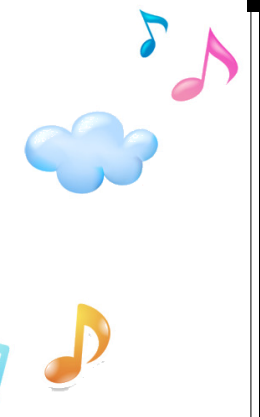


LONGVIEW RECREATION SCHEDULE

April 23 – April 29, 2018

Any questions or concerns regarding Recreation programs,
Please contact Bree Nash in the Recreation Department at 375-6335.



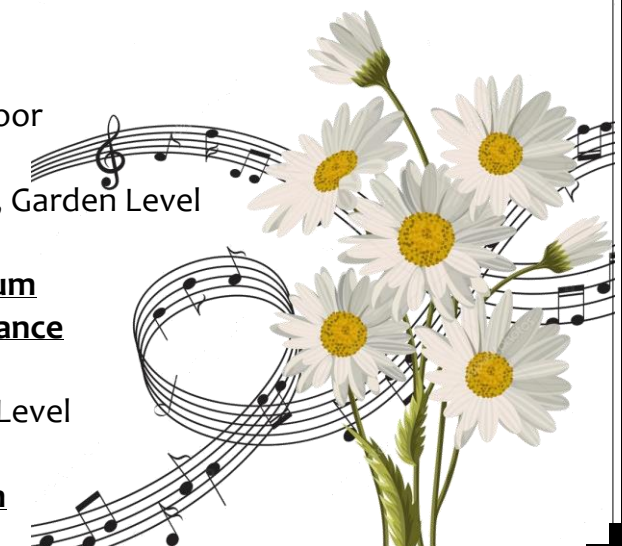
		Longview					Week 3
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
April 22, 2018	April 23, 2018	April 24, 2018	April 25, 2018	April 26, 2018	April 27, 2018	April 28, 2018	
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
Italian Vegetable Soup	Steak & Potato Soup	Chicken Noodle Soup	Spilt Pea & Ham Soup	Tomato Florentine Soup	Roasted Red Pepper Bisque	Cream of Tomato Soup	
Grape & Fennel Salad	Hummus & Pita Bread	Marinated Summer Vegetable Salad	Cranberry Gelatin Salad	Floribbean Pasta Salad	Orange Ginger Cole Slaw	Cheddar & Bacon Potato Salad	
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	
Italian Roast Beef	Eggplant Parmesan	Orange Glazed Duck Leg	Herb Baked Chicken Quarter	Italian Style Braised Pork	Citrus Herb Salmon	Meat Lasagna	
Brown Gravy	Polish Sausage Sandwich	Pepperoni Pizza	Fish Sandwich		Bacon Cheeseburger	Ham Salad Wrap	
Baked Ziti w/Vegetables	Spaghetti w/Marinara	Rice Pilaf	Oven Roasted Potatoes	Chicken Bruschetta Sandwich	Home fried Potatoes	Garlic Bread	
Parsley Boiled Potatoes	French Cut Green Beans	Sauteed Broccoli Raab	Boiled Cabbage	Glazed Sweet Potatoes	Yellow Squash Stewed Tomatoes	Italian Mixed Vegetables	
Creamed Spinach	Sliced Carrots	Roasted Mushrooms	Baby Carrots	Broccoli		Cauliflower Cinnamon Apples w/ Vanilla Ice Cream	
Mixed Vegetables	Baklava	Blueberry Pie	Marble Cake	Pearl Onions Strawberry Shortcake	Red Velvet Cupcake		
Lemon Bar							
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
Italian Vegetable Soup	Steak & Potato Soup	Chicken Noodle Soup	Spilt Pea & Ham Soup	Tomato Florentine Soup	Roasted Red Pepper Bisque	Cream of Tomato Soup	
Grape & Fennel Salad	Hummus & Pita Bread	Marinated Summer Vegetable Salad	Cranberry Gelatin Salad	Floribbean Pasta Salad	Orange Ginger Cole Slaw	Cheddar & Bacon Potato Salad	
Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	Tossed Salad	
Roast Turkey	Veal Picatta	Ham Loaf w/Mustard Sauce	Shrimp Scampi	Grilled Lamb Chop	Sundried Tomato Chicken	Passion Fruit Haddock	
Brown Rice & Vegetable Stuffed	Shrimp Po Boy Sandwich	Soft Beef Tacos	Vegetable Stuffed Portobello	Turkey Cobb Salad	Garden Vegetable Quiche	Crispy Orange Chicken Stir Fry	
Green Pepper	Mashed Potatoes	Au Gratin Potatoes	Angel Hair	Raisin Couscous	Herbed Orzo	White Rice	
Bread Dressing	Gravy	Brussels Sprouts	Roasted Red Peppers	Chopped Spinach	Green Beans	Broiled Tomato	
Hubbard Squash	Asparagus Broccoli & Cauliflower	Corn	Capri Blend Vegetables	Wax Beans	Balsamic Roasted Vegetables	Ginger Snow Peas	
Broiled Tomato	Banana Cream Pie Pudding Cup	Peanut Butter Bar	Three Berry Yogurt Parfait	Butterscotch & Vanilla	Cannoli	Strawberry Pudding	
Sweet Potato Pie				Pudding Cup		Gelatin Cup	
Weekly Sandwich Selection Chicken Salad and Sliced Salami							
Mindful Selection							
Staff Meals							

