Day Room
10:45 **TALES FROM THE GOOD OLD DAYS in CNY** with Laurie – Garden Level, Front Lobby
11:00 **DOUBLE TROUBLE TRIVIA** with Adult Day – Adult Day Room, 3rd Floor
12:30 **WALKING** with Adult Day – Meet in Front Entrance
1:00 **CREATIVE COLORING** with Adult Day – Adult Day Room
1:00 **BAKING CLUB** with Laurie – 4th Floor Kitchen
1:30 **MOVEMENT & MUSIC** with Sarah – Garden Level, Rehab Room
2:00 **TOSS UP** with Adult Day – Adult Day Room, 3rd Floor
3:00 **AFTERNOON TEA – Auditorium**
4:00 **SHABBAT GATHERING** – Interfaith Chapel, 3rd Floor

SATURDAY – January 25th Chinese New Year!

- 9:15 **TRIVIA** with Eryn – Garden Level, Front Lobby
10:00 **SCATTERGORIES** with Eryn – 4th Floor, Fireplace
11:00 **MOVEMENT & MUSIC** with Eryn – Garden Level, Rehab Room
1:00 **COUNTRY RIDE** with Laurie – Sign up in Craft Room, Meet in Entrance
1:30 **MANIPULATION** Card Game – C-Wing Lounge, 3rd Floor
2:15 **MOVIE MATINEE: Magic in the Moonlight – Auditorium**

SUNDAY – January 26th

- 10:30 **CATHOLIC COMMUNION** – Interfaith Chapel, 3rd Floor
2:00 **WORSHIP SERVICE** with Mr. JW Betts – Interfaith Chapel, 3rd Floor