MONDAY – April 23rd

- 9:00 **AQUA AEROBICS** with Bethany – Pool, 2nd Floor
- 9:00 **COFFEE & CONVERSATION** with Adult Day – Adult Day Room, 3rd Floor
- 10:00 **EXERCISE** with Pamela – Auditorium
- 10:30 **WATERCOLOR** with Adult Day – Adult Day Room
- 10:30 **SCRABBLE** with Bethany – 4th Floor, Fireplace Lounge
- 11:00 **MUSEUM MASTERPIECES (Lecture): Italian Renaissance & Baroque Painting – Auditorium**
- 11:00 **LONGVIEW STORE** open until 12:00 – 3rd Floor
- 12:30 **WALKING** with Adult Day – Meet in Front Lobby
- 1:30 **MOVEMENT & MUSIC with Bethany – Garden Level, Rehab Room**
- 1:00 **STORY HOUR** with Pamela – Adult Day Room, 3rd Floor
- 2:00 **CLAY CLASS** with Laurie – Craft Room, 3rd Floor
- 2:00 **SENIOR COMMUNITY CHORUS Performance – Auditorium**
- 2:45 **TRIVIA** with IC Students – 4th Floor
- 3:00 **POTTERY WHEEL** classes with Laurie – Craft Room, 3rd Floor, Sign up in Craft Room
- 3:15 **KAZOO BAND PRACTICE** – Auditorium
- 3:30 **TEA & TALKING with Bethany & Jess – Garden Level, Front Lobby**

TUESDAY – April 24th

- 9:00 **NAILS** with Soni– Fireplace Lounge, 4th Floor
- 9:00 **OPEN FITNESS** with Bethany – Fitness Room, 2nd Floor
- 9:00 **COFFEE AND CONVERSATION** with Adult Day – Adult Day Room
- 10:00 **TRIPLE FUN WEIGHTS, STRAPS & BALLS with Marcia – Auditorium**
- 10:30 **LONGVIEW STORE** open until 11:30 – 3rd Floor
- 10:30 **WATERCOLOR** with Soni – Fireplace Lounge, 4th Floor
- 10:30 **CREATIVE COLORING** with Bethany – East Wing, Garden Level
- 10:40 **SPRING CHARADES** with Adult Day - Auditorium
- 12:30 **WALKING** with Adult Day – Meet in Front Lobby
- 1:00 **WORD SEARCH** with Soni – Fireplace Lounge, 4th Floor
- 1:00 **TAI CHI with Laurie – Auditorium, 3rd Floor**
- 1:30 **MOVEMENT & MUSIC** with Bethany – Rehab Room, Garden Level
- 2:00 **CRAFTS** with Cheryl – Craft Room, 3rd Floor
- 2:00 **VIOLIN RECITAL with Miranda & Sophie – Auditorium**
- 2:15 **TRIP TO P&C – Sign up in Craft Room, Meet in Entrance**
- 2:30 **YOGA** with Lisa – IC Classroom, 2nd Floor
- 3:00 **BALLOON TOSS** with Bethany – East Wing, Garden Level
- 3:00 **REMEMBER WHEN** with Cheryl – 4th Floor
- 7:00 **FASCISM: What Is It? with Tom Butler – Auditorium**



WEDNESDAY – April 25th

- 9:00 **AQUA AEROBICS with Tamara – Pool, 2nd Floor**
 9:00 **COFFEE & CONVERSATION with Adult Day – Adult Day Room**
 9:15 **CROCHET & CONVERSATION with Bethany – Craft Room, 3rd Floor**
 10:00 **FUN WEIGHTS with Marcia – Auditorium**
 10:00 **LONGVIEW SHOPPER** Three or less items from Tops, drop list & money off in Business Office Mailbox
 *Orders need to be in by **10:00 AM Wednesday** and will be delivered **Wednesday Late Afternoon!***
 10:30 **LONGVIEW STORE OPEN** 'til 11:30AM – 3rd Floor
 10:30 **BOWLING with Adult Day – Auditorium**
 10:30 **TEA & TALKING with Sarah – 4th Floor, Fireplace Lounge**
 10:30 **UNO with Bethany – East Wing Lounge, Garden Level**
 12:30 **WALKING with Adult Day – Meet in Front Lobby**
 1:00 **BILLIARDS & SHUFFLEBOARD – Game Room, 3rd Floor**
 1:00 **GAMES with Adult Day – Adult Day Room**
 1:00 **CROSSWORDS with Bethany & Mary– Fireplace Lounge, 4th Floor**
 1:30 **MOVEMENT & MUSIC with Sarah – Garden Level, Rehab Room**
 1:45 **TOASTMASTERS Public Speaking Group – Sign up in Craft Room, Meet in Entrance**
 2:00 **CELEBRATION OF LIFE, All are welcome! – Auditorium**
 2:00 **CRAFT CLASS with Adult Day – Craft Room, 3rd Floor**
 2:15 **MOVIE MATINEE: Stuart Little – Garden Level, East Wing**
 3:30 **BRAIN GAMES with Bethany & Mary– 4th Floor, Fireplace Lounge**
 3:30 **OPEN FITNESS with Laurie – Exercise Room, 2nd Floor**
 6:30 **MUSIC SINCE 1960 CONCERT with IC Students – Auditorium**

THURSDAY – April 26th

- 9:00 **COFFEE & CONVERSATION with Adult Day– Adult Day Room**
 9:00 **NAILS with Bethany – East Wing, Garden Level**
 9:15 **OPEN FITNESS with Sarah – Fitness Room, 2nd Floor**
 10:00 **EXERCISE with Pamela – Auditorium**
 10:30 **TRIVIA with Adult Day – Adult Day Room**
 10:30 **FAMOUS FACES with Sarah – 4th Floor, Fireplace Lounge**
 10:30 **FINISH THE PHRASE with Bethany – East Wing, Garden Level**
 10:45 **LONGVIEW STORE OPEN** 'til 11:45AM – 3rd Floor
 11:00 **HISTORY ON THE CATHEDRALS, Great Courses Series – Auditorium**
 12:30 **WALKING with Adult Day – Meet in Front Lobby**
 12:45 **FALL PREVENTION MOVEMENT GROUP with Tamara – IC Classroom, 2nd Floor**
 1:00 **UNO with Adult Day – Adult Day Room, 3rd Floor**
 1:00 **OPEN SWIM with Recreation – Pool, 2nd Floor**
 1:00 **YAHTZEE with Bethany – Fireplace Lounge, 4th Floor**
 1:30 **GARDEN & GROUNDS COMMITTEE MEETING – Rehab Room, Garden Level**
 1:30 **BINGO with Adult Day – Auditorium**
 2:15 **TRIP TO THE THRIFT STORE – Sign up in Craft Room, Meet in Entrance**
 2:30 **FUN WITH FOOD: Freekeh Salad & Kale Salad with John & Brinda – Auditorium**
 3:15 **BELLY DANCING with Zajal, All are welcome – Auditorium**

Continued on next page...

THURSDAY – April 26th Continued...

- 3:30 **SCRABBLE with Sarah & Bethany – East Wing Lounge, Garden Level**
 4:00 **HYMN SING with Barbara & Edna – Chapel, 3rd Floor**
 6:30 **MAH-JONGG – B-Wing Lounge, 3rd Floor**
 7:00 **QUILTING GROUP, All are welcome! – IC Classroom, 2nd Floor**

FRIDAY – April 27th

- 9:00 **AQUA AEROBICS with Laurie – Pool, 2nd Floor**
 9:00 **OPEN FITNESS with Bethany – Fitness Room, 2nd Floor**
 9:00 **COFFEE & CONVERSATION with Adult Day – Adult Day Room, 3rd Floor**
 10:00 **YAHTZZ with Bethany – East Wing, Garden Level**
 10:00 **EXERCISE with Adult Day – Auditorium**
 10:30 **PLANTING MARIGOLD SEEDS with Sarah – Craft Room, 3rd Floor**
 10:30 **LONGVIEW STORE open until 11:30 – 3rd Floor**
 10:30 **BULLS EYE GAME with Adult Day – Adult Day Room, 3rd Floor**
 10:45 **SHORT STORIES with Laurie –Front Lobby, Garden Level**
 10:45 **BACK IN MY DAY with Amy & Molly – 4th Floor**
 11:00 **DOUBLE TROUBLE TRIVIA with Adult Day – Adult Day Room, 3rd Floor**
 12:30 **WALKING with Adult Day – Meet in Front Entrance**
 1:00 **BILLIARDS & SHUFFLEBOARD – Game Room, 3rd Floor**
 1:00 **BAKING CLUB with Laurie – 4th Floor Kitchen**
 1:00 **CREATIVE COLORING with Adult Day – Adult Day Room**
 1:30 **MOVEMENT & MUSIC with Sarah– East Wing, Garden Level**
 2:00 **SCRABBLE with IC Students – 4th Floor, Fireplace Lounge**
 2:00 **WORD SEARCH with Adult Day – Adult Day Room**
 3:00 **PIANO PERFORMANCE by Bert Sal at Afternoon Tea – Auditorium**
 4:00 **SHABBAT GATHERING, all are welcome – IC Classroom, 2nd Floor**

SATURDAY – April 28th

- 9:30 **MOVEMENT & MUSIC with Sarah – Rehab Room, Garden Level**
 10:30 **OPUS ITHACA RECITAL – Auditorium**
 1:30 **MANIPULATION Card Game – C-Wing Lounge, 3rd Floor**
 1:30 **IC THEATRE: Cabaret – Sign up in Craft Room, Meet in Entrance**
 2:15 **MOVIE MATINEE: Mutiny on the Bounty – Auditorium**

SUNDAY – April 29th

- 10:30 **CATHOLIC COMMUNION – Chapel, 3rd Floor**
 2:00 **WORSHIP SERVICE with Rev. Dennis Christiansen – Chapel, 3rd Floor**

